

## Behavioral Health Planning and Advisory Council

### Executive Committee Meeting Minutes

Monday, April 27<sup>th</sup>, 2020, 11:30 a.m. – 1:00 p.m.

Multi-Agency State Office Building, Division of Substance Abuse & Mental Health  
195 N 1950 W, Salt Lake City, UT 84116

*“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”*

Planning Council 2020-2021 priorities:

1. Parity
2. Early intervention and prevention
3. Recovery support services
4. Youth in transition
5. Block Grant

**This meeting was held remotely: <https://meet.google.com/huv-obaj-hkm>, call in number +1 978-364-4423 PIN: 351 823 570#**

Present:

Rob Wesemann, Heather Rydalch, Jennifer Marchant, Emily Bennett, Pam Bennett, Dan Braun, Mary Jo McMillen, Lori Cerar, Nettie Byrne, Rachel Bawden, Javier Alegre, Sigrid Nolte

Excused

Rafael Montero

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1. Review: **Martha Mendez application**

All in favor? Unanimous yes. In her third meeting they will take it to the full council to vote.

Mary Jo motioned to accept March Executive Committee minutes. Rob seconded, all in favor.

2. Training topic(s) for upcoming meeting or meetings discussion: **Ming Wang has agreed to speak at our May meeting. Could we hold the May meeting over Zoom? Do we have someone speaking about the ASAM criteria?**

Nettie brought up setting up the next meeting over Zoom. Nettie or Kiki will do a tutorial on Zoom at the very beginning of the meeting. Goal is to keep the meeting to an hour.

Ming Wang will talk about a need's assessment for Youth in Transition that her program is working on., Pam will provide updates. ASAM criteria—Shaun may be able to talk about it from a treatment perspective. Mary Jo will ask Shaun. Javier can do an update on the cultural integration meeting.

### 3. Updates:

Javier Alegre: Influx of phone calls for help from the Latino community. Using Zoom and DHS portal to do telehealth. Trying to fill the needs of everyone. Had a few individuals reach out from Moab and Saint George who do not have support groups.

Sigrid suggested making phone calls to members of the team to check in. She feels like it is important to stay in contact. Nettie suggested sending out an email to offer to team members to call Nettie, Sigrid, or Rob. Nettie will share the phone numbers and contact information she has.

Rob let us know that NAMI has a list of the people who have called in and they have made calls back. It has been successful. He agrees that calling members of the team is a good idea. He also asked if anyone is dealing with other issues besides COVID-19.

Lori: Allies has contracts that they are continuing to provide services for

Javier: Also continuing to provide services from Latino Behavioral, just online

Rob asked if there is a future where we will not need telehealth?

Mary Jo: Moving forward it would be helpful to provide resources for rural communities to be able to access help.

Nettie: Peer supports are helping families find hotspots to connect to the internet. Been having to be creative with creating privacy for youth to speak with peer supports. Been letting their families know where the supports are located and who is around them.

Javier: Youth have chosen to communicate via text or email because of privacy concerns. Open to communicating with their individuals any way they feel comfortable communicating.

Virtual conference happening June 5th and in-person conference happening October 26th.

Sigrid: Do we want to be thinking ahead about insurance companies pulling back from supporting telehealth?

Pam: We should plan on that. Pam will talk to Doug about this and will circle back.

Next meeting dates: June 4th & July 7th. Nettie will try to organize Zoom meetings in case we are not able to meet in person.

Meeting adjourned at 12:15 PM