



Trauma Recovery and Empowerment Model (TREM) and Men's Trauma Recovery and Empowerment Model (M-TREM) Training

DSAMH

Salt Lake City, Utah

May 7 and 8, 2019

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Day One

8:00- 9:00	Registration Check-In
9:00-9:15	Introductions
9:15-10:45	<i>Antwone Fisher</i> Film Clip and Discussion
10:45-11:00	Break
11:00-11:30	M-TREM Topic 1: Male Messages
11:30-12:00	Review of Sessions in M-TREM Part One
12:00-1:00	Lunch
1:00-2:00	TREM Mock Group Topic 2: What It Means to be a Woman
2:00-2:45	Leader Techniques (1-4)
2:45-3:00	Break
3:00-3:30	Review of Sessions in TREM Part One
3:30-4:15	Leader Techniques (5-9)
4:15-5:00	Adaptations and Implementation of TREM/M-TREM

Day Two

8:00-9:00	Registration Check-In
9:00-10:00	Care of the Clinician
9:30-10:30	Mock Group M-TREM Topic 3 Anger: Behavior and Thinking
10:30-10:45	Break
10:45-11:15	Review of Sessions in Part Two M-TREM
11:15-12:00	Review of Sessions in Part Two TREM
12:00-1:00	Lunch
1:00-1:30	The Gong Show
1:30-2:15	Review of Sessions in Part Three TREM
2:15-2:30	Break
2:30-3:30	Mock Group TREM Topic 20: Trauma and Addictive and Compulsive Behavior
3:30-4:15	Grounding Techniques
4:15-5:00	Review of Sessions in TREM Part Four, M-TREM Topic 18, and Demonstration of Closing Rituals