

# DIVISION OF SUBSTANCE ABUSE AND MENTAL HEALTH AUTHORIZATION FOR ELECTROCONVULSIVE THERAPY (ECT)

Child Name: \_\_\_\_\_ Identification No. \_\_\_\_\_

In accordance with Utah Rule 523-8-5 (<https://rules.utah.gov/publicat/code/r523/r523-008.htm>), a hearing for treatment with Electroconvulsive Therapy (ECT) was held on the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_ before a two member panel of Neutral Detached Fact Finders (NDDFF)/Designated Examiners (DE).

After consideration of the record and deliberation the panel now finds the following conditions to exist:

- \_\_\_\_\_ The child has a mental illness as defined in the current edition of the Diagnostic and Statistical Manual of Mental Disorders, published by the American Psychiatric Association.
  
- \_\_\_\_\_ The child is gravely disabled and in need of ECT for the reason that he/she [circle all that apply]
  - (1) Is in danger of serious physical harm resulting from a failure to provide for his/her essential needs of health or safety; or
  - (2) Manifests severe deterioration in routine functioning evidenced by repeated and escalating loss of cognitive or volitional control over his/her actions and is not receiving such care as is essential for his/her health or safety; and/or

Without ECT the child poses a likelihood of serious harm to self, others or property. Likelihood of serious harm means either [circle all that apply]

- (1) Substantial risk that physical harm will be inflicted by an individual upon their own person, as evidenced by threats or attempts to commit suicide or inflict physical harm on one's self; and/or
- (2) A substantial risk that physical harm will be inflicted by an individual upon another, as evidenced by behavior which has caused such harm or which places another person or persons in reasonable fear of sustaining such harm; and/or
- (3) A substantial risk of physical harm will be inflicted by an individual upon the property of others, as evidenced by behavior which has caused substantial loss or damage to the property of others;

- \_\_\_\_\_ The proposed treatment is an appropriate and accepted method of treatment for the child's mental condition; and
  
- \_\_\_\_\_ The proposed treatment is in accordance with prevailing standards of accepted medical practice.
  
- \_\_\_\_\_ The panel authorizes the proposed ECT treatment be administered when the above conditions are met.

OR finds that:

- \_\_\_\_\_ The conditions under which the proposed ECT treatment shall be administered do not exist.

Dated this \_\_\_\_\_ of \_\_\_\_\_, 20\_\_\_\_.

\_\_\_\_\_  
Neutral Detached Fact Finder/Designated Examiner

\_\_\_\_\_  
Neutral Detached Fact Finder/Designated Examiner