

## **Engagement in Proper Level of Care – Psychiatric Services Only Criteria**

**Purpose:** To ensure that service recipients are engaged in an appropriate level of treatment service.

**In order to participate in psychiatric services only, the service recipient must meet the following criteria:**

- Have a history of stability in adapting to their psychotropic medication, reasonable reliability in monitoring for medication side effects and symptoms of decompensation and consistency in taking their medication. Service recipient must act responsibly in managing their illness. Service recipient must show regular/consistent attendance with scheduled therapy appointments prior to requesting psychiatric services only
- Must show a pattern of stable behavioral and emotional functioning without significant clinical risk
- Have no present therapeutic need for psychotherapy, case management, or other community-based services to:
  - monitor and promote emotional stability and reality testing
  - closely monitor mental status and clinical risks
  - obtain housing, entitlements, or community support services
- Have the support of the psychiatrist or nurse practitioner via documentation of a statement in the psychiatric progress note that indicates suitability of the service recipient for psychiatric services only
- Service recipient is amenable to receiving psychiatric services only.

**Service recipients not eligible for psychiatric services only are defined by following criteria:**

- Have reported recent or current suicidal or homicidal ideation and/or attempts and/or are currently enrolled in the Suicide Clinical Pathway
- Are new service recipients; with the exception of service recipients for whom there is adequate documented history that the eligibility criteria are met to receive psychiatric services only
- Are not stabilized on their medications; or who are inconsistent in taking medications which could result in hospitalization; or who are taking medications such as stimulants or benzodiazepines and there are concerns about possible misuse
- Show marked instability or fluctuations in their behavioral and emotional functioning
- Refuse therapy, case management, and/or other community-based services when these services are clinically indicated and recommended by the treatment team
- Have had a mobile crisis assessment in past three months
- Have discharged from an inpatient psychiatric hospital or A&D inpatient or residential facility within the past three months
- Have a diagnosis of chemical dependency/abuse with significant recent or current use
- Have had a recent arrest or criminal conviction