

Utah Behavioral Health Planning and Advisory Council

Approved Meeting Minutes

Thursday, March 5th, 2020, 12:00 p.m.

Multi-Agency State Office Building, Room 1020 A/B

195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

COUNCIL MEMBERS PRESENT: Jeanine Park, Richard Lovato, Jane Lepisto, Donald Cleveland (R), James Park, Jason Jacobs, Rafael Montero, Andrew Riggie, Emily Bennett, Lori Cerar, Sigrid Nolte, Rob Wesemann, Dan Braun, Jennifer Marchant, Jacob Russell (R), Kimberly Mueller, Cathy Davis, Kylee Porter, Peggy Hostetter, Julia Martinez, Javier Alegre, Lisa Hancock (R)

DSAMH STAFF PRESENT: LeAnne Huff, Heidi Peterson, Shanin Rapp, Kim Myers, Shanel Long, Robert Snarr (R)

OTHERS PRESENT: Nettie Byrne, Victor Scott, Stacy Stanford, Sylvia Scott, Jeannette Villalta, Karla Arroyo, Whitney Geertsen, Jenna Taylor, Monica Scott, Lisa Schainker, Allison Heffernan

COUNCIL MEMBERS EXCUSED: Lisa Hancock, Ken Rosenbaum, Dave Wilde, Sarah Miles, Pam Bennett, Heather Rydalch, Terry Harrison, Yvonne Ryans, MaryJo McMillen

Welcome & Introductions, January Meeting Minutes Review:

Rob Wesemann began the meeting at 12:10 PM and introductions were made around the room. The council reviewed the February 6th, 2020, meeting minutes. Richard Lovato made a motion to approve the minutes; Jeanine Park seconded; the motion passed unanimously.

Announcements

Rob let the Council know that the next NAMI Walk will be on Saturday May 2nd, 2020. Same day registration/check-in: 8:30 AM. Walk start: 10 AM at Veterans Memorial Park, 1985 West 7800 South, West Jordan. Ride Trax red line to West Jordan City Center and walk west one block. Registration is free. More details can be found at <https://namiut.org/news-events/nami-walks>

Richard told the group that Alliance House is hosting three LABELED Fest events starting in March.

Voices of Mental Health, March 19th, 2020 at Wise Guys Comedy Club, Downtown SLC. Voices of Mental Health is a live storytelling event featuring top Utah performers. Five people will take to the stage and share their struggles and triumphs living with mental health, disability, and autism. This event will feature three award-winning comedians and two educational speakers.

Film Showcase and Panel Discussion, June/July 2020 Kiln, Gateway, SLC & Park City Film, Santy Library, Park City - (Specific dates TBA) Film Showcase will be premiering a short film produced by Alliance House members depicting the changing attitudes toward mental health. The film features real life stories on mental health issues we all face, depicting the changing attitudes towards mental health through education and awareness in the community.

Interactive Youth Tech Event, September 18th, 2020, FanX, Salt Palace Convention Center. This event will provide a series of Mental Healthy technology games supported by virtual reality and other elements to simulate various issues while utilizing coping tools to find a way through. Think of it as an escape room for mental health. For more info visit <https://www.labeledfest.org/events>

Javier announced that the next Peer Conference will be on June 5th at the Karen G. Miller Conference Center at Salt Lake Community College, 9750 S 300 W, Sandy, UT 84070. More information will be distributed as it becomes available.

Lisa announce that the next Certified Peer Support Specialist Certification class is scheduled on May 18-22, 2020. Registration can be done by visiting <https://dsamh.utah.gov/education/certification/peer-support> Please make sure to include the required documentation needed to register for these trainings.

Lisa also announced that there will be an 8 hour Mental Health First Aid class on June 10th and another two day training, four hours each day, to be scheduled at a later date. Lisa will provide more information as it becomes available.

Lori announced that our next Family Peer Support training will be next week (Monday through Friday, 9:00 AM to 5:00 PM daily) at Allies with Families, and it is not too late to attend. You can register on the Allies with Families website or contact Nettie to register for you.

Vic Scott- US Census Bureau: Census update and access

Vic announced that the Census will start on March 12th. He discussed the content and barriers for some to participate. Highlights are outlined below:

The Census provides fair representation, redistricting, and distribution of \$675 billion.

Hard to count populations include hard to locate, hard to interview, hard to contact, and hard to persuade.

Individuals can help by following the Census Bureau on social media—Facebook, Instagram, LinkedIn, and Twitter—to help spread the word about the importance of the Census.

Stacy Stanford and Allison Heffernan- UHPP: UHPP's approach to advocacy

UHPP's approach to advocacy: legislative lobbying and policy work, locally and nationally; community education and engagement; grassroots activism on the ground; direct service enrollment and assistance efforts.

4 Phases of SB 96: Phase 1: The Bridge Plan Rollout on April 1st to 0- 100% FPL eligibility group. Phase 2: The Per Capita Cap Plan Submit to CMS Spring 2019. Phase 3: The Fallback Plan Submit upon rejection of PCC or if no answer by March 15, 2020. Phase 4: Full Medicaid Expansion Upon rejection of Fallback or if no answer by July 1, 2020

Meeting adjourned after 3 PM.

Upcoming UBHPAC meetings: **Please arrive before noon so the meeting can begin on time**

April 2nd, 2020 **Canceled**

May 7th, 2020, 12:00 P.M., RM 1020 A-B (TBD)

Thank you for your support of the UBHPAC!

Accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.

All meeting minutes and recordings are posted on the Public Notice website at:
<https://www.utah.gov/pmn/sitemap/publicbody/51.html>