## **Suicide Prevention Project Charter**

# Purpose of Project: Prevent suicide attempts and completions among Centerstone service recipients.

#### **Goals of Project:**

- Centerstone to adopt a philosophy of "suicide is a never event."
- Develop a best practice model for suicide prevention for Centerstone. (completed)
- Reduce Suicides at Centerstone
- Create a culture of suicide prevention

#### **Baseline Metrics for Project:**

- Tennessee Suicide rate (from a monthly rate of .02 -.036 per 1,000 service recipients in FY 2011).
- Indiana Suicide rate (from a monthly rate of 0 -.02 per 1,000 service recipients in FY 2011).

#### **Target Metrics for Project:**

- 3 months
  - o 100% of managers/supervisors are trained in the CSSRS
- 6 months
  - o 100% of gatekeepers (aka all staff) are trained in the CSSRS
  - Reduction of 50% of suicides by Centerstone patients
- Target Metric: No more than .01 completed suicides per 1,000 service recipients

## **Cost of Project:**

**IT Hours:** Phase 1 (getting basic metrics in system)— 4 hours; Phase 2 (getting CSSRS in progressnotes & intake) – ~40 hours: Phase 3 (CDSS with prompts for at-risk patients) – TBD # of hours.

**Project Staff Hours (include meetings)**: 6 staff x 3 hours a month = 18 hours a month. 1 staff leader at 36 hours a month.

Direct Staff Hours (trainings, etc): 2,000 staff X 2 hour training = 4,000 hours annually.

**Materials/Curricula/Travel**: Training = free; Curricula = free; Travel for project lead to clinics & team meetings = Indiana 4 overnight trips (\$200/day x 2 days x 4 trips = \$1600) + mileage (\$300/month mileage = \$3600). Total Travel = \$5200.

## **Scope of Project**

Project will:

- Create an enterprise Suicide Prevention Committee to oversee project launch & ongoing compliance.
- Implement infrastructure within the E.H.R. to:
  - Track suicide-related outcomes
  - Assess suicide risk
  - o Determine level of risk
  - Monitor individuals at risk for suicide.
- Implement analytics that
  - Tracks staff compliance to protocol
  - Analyzes efficacy of protocol.
- Implement processes & evaluation mechanisms in order to improve suicide attempt & completion monitoring & evaluation. This includes:
  - o Implementation of a root cause analysis process for every completed suicide.

- o Implementation of a VPU productivity replacement for staff working with an at-risk patient to prevent a suicide. Such work often is time-consuming, and staff need encouragement to complete clinically sound practices without the worry of not meeting productivity.
- Train all current staff in suicide prevention protocol. Incorporate suicide prevention protocol into orientation training for all new staff.
- Launch an on-going enterprise wide Suicide Prevention Program to monitor metrics, evaluate barriers and challenges, & implement solutions.

#### Project will not:

 Change the role of the QI departments in each state to maintain data on all suicide attempts and completions by service recipients.

#### Identified Key Stakeholders (persons that must be consulted before project plan is finalized):

- COOs
- CEOs

#### **Proposed Timeline:**

- Development: Started September, 2011 Ends: August, 2012
- Training: Starts October, 2012; Ends: December 31, 2012
- Implementation; Starts January 1, 2013; Ends: July 1, 2013
- Evaluation & Oversight: Starts July 1, 2013; Ends: No End. Ongoing Evaluation.

#### Team

- Sponsor & Project Manager Becky Stoll
- Technology Liaison Christina VanRegenmorter
- Communications Liaison Natalie Stone
- Kathy Ballinger, David Carrico, Jenny Harrison, Rebecca Marshall, Kathy Rogers, QI person in IN?
- Past assigned team members -- Jerry Neff, Karen Rhea, David Ayer

## Roles/Responsibilities

#### **Sponsor & Project Manager**

- Represents the project to the Clinical Excellence Council
- Project meeting facilitation
- Transparent project plan maintenance
- Writes meeting agendas/minutes
- Resolves Issues
- Tracks Hours

- Completes checklists for each project phase & reviews with Sponsor/ Champion before transitioning between project phases.
- Supports entire team project team in making their jobs easier, better, and faster to complete

### **Technology Liaison**

- Coordinates gathering &documentation of technological functionality-related business requirements from team members and applicable stakeholders.
- Represents technology-related needs of project & coordinates completion.

#### **Communications Liaison**

- Develop internal marketing campaign for suicide prevention.
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## **Project Team Expectations**

- Report Status to PM weekly (if not present in meeting, make report 24 hrs in advance)
- <48 hour business day email response to team member requests.</li>
- Promptly update PM on barriers to completion of tasks.
- Professional Behavior: be respectful, honest, open-minded, creative, & and prompt.
- Be accountability: to the PM, to your fellow team members, to the stakeholders.
- Transparency: If you see a potential barrier or solution (even if not in your task list), voice it.
- All significant decisions made during team meetings (face to face, video, conference call).