

Utah Behavioral Health Planning and Advisory Council

Approved Meeting Minutes

Thursday, October 1st, 2020, 12:00 p.m.

Virtual meeting via Zoom

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

COUNCIL MEMBERS PRESENT: Rob Wesemann, Peggy Hostetter, Dave Wilde, James Park, Jeanine Park, Whitney Geertsen, Sherri Wittwer, Sarah Miles, Athena Schwartz, Sigrid Nolte, Jennifer Marchant, Lori Cerar, Martha Mendes, Jane Lepisto, MaryJo McMillen, Monica Scott, Jason Jacobs, Dan Braun, Javier Alegre, Karla Arroyo, Cathay Davis, Teresa Molina, Rafael Montero

DSAMH STAFF PRESENT: Heather Rydalch, Pam Bennett, Ming Wang, Shanin Rapp, Shanel Long, Heidi Peterson, Kim Myers, Eric Tadehara, Robert Snarr

OTHERS PRESENT: Nettie Byrne, Rachel Bawden, Jeanette Villalta, Misty Marr, Joanna Onorato, Jennifer Hamilton

COUNCIL MEMBERS EXCUSED: Ryan Hunsaker, Julia Martinez, Donald Cleveland

Welcome & Introductions

September Meeting Minutes Review

The September meeting minutes were reviewed and approved.

New Member Application: Athena Schwartz

Athena Schwartz was introduced to the council and their application was approved. Athena has experience working with Allies with Families, DSAMH, and the Youth of Utah Advocacy Coalition. Athena has also been trained on LGBTQ mental health on a national level. Welcome to UBHPAC, Athena!

General Announcements

NAMI will be holding their annual conference virtually on October 8th, 2020.

Generations Conference Report

The general consensus on the Generations Conference was that it went really well, even in a virtual format. Council members enjoyed being able to attend multiple meetings that they might not have been able to attend if the conference had not been virtual.

ASAM Language to Understand the Needs of Youth—Shanin Rapp

Shanin Rapp presented on the Early Intervention Definition and statistics on youth misusing or abusing substances.

REIC Committee Update—Javier Alegre

The committee has been working on bylaws and have internally approved them. They will be presented to the Executive Committee for approval. They have also been working on clarifying exactly what their purpose is and what they are involved in.

Needs Assessment Update—Monica Scott

The Needs Assessment is still moving forward. They are studying public-facing documents for inclusivity. They are rearranging study groups based on needs and issues due to COVID-19.

DSAMH Update—Pam Bennett and Kim Myers

The Block Grant Report is due December 1st.

A Mental Health Stigma Survey is being developed and will be sent out soon.

Work is being done on forensic evaluation certification processes.

The mobile crisis teams have moved into the rural areas of Utah.

Crisis Counseling Program Update (Utah Strong Recovery Project)—Robert Snarr

The Utah Strong Recovery Project is funded by a FEMA grant facilitated by the Substance Abuse and Mental Health Services Administration (SAMHSA). The funding is designated to the Utah Department of Human Services Division of Substance Abuse and Mental Health to provide statewide emotional support services specifically as a result of the pandemic. Services include emotional support, crisis counseling, mental health education and coping strategies, and referral to additional services and professional help, if needed. All information is confidential and free of charge. More information can be found [here](#).

Meeting adjourned at 1:43

Thank you for your support of the UBHPAC!

Accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.

All meeting minutes and recordings are posted on the Public Notice website at:
<https://www.utah.gov/pmn/sitemap/publicbody/51.html>