

Suicide Prevention Training for Physicians and Health Clinic Staff

Training Name	Description	Time Requirement	Cost	Contact/ Where To Access Training
Suicide Prevention Online CME/MOC	<p>Following this activity, participants should be able to:</p> <ol style="list-style-type: none"> 1. Describe the epidemiology of suicide 2. Identify the warning signs and risk factors for suicide 3. Assess a patient's suicide risk 4. Develop a safety plan with the patient 5. Access available resources 	One Hour	None	https://cme.utahmed.org/products/suicide-prevention#tab-product_tab_overview
Crisis Response Planning	This full-day workshop is designed to enhance professionals' knowledge about crisis response planning for managing acute suicide risk, and to increase their ability to confidently and competently administer this intervention with at-risk individuals. The second half of the workshop includes clinical demonstrations by the instructor and skills practice by attendees, which are designed for clinicians to acquire skill competency.	Eight Hours	Varies	kmyers@utah.gov
Counseling on Access to Lethal Means (CALM)	This brief online course explains why means restriction is an important part of a comprehensive approach to suicide prevention. It teaches how to ask suicidal patients/clients about their access to lethal means, and work with them and their families to reduce their access.	Two Hours	None	http://training.sprc.org/enrol/index.php?id=3
Columbia Suicide Severity Rating Scale (C-SSRS)	The C-SSRS is an evidence-based questionnaire used to assess the full range of suicidal ideation and behavior with criteria for next steps. The C-SSRS can be used across various settings including primary care, clinical practice, military setting, correction facilities and more.	Twenty Minutes to Two hours	None	http://cssrs.columbia.edu/training/training-options/
At Risk in Primary Care by Kognito	At-Risk in Primary Care is a CME and CNE-approved online learning experience designed to prepare primary care providers to screen patients for mental health and substance use, perform brief interventions using motivational interviewing techniques, and refer patients to treatment when needed.	1.5 hours online	\$65.00 per person	https://store.kognito.com/products/primary-care
Recognizing and Responding to Suicide Risk Essentials in Primary Care by AAS	The goal of the RRSR-PC is for primary care practitioners and staff to learn current best practices in eliciting suicide risk when present and meeting the needs of their distressed patients.	1.5 hours Face to Face or Webinar Format	info@suicidology.org (202) 237-2280	http://www.suicidology.org/training-accreditation/rrsr-pc
WICHE Toolkit	This Web-based Toolkit contains information and tools to implement state of the art suicide prevention practices and overcome the significant hurdles this life-saving work faces in primary care practices.	Toolkit	\$25.00 each	http://www.wiche.edu/pub/12453

