

Program Name	Key Contact	Program Description	Target Population	
Communities Empowering Parents	Project Reality- Maureen Collins (maureen.collins@projectreality.net) , Rita Mangum (rita.mangum8@gmail.com) , Joel Millard (jmillard@projectreality.net)	Communities Empowering Parents (CEP) is a community-based intervention for parents of selective and indicated risk elementary and adolescent aged children. The primary goal of the program is to increase risk and protective factors and change knowledge, attitudes and behaviors that prevent and reduce or delay the onset of alcohol, tobacco, and other drug use.	Parents and caretakers of selected of indicated risk children ages 5-17	
HealthInsight - Provider Training	Kye Nordfelt, knordfelt@swuhealth.org	Training for prescribers of opiates/narcotics as well as other controlled substances. Prescribers receive Continuing Medical Education credits. Educates providers on how to recognize abuse, misuse, dependency in patients. Also reviews some alternatives prior to prescribing opioids. Uses State prescribing guidelines. The training is provided by physicians to prescribers. There is a webinar version as well.	Prescribers, physicians, dentists	
Hope for Tomorrow	Kim Gardner, kimg@namiut.org	Hope for Tomorrow is a Mental Health Education Program which brings together the combined efforts and insights of mental health professionals, educators, consumers, family members, and other experts to help parents, teachers, students and communities understand mental illness—a crucial step to improving the lives of those affected by it.	High School Students	

Love and Logic	Debi Todd - debit@dbh.utah.org	Love and Logic is a parenting program that builds around the science of caring, respectful relationships. It provides positive, loving tools for raising happy and well-behaved kids and addressing challenges of risk with a variety of simple and effective strategies for parenting children birth to adulthood.	This program targets all parents in Davis County who may need to improve family management and parenting skills.	
Parents Empowered	Doug Murakami, dmurakami@utah.gov	Underage Drinking Program: Incorporates media, community collaboration and policy change.	Parents of youth 10-16	
Personal Empowerment Program	Allen Sain, asain@sbhcutah.org	Provide assistance to students who may be experiencing difficulties with daily adolescent living. This program targets selective populations but is available to every student in their respective schools. Support is provided by prevention specialists through activities that enhance coping strategies, problem-solving, and relationship and anger management skills	Middle School, High School Students, selective	
Prevention Dimensions	Verne Larsen, larsen.verne@schools.utah.gov	A school based curriculum that teachers can incorporate into core lessons. Training of teachers is required.	Kindergarten-3rd Grade	
RealVictory	Bruce Bennett, bruce@realvictory.org	RealVictory is a two step program that reduces recidivism rates in those that have been arrested for criminal behavior.	Indicated Populations	
Strengthening Families 7-17	Karol Kumpfer (kkumpfer@xmission.com) and Jaynie Brown (jayniebrown@gmail.com)	The Strengthening Families Program is a 14-session, parenting skills, children's social skills, and family life skills training program specifically designed for high-risk families.	Utah families with high risk children and teens 7-17	

<p>Strengthening Families DVD</p>	<p>Karol Kumpfer (kkumpfer@xmission.com) and Jaynie Brown (jayniebrown@gmail.com)</p>	<p>Teaches the SFP parent and youth skills in English or Spanish for parents and youth ages 7-17 to watch together. With 11 lessons, it can also be used as a review for SFP7-17 Group Classes, or can be presented to groups of families in schools, churches or clinics by a trained facilitator using a SFP-DVD Discussion Guide.</p>	<p>Utah families with children and teens</p>	
<p>Strong Families Plus</p>	<p>Craig Anderson</p>	<p>Families Plus is a two-component program that serves both kids and families through after school programs. Families Plus is a social and cognitive skills curriculum provided in a small group setting. It focuses on building decision-making skills and positive social relationships. Selected families are also provided with 10 sessions of in-home family support and parent training through the Strong Families component.</p>	<p>Families with children in first through fifth grades.</p>	
<p>Teaching Family Model</p>	<p>Utah Youth Village</p>	<p>TFM is implemented in a group home environment where certified parent teachers create the normalizing influence of family-based care with specialized treatment interventions, creating a therapeutic environment in the context of a nurturing family home. Children and adolescents learn age-appropriate social-skills, proactive positively procused, discipline, and communication and life skills leading to healthy living.</p>	<p>Indoividuals with mental health,</p>	

Truancy Program	Cathy Bledsoe, cathyb@provo.edu	The purpose of the Truancy Program is to educate students and their families that have truant charges on the Truancy policy. The program utilizes notification of truant behavior to parents, attending a 2 hour class, learning how to track attendance on the school system, and finally using the court system to access needed services. The different strategies will be deployed at different times and based upon the number of trancies of the student. The outcome will be more attachment to the school and long term is decreased drug use.	Truant Students	
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