MARCH 19 & 20, 2018
Salt Palace Convention Center • 100 So. West Temple • SLC, Utah

Secure Significant Continuing Ed Credits in an all new program featuring:
Sizeable Topic Variety • Lightening Rounds of Speakers
Lived Experiences • Experiential Activities
Professional Development • Ethics & Suicide Credits • Learning Tracks
Tiered sessions & post-conference options for more in-depth training on targeted subjects

HIGHLIGHTING
Norman Doidge, MD

Author of New York Times and international bestsellers - The Brain That Changes Itself and The Brain’s Way of Healing. Canadian-born psychiatrist, psychoanalyst working on brain neuroplasticity, TRAUMA, problems in LOVE, PSYCHIATRIC DIAGNOSES and the efficacy of INTENSIVE PSYCHOTHERAPIES.

Join Dr. Doidge as he offers enlightenment on remarkable discoveries & recoveries from frontiers of neuroplasticity to positively impact your practice!

And a closing session you won't want to miss!

Supported by the Utah Division of Substance Abuse & Mental Health
CE/CME Sponsor: ESI Management Group

Founded by the University of Utah Neuropsychiatric Institute
501 Chipeta Way • Salt Lake City, UT 84108
WHY ATTEND...

...multiple programs, pay high prices for one speaker / focus, or travel far?

Enjoy this well-known, top-rated conference which gathers professionals and a wide base of organizations in one convenient location for maximum benefits at minimal cost & gain:

- Knowledge & practice tools to make your life easier
- Enhanced skills to improve the lives / outcomes of your clients

You’ll benefit from opportunities not found on-line or in other programs such as

- Connections with colleagues – old & new
- Broad topic variety & program formats
- Expert speaker line-up providing tools for your own practice
- Learning Tracks
- Lightening Rounds
- Experiential Activities
- Professional Development Prospects
- Presentations of Lived Experiences
- Assessment & intervention focused curriculum
- Specialized workshops
- Ahead-of-the-curve knowledge of trends
- Methods to protect you in the judicial arena and deal with insurers, review boards & others
- Tiered sessions & post-conference options for more in-depth training
- Immediate access to pertinent resources
- Expanded referral sources
- State-of-the-science, evidence-based presentations including:
  - Ethics & Suicide Credits
- Comfortable environment

Whatever your clinical site, this program is designed to help you assess your clients & provide interventions that will improve your outcomes in the branches of:

- Addiction Treatment
- Case Management
- Clergy
- Corrections / Courts
- Counseling
- Education
- Employee Assistance
- First Responders
- Family Practice
- Forensics
- Geriatrics
- Gerontology
- Health Education
- Higher Education
- Home Health
- Hospice
- Law Enforcement
- Long-Term Care
- Marriage / Family Therapy
- Medicine
- Military Specialties
- Nursing
- Paramedicine
- Primary Care
- Psychiatry
- Psychology
- Social Work
- Other Health, Behavioral Health & Addiction Professions

This program is designed to help you:

- Expand your knowledge and develop strategies to more effectively promote the healthy growth and development of individuals in all adult developmental stages and various cultural / ethnic backgrounds who are dealing with behavioral health challenges and/or addiction issues;
- Employ effective working tools to properly intervene in these issues;
- Identify needs and access current resources; and,
- Use tools to develop and implement prevention and intervention programs.
NORMAN DOIDGE, MD

After winning the E.J. Pratt Prize for Poetry at age 19, Dr. Norman Doidge won early recognition from the literary critic Northrop Frye, who wrote that his work was “really remarkable... haunting and memorable.” He studied classics and philosophy, and graduated with high distinction, then earned his medical degree. He completed psychiatric and psychoanalytic training at Columbia, followed by two years as a Columbia-NIMH Research Fellow, studying research techniques, and another year as a Clinical Fellow in Psychiatry. Today, Dr. Doidge is on faculty at the University of Toronto’s Department of Psychiatry, and Research Faculty at Columbia University’s Center for Psychoanalytic Training and Research, in New York.

In 1993 he presented his early research at the White House in Washington, D.C., and is credited with helping preserve psychotherapy treatments in Canadian and Australian health care systems. Dr. Doidge has won innumerable scientific awards and been recognized for “many outstanding achievements in psychiatry and psychoanalysis.” For many years, he has been a most frequently cited author in psychoanalysis, yet is best known for his contributions to understanding the brain and new approaches to it. Dr. Doidge has been described by The Globe and Mail, as “a master at explaining science to the rest of us.” To list his other achievements would be heartening.

JASON HEWLETT

It has been said that Jason Hewlett, speaker, entertainer, author, impressionist, and corporate events headliner, defies description! Jason “promises” to take his Hall of Fame Speaker and award-winning Vegas entertainment status to move you in ways that will positively impact your practice. He will entertain, engage and educate.

Jason has catapulted from his popular one-man music, comedy, parody, and impressions show and powerful messaging on self-discovery and the embracing of one’s unique talents to a sought after educational and motivational speaker for which he develops unique and challenging messages for audiences of all types. As he received Best of State honors in the arts and entertainment industry, and has entertained at some of the largest events in the world. He is known as someone who doesn’t just deliver an incredible, standing ovation show worthy of Las Vegas praise, but as a speaker sharing practical principles applicable for success. He combines his messages with authenticity, humor, music, and characters.

Generations thanks The Healer’s Art Foundation for their support of Jason’s appearance which promises to be one keynote address you will never forget!

AND REMARKABLE FOCAL POINTS IN-BETWEEN:

CRAIG J. BRYAN, PsyD, ABPP

Dr. Craig J. Bryan, clinical psychologist, is the Director of the National Center for Veterans Studies at the University of Utah. He researches suicide, suicide prevention strategies, psychological health, and resiliency. He also manages numerous multi-million-dollar projects testing cognitive behavioral treatments for suicidal service members; developing innovative methods to identify and detect high-risk military personnel and veterans; and, disseminating effective suicide prevention and PTSD treatments to providers and the public.
Dr. Bryan is considered a leading national expert on military and veteran suicide. For his contributions to military mental health and suicide prevention, he has received numerous awards and recognitions. He serves as a consultant to the Department of Defense for psychological health promotion initiatives and suicide prevention and he provides clinical training on managing suicidal patients. To his credit, he has over 120 publications and scientific presentations. He has also published books in these areas.

Dr. Bryan has served on the Board of Directors of the American Association for Suicidology. He served four years in the Air Force on active duty as the Chief of Primary Care Psychology Services and Suicide Prevention Program Manager, and deployed to Iraq in 2009 where he served as the Clinical Director of Traumatic Brain Injury.

MEL POHL, MD
Dr. Mel Pohl is a Board-Certified Family Practitioner. He is the Chief Medical Officer of Las Vegas Recovery Center (LVRC) and was a major force in developing their Chronic Pain Recovery Program. He is certified by the American Board of Addiction Medicine, (ABAM), and a Distinguished Fellow of the American Society of Addiction Medicine (ASAM). He is the former chairman of ASAM’s AIDS Committee, a member of the planning committee for ASAM’s Annual “Common Threads, Pain and Addiction” Course and co-chair of ASAM’s Pain and Addiction Workgroup. Dr. Pohl is a Fellow of the American Academy of Family Practice and a Clinical Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the University of Nevada School of Medicine. He was elected by his peers for inclusion in Best Doctors in America® from 2009 to present.

JAMES C. “JES” MONTGOMERY, MD
Dr. Jes Montgomery received his MD from Louisiana State University in 1979 and began working in the chemical dependency field in 1985 as a Family Physician, earning his Addiction Medicine certification in 1987 (one of the first 1,600 physicians certified in the treatment of alcohol and other dependencies). In 1996, he completed a psychiatry residency. He is a diplomate of both the American Board of Psychiatry and Neurology and the American Board of Addiction Medicine.

Since 1997, he has worked in residential treatment, and helped professionals with licensure issues related to addiction. After eight years as the Medical Director for Santé Center for Healing, he became the Psychiatric Director for Pine Grove’s world-renowned Gratitude program and until 2014 where he now consults. Dr. Montgomery was certified as a Sex Addiction Therapist and Supervisor by IITAP in 2011, having first trained in sexual addiction treatment in 1988. His addiction work focuses on the family and long-term recovery. Dr. Montgomery has worked with multiple addictions throughout his career including sex, gambling, and eating disorders.

JOHN DEHLIN
John Dehlin is a psychologist, researcher, podcaster, and social activist. He has a PhD in Clinical and Counseling Psychology and offers coaching around faith crisis and religious transitions. In general, this practice involves various domains including religious faith crises and transitions (inc.the development of identity, purpose, morality, spirituality and community); couples coaching (including dealing with differences in faith, improving emotional intimacy and strengthening relationships, raising healthy children); and, navigating an LGBT identity – all during and after a religious transition.
John’s clinical and research interests involve the nexus of religion and mental health. His research has been published in numerous peer reviewed scientific journals including the Journal of Counseling Psychology (APA), the Journal of Sex & Marital Therapy, Identity, the Journal of Cognitive Psychotherapy, and the Journal of Homosexuality.

John worked for seven years at Microsoft and three years at the Massachusetts Institute of Technology. He founded Mormon Stories Podcast, the most popular and longest running podcast within Mormonism which was established to explore and challenge Mormon culture. His work has been featured in the New York Times, NPR, Good Morning America, Nightline, Wall Street Journal, Huffington Post, VH1, and RadioWest.

CHARLES SMITH, PhD

Dr. Charles Smith is a Clinical Instructor in the Department of Psychiatry, University of Colorado at Denver and is a recognized national speaker and recipient of several honors and recognitions. Prior to becoming the SAMHSA Regional Administrator, Dr. Smith served as Director of the Colorado Division of Behavioral Health and Deputy Commissioner of Mental Health and Substance Abuse. In this capacity, he was responsible for an annual budget of $110 million and multi-faceted management oversight of contracts, programs, policy and leadership. He provided leadership in integrating the state’s substance use and mental health systems, coordinating efforts to address workforce shortages, strengthening prevention activities, and developing a state plan for a recovery-oriented system of care.

He served on boards for the Governor and Attorney General including the Methamphetamine Task Force. Dr. Smith directed a Colorado Corrections Office and managed mental health, substance abuse, and sex offender treatment services for three prisons including designing and opening the state’s inpatient psychiatric unit for female offenders.

Dr. Smith’s clinical experience has covered forensic/correctional psychology, emergency/crisis intervention, rehab counseling, methadone maintenance, consultation, and supervision. He has coordinated several key initiatives: enhancing community-based behavioral health services for offenders; creating a partnership for statewide mental health first aid; assessing the prevalence and unmet treatment needs of individuals with mental health, substance use and co-occurring disorders; and, developing legislation to suspend, rather than terminate, Medicaid benefits for incarcerated or state hospitalized adults.

JOHN R. JORDAN, PhD

John (Jack) Jordan, a Rhode Island psychologist has specialized in work with survivors of suicide and other traumatic losses for more than 40 years. He is the Clinical Consultant for the Grief Support Services of the Samaritans in Boston, Massachusetts, and the Professional Advisor to the Loss and Healing Council of the American Foundation for Suicide Prevention (AFSP). He is Co-Chair of the Survivors of Suicide Loss Task Force of the National Action Alliance for Suicide Prevention which recently released postvention guidelines for the United States, titled Responding to Grief, Trauma, and Distress After Suicide: U.S. National Guidelines.

For over 35 years, Jack has provided training internationally for professional caregivers, and has helped lead many healing workshops for suicide loss survivors. He has published over 50 articles, chapters, and books in grief therapy, bereavement after suicide, support group models, integration of research and practice in thanatology, and loss in family and larger social systems. He is the co-author of four books: “After Suicide Loss: Coping with Your Grief”, “Grief After Suicide: Understanding the Consequences & Caring for the Survivors”, “Devastating Losses: How Parents Cope With the Death of a Child to Suicide or Drugs”, and “Attachment Informed Grief Therapy”.

Special thanks is given to the American Foundation for Suicide Prevention, Intermountain Healthcare and Larkin Mortuary for their support of Dr. Jordan’s post-conference program.
Generations 2018 provides major continuing education hours for an economical rate. You will walk away from this two-day conference with up to 13.5 continuing education hours/credits with an additional 6 hours possible via post-conference workshops.

* Professional Credit: For your convenience, this program has been submitted to and/or already approved by the:
  - National Association of Alcohol and Drug Abuse Counselors (NAADAC)
  - National Association of Social Workers (NASW)
  - Nevada Nurses Association
  - Police Officer Standards & Training (POST) (training hours are available)
  - Utah Academy of Family Physicians (UAFP)
  - Utah Association for Marriage & Family Therapy (UAMFT)
  - Utah Healthcare Association (for Long-Term Care Administrators)
  - Utah Psychological Association

The Division of Occupational & Professional Licensing (DOPL) does not require educational programs to be pre-approved for some disciplines. Proving your attendance at an educational program pertinent to your field IS required. This may be done by showing your conference materials and/or program certificate.

* Certificate of Attendance: You may register for this document which can be used to verify participation to employers, accrediting organizations and others.

* Accreditation: ESI Management Group is accredited by the Utah Medical Association to provide continuing education for physicians.

* AMA Credit: ESI Management Group designates this live educational activity for a maximum of 19.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

(CME programs like this may be used for re-licensure credit in other fields / states not listed above, whether or not specific advance approval has been obtained by the sponsoring organization(s). Each individual is responsible to record and report their attendance to their licensing organization and to check on reciprocity and licensure credit as needed.)

REGISTER TODAY FOR A REDUCED RATE!

This year’s program will have new and innovative features added to the topographies attendees have relished for years. As an event registrant, you will benefit from

- A vast selection of topics
- Significant CE / CME credits inc. 5.75 ethics hour options
- Suicide prevention hour options (2.25 with 6 more available at post-conference workshops)
- Lightening Rounds of speakers w/ experts available to you long after the conference ends
- Presentations by those who have “Lived Experiences” & Insights
- Learning Tracks
- Breaking research & knowledge that will put you ahead-of-the curve
- Professional development opportunities
- Tools & technical skills to make your life easier & improve your client outcomes
- State-of-the-science, evidence-based practices & practice-based evidence
- The most effective treatment skills and modalities
- Varied formats such as case studies / practices, debates & ethical discussions
- Tiered sessions and post-conferences for in-depth training in targeted spheres
- International, national & local experts together in one convenient location
- An assessment & intervention oriented program with skill-building foci
Additionally, you will enjoy

- An on-site bookstore
- An event portfolio with resources & faculty handouts (in-hand or electronic)
- Abundant & appetizing food
- Spacious, comfortable setting
- Plentiful networking opportunities
- Connection with colleagues – old & new
- A ‘Field of Experience’ during every break

- Exhibit area & immediate access to pertinent resources
- Meeting of expanded referral sources
- Community wall for job hunters & employers
- Discounted lodging accommodations
- Gifts & more!

Get this incredible, professional education experience for a reasonable rate thanks to an extraordinary collaboration of partners.

**PARTNER NETWORK**

**Founder**
- University of Utah Neuropsychiatric Institute

**Platinum Partner** ($7,500)
- Utah Division of Substance Abuse & Mental Health

**Diamond Partners** ($5,000)
- Recovery Ways
- Willow Springs Center

**Ruby Partners** ($3,000)
- Maple Mountain Recovery
- MountainStar Behavioral Health Services
- Salt Lake Behavioral Health

**Post-Conference Partners**
- American Foundation for Suicide Prevention
- Intermountain Healthcare
- Larkin Mortuary
- The Healer’s Art Foundation
- Utah Division of Substance Abuse & Mental Health

**Emerald Partners** ($1,500)
- AZZLY
- Clear Recovery of Cache Valley
- HealthCare Pharmaceuticals, Inc.
- LabPartner, LLC
- Optum
- OQ Measures
- Provo Canyon Behavioral Hospital
- Provo Canyon Shool
- Renaissance Ranch
- Steward Behavioral Health
- Utah Department of Veteran & Military Affairs
- Wasatch Recovery

**Exhibitors ($750)**
- Acqua Recovery
- A/D Psychotherapy & Clinical Consulting
- Advanced Billing Management
- American Drug Screen Corp
- American Foundation for Suicide Prevention
- AMP Probation & Electronic Monitoring
- Annie’s House – A Steps Recovery Center
- Army Community Service
- Ascendant Behavioral Health
- Autism Council of Utah
- Avalon Hills
- Choice Recovery
- Denials Management
- eCharts
- Elevated Billing Solutions
- Envision Hope Treatment & Technology
- First Step House
- Guardian & Conservator Services
- Heart of a Woman
- Larkin Mortuary
- Las Vegas Recovery Center
- Legacy Outdoor Adventures
- LifeLine for Youth
- Millennium Health
- Mountain Peak Recovery
- National Center for Veterans Studies
- NexStep Medical Detox
- Odyssey House of Utah
- Pathways Real Life Recovery
- Renew Wellness & Recovery
- RISE, Inc.
- Salt Lake Vet Center
- ScenicView Academy
- Serenity Recovery & Wellness
- Steps Recovery Centers
- Takeda Pharmaceuticals USA, Inc. & Lundbeck
- True North Recovery & Wellness Center
- Utah State Hospital
- Utah Transition Assistance Administration (TAA)

All partners confirmed as of print date.

In the event of unforeseen circumstances, cancellations must be received in writing by:
- February 15 for a full refund
- February 26 for a 50% refund
- No refunds will be granted after February 26
MONDAY, MARCH 19, 2018 HEMISPHERE

7:00 – 8:00 REGISTRATION, EXHIBITS & CONTINENTAL BREAKFAST

8:00 – 9:45 KICK-OFF & FEATURE PRESENTATION
    University of Utah Neuropsychiatric Institute, Event Founder w/CME Course Director

THE BRAIN’S WAY OF HEALING
Norman Doidge, MD, FRCP – Psychiatrist, Psychoanalyst & Best-Selling Author, Private Practice

9:45 – 10:00 BREAK, EXHIBITS & FIELD OF EXPERIENCE

10:00 – 11:15 CONCURRENT SESSIONS

INCORPORATING INTIMATE PARTNERS INTO EVIDENCE-BASED TREATMENT OF ANXIETY & PTSD
David Johnson, PhD – Co-Owner & Psychologist, Ogden Center for Change

LIGHTENING ROUND - WORKING WITH INDIVIDUALS & FAMILIES AROUND OLDER ADULTS’ RIGHTS & OPTIONS
Rebecca M. Allred, NCG – Partner, KHSA; Director, Stagg Fiduciary Services, LLC
Eric B. Barnes, JD, CELA – Owner & Managing Attorney, ElderCare Law Firm, Inc.
Debbie Booth, BS – Information Specialist, Utah Division of Aging & Adult Services (Coordinator)
Linda M. Cole, BA – Lead Long Term Ombudsman, Mountainland Association of Governments
Jeff McNally, MD – Emergency Medicine Physician, Utah Emergency Physicians

PEER SUPPORT THRU THE LIFESPAN
Cami Roundy, CPSS, FRF – Recovery, Resiliency & Peer Support Program Manager, Utah Division of Substance Abuse & Mental Health

ROUTINE OUTCOME MEASUREMENT: STAY IN BUSINESS, FOSTER PROFESSIONAL GROWTH & REACH MORE CLIENTS
Randy K. Moss, PhD – Owner / Principal, Integrated Counseling & Consulting, LLC

SELF-COMPASSION ‘TOOLBOX’ – TECHNIQUES FOR TREATING MENTAL HEALTH DISORDERS
Jessica Flynn, PhD – Clinical Psychologist, Utah Center for Evidence Based Treatment

THE BRAIN’S WAY OF HEALING - II
Norman Doidge, MD, FRCP – Psychiatrist, Psychoanalyst & Best-Selling Author, Private Practice

WHAT FACES FAMILIES WHEN YOUNG ADULTS WITH MENTAL HEALTH CONDITIONS TRANSITION TO ADULTHOOD
Ming Wang, LCSW – Program Administrator, Utah Department of Human Services (Panel Coordinator)

YOU DON’T HAVE TO BE A SEX THERAPIST TO ADDRESS SEXUAL HEALTH OF CLIENTS
Jordan Rullo, PhD, ABPP, CST – Assistant Professor of Psychology & Medicine, Mayo Clinic; Psychologist & Sex Therapist, Private Practice

11:15 – 11:30 BREAK, EXHIBITS & FIELD OF EXPERIENCE

11:30 – 12:45 CONCURRENT SESSIONS

BREAK THE SHACKLES OF CO-DEPENDENCE
Matthew Arrington, MBA – Executive Director, Forte Strong

CRITICAL CONSIDERATIONS WHEN YOUTH WITH MENTAL HEALTH CONDITIONS TRANSITION TO ADULTHOOD
Ming Wang, LCSW – Program Administrator, Utah Department of Human Services (Panel Coordinator)

HARM REDUCTION: FROM THEORY TO PRACTICE
Mindy Vincent, LCSW – Executive Director, Utah Harm Reduction Coalition
LIGHTENING ROUND - CASE MANAGEMENT: THE GLUE THAT HOLDS TREATMENT TOGETHER
Robert Snarr, MPA, LCMHC – Housing & Community Development Director, Utah Division of Substance Abuse & Mental Health (Panel Coordinator)

LIVED EXPERIENCES - ENGAGING & EMPOWERING THE ‘RIGHT FAMILY’
Jacqueline Rendo – Mentoring Program Director & Criminal Justice Advocate – NAMI Utah (Panel Coordinator)

STRESS BUSTING FOR CAREGIVERS
Marianne Christensen, BS – Health Promotion Manager, Salt Lake County Aging & Adult Services
Kathy Nelson, BA – Training Specialist, Salt Lake County Aging & Adult Services

THE BRAIN’S WAY OF HEALING - III
Norman Doidge, MD, FRCPC – Psychiatrist, Psychoanalyst & Best-Selling Author, Private Practice

UP & COMING TREATMENTS FOR DEPRESSION, ANXIETY & OTHER BEHAVIORAL HEALTH ISSUES
Paul J. Carlson, MD – Associate Training Director, University of Utah School of Medicine
General Psychiatry Residency Proram

12:45 – 2:00 LUNCHEON

2:00 – 3:15 CONCURRENT SESSIONS

BEHAVIOR, SAFETY & COMMUNICATION TOOLS FOR OLDER ADULTS
Kate Nederostek, MGS, CDP – Program Director, Alzheimer’s Association of Utah

CHECK YOUR BIASES AT THE DOOR (Ethics Credit)
David Parker, EdD – Principal Presenter, Center for Creating Community

CHOOSE THE RECOVERY: RECOVERY-ORIENTED COGNITIVE THERAPY FOR PSYCHOSIS
Lena Gustafson, PhD – Psychologist, Utah State Hospital

COMMUNITY MENTAL HEALTH RESPONSES TO HUMAN-CAUSED TRAGEDIES & TRAUMA
David Derezotes, LCSW, PhD – Professor & Chair of Mental Health, University of Utah College of Social Work; Director of Peace & Conflict Studies Program, University of Utah College of Humanities

CURRENT SUBSTANCE USE TRENDS & THE ADDICTED BRAIN
Nathan Van Dyke, SUDC – Addictions Counselor, Recovery Ways

LIGHTENING ROUND - CREATIVE INTERVENTIONS TO ENHANCE TRADITIONAL THERAPIES
John Allen, MFA – Co-Founder & Chief Development Officer, Minding Motion for Graceful Aging
Juan Carlos Claudio, MFA – Co-Founder & Chief Operations Officer, Minding Motion for Graceful Aging; Founder & Co-Director, Parkinson’s Disease – Utah
Massimiliano Frani, DMA – CEO, Genote, LLC
Kim Gardner, JD – Prevention By Design Program Manager, NAMI Utah
Edoardo Guerra, Dr. of Psychology – CSO, Genote, LLC
Anne Y-J Hsu, MSc Doctoral Candidate – Psychology Intern, Wasatch Mental Health American Fork Family Clinic
Kathy Klotz – Executive Director, Intermountain Therapy Animals
Katelyn Peterson, LCSW – Behavioral Health Business Development Director, Steward Healthcare (Panel Coordinator)

LIVED EXPERIENCE - AUTISM ACROSS THE LIFESPAN: SEASONS OF STRUGGLE, SEASONS OF GROWTH
Jared Stewart, MEd – Program Director, ScenicView Academy

MEDICAL DETOX: WHAT DOES IT LOOK LIKE & WHEN DO YOU NEED IT?
Ana Holtey, DO – Addiction Medicine Fellow, University Neuropsychiatric Institute

THE POWER OF INTROVERTS: WHO ARE THEY & DO YOU RECOGNIZE THEM OR ARE YOU ONE?
Brian L. Currie, LCSW – Treatment Services Associate Director, Salt Lake County Behavioral Health Services
3:15 – 3:30  BREAK, EXHIBITS & FIELD OF EXPERIENCE

3:30 – 5:00  CONCURRENT SESSIONS

**BURNOUT & THE SCIENCE OF RESILIENCE FOR THERAPISTS, PROFESSIONAL CAREGIVERS & THEIR LOVED ONES**
Ashley Greenwell, PhD – Trauma, Stress & Resilience Program Director, Utah Center for Evidence-Based Treatment

**HEALING THROUGH ACTION: NAVIGATING FAMILY THERAPY WITH PSYCHODRAMA**
Debbie Reid, CSW – Therapist, Recovery Ways

**IS GRANDPA HAVING AN AFFAIR? ETHICAL DILEMMAS WHEN WORKING WITH OLDER ADULTS (Ethics Credit)**
Peter Hebertson, LCSW – Outreach Program Director, Salt Lake County Aging & Adult Services

**LIGHTENING ROUND - LEGALITIES IN PRACTICE**
Doran Williams, LCSW – Associate Director, Wasatch Mental Health Care Management Services (Panel Coordinator)

**PINK SHEET, BLUE SHEET: WHAT DO THEY ALL MEAN? COMPETENCY, ESSENTIAL TREATMENT, CIVIL COMMITMENT, INVOLUNTARY HOLDS & MORE**
Shannon Alvey, MS, SSW, NMG – Director, Utah Office of Public Guardian
Todd A. Soutor, PhD – Psychologist & Director of Intensive Services; Davis Behavioral Health

**SENSORY-BASED STRATEGIES FOR SELF-REGULATION: THE BODY-MIND CONNECTION**
Stormy Hill, MD, OTR/L – Owner, SensoryWorks; Owner, Busy Bee Therapy
Maryann Rosenthal, PhD – Clinical & Consulting Psychologist; Field Representative, The Joint Commission

**TBIs & OTHER BRAIN INSULTS: WHAT IT MEANS TO YOU**
David M. Ranks – Clinician, University of Utah Brain Injury Program

**THE POWER OF INTROVERTS: Harnessing That in Therapy**
Brian L. Currie, LCSW – Treatment Services Associate Director, Salt Lake County Behavioral Health Services

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**TUESDAY, MARCH 20, 2018 HEMISPHERE**

7:30 – 8:00  CHECK-IN, EXHIBITS & CONTINENTAL BREAKFAST

8:00 – 9:00  WELCOME & KEYNOTE ADDRESS
Doug Thomas, LCSW – Executive Director, Utah Division of Substance Abuse & Mental Health

**EVERYTHING YOU THOUGHT YOU KNEW ABOUT SUICIDE BUT, MAY HAVE BEEN MISTAKEN (Suicide Prevention Credit)**
Craig J. Bryan, PsyD, ABPP – Executive Director, National Center for Veterans Studies; Associate Professor, University of Utah

9:00 – 9:15  BREAK, EXHIBITS & FIELD OF EXPERIENCE

9:15 – 10:30  CONCURRENT SESSIONS

**CHRONIC PAIN TREATMENTS: HOW WE MISSED THE BOAT**
Mel Pohl, MD, DFASAM – Chief Medical Officer, Las Vegas Recovery Center

**FAITH CRISIS & SPIRITUAL TRAUMA: AN ETHICAL APPROACH (Ethics Credit)**
John Dehlin – Founder & Life Coach / Personal Counselor, Mormon Studies Podcast

**IS IT DEPRESSION, ANXIETY OR EARLY ONSET DEMENTIA?**
Liz Garcia-Leavitt, LCSW – Health Educator, University of Utah Center for Alzheimer’s Care

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LIGHTENING ROUND - MENTAL HEALTH TREATMENT IN CORRECTIONS
Desmond Lomax, MSC, CMHC – Director, Utah Adult Probation & Parole Community Programming Unit (Panel Coordinator)

MEANS SAFETY COUNSELING (Suicide Prevention Credit)
Craig J. Bryan, PsyD, ABPP – Executive Director, National Center for Veterans Studies; Associate Professor, University of Utah

MIND-BODY BRIDGING FOR STRESS, ANXIETY, ANGER, ADDICTION & MORE
Kevin G. Webb, LCSW – Clinical Director, Mind-Body Bridging Charity

PERINATAL MENTAL HEALTH
Amy-Rose White, LCSW – Therapist, Utah Maternal Mental Health Collaborative

SEXUAL ADDICTION & THE BRAIN
James C. Montgomery, MD - Senior Psychiatric Consultant, Envision Hope

TRAUMA THROUGH THE FAMILY LENSE
Andrew Sidoli, LCSW – Executive Clinical Director, Recovery Ways

10:30 – 10:45 BREAK, EXHIBITS & FIELD OF EXPERIENCE

10:45 – 12:00 CONCURRENT SESSIONS

BEHAVIORAL HEALTH IN AMERICA: ISSUES & OPPORTUNITIES
Charles H. Smith, PhD – Regional Administrator, VIII Director, Substance Abuse & Mental Health Services Administration (SAMHSA)

IS IT JUST IN YOUR MIND? THE NEROSCIENCE BEHIND TRAUMA
Anastasia Pollock, CMHC – Clinical Director, Life Stone Counseling Centers

LGBTQ THRU THE LIFESPAN
Jerry Buie, LCSW – Assistant Professor, University of Utah College of Social Work

LIGHTENING ROUND - SOCIAL MEDIA INSIGHTS – PART I
Bryant Jenks, LMFT – Program Manager, Wasatch Mental Health (Panel Coordinator)
Chris Kane, CMHC – CEO, TotumLink
Tera Lensegrav-Benson, PhD – Clinical Director, Avalon Hills Eating Disorder Specialists
Benjamin O. Weinheimer, LMFT – Clinical Therapist, Utah Valley Psychology

LIVED EXPERIENCES - FROM START TO NOW: ALZHEIMER’S & OTHER DEMENTIAS
Kate Nederostek, MGS, CDP – Program Director, Alzheimer’s Association of Utah (Panel Coordinator)

MAXIMIZING CLINICAL OUTCOMES & CLINICAL EFFECTIVENESS
Juergen Korbanka, PhD – Executive Director, Wasatch Mental Health
Bret J. Linton, LCSW, MBA – Therapist Supervisor, Wasatch Mental Health

THE ISSUES & FUTURE OF OPIOIDS
Michael J. Crookston, MD – Psychiatrist, Intermountain Medical Group
Bridget Shears, RN – Director, Intermountain Healthcare Pain Management Clinical Services

TREATMENT INTERVENTIONS FOR SEX ADDICTION
James C. Montgomery, MD - Senior Psychiatric Consultant, Envision Hope

USING THE ACT MATRIX FOR DEPRESSION, ANXIETY & OTHER MENTAL HEALTH DIAGNOSES
Desmond Lomax, MSC, CMHC – Director, Utah Adult Probation & Parole Community Programming Unit

12:00 – 1:15 LUNCH (on your own)

1:15 – 2:30 CONCURRENT SESSIONS

BEHAVIORAL HEALTH IN AMERICA: STRATEGIES FOR RURAL & FRONTIER COMMUNITIES (Ethics Credit)
Charles H. Smith, PhD – Regional Administrator, VIII Director, Substance Abuse & Mental Health Services Administration (SAMHSA)
CHALLENGES & SOLUTIONS FOR BLENDED FAMILIES
Ryan Seedall, PhD, LMFT – Assistant Professor, Utah State University

CULTURAL COMPETENCE: A JOURNEY, NOT A DESTINATION
Irene Maya Ota, MPA – Diversity Coordinator & Associate Instructor, University of Utah College of Social Work

EVIDENCE-BASED PSYCHOTHERAPIES IN THE TREATMENT OF PTSD: AN INTRODUCTION TO PROLONGED EXPOSURE THERAPY (PE) AND COGNITIVE PROCESSING THERAPY (CPT) – PART I
Cicely C. Taravella, PhD – Psychologist, George E. Wahlen Veterans Affairs Medical Center

EXECUTIVE FUNCTION: ASSESSING & USING IT IN YOUR PRACTICE
Julia Hood, PhD, BCBA – Clinical Services Senior Director, Valley Behavioral Health

THE PARADOX OF HEALING, HOW TO GET THROUGH LOSS
Spencer M. Larkin, MBA – COO & Vice President, Larkin Mortuary

LIGHTENING ROUND - ADVANCES IN DEMENTIA: GENETICS, PHARMA & OTHER TREATMENTS
Kevin M. Duff, PhD – Associate Clinical Professor & Professor, University of Utah

LIGHTENING ROUND - SOCIAL MEDIA INSIGHTS – PART II
Anni Butterfield, LCSW, MBA – Behavioral Health Services Executive Director, Steward Healthcare, Utah Region
Bryant Jenks, LMFT – Program Manager, Wasatch Mental Health (Panel Coordinator)
Chris Kane, CMHC – CEO, TotumLink
Ric Sorensen, LCSW – Behavioral Health Outpatient Services Manager, Lakeview Hospital
Alethea Varra, PhD – National Telemental Health Hub Director, VA Healthcare System Salt Lake City; Adjunct Clinical Professor, University of Utah Department of Psychiatry

LIVED EXPERIENCES: THE STRUGGLES, JOURNEY & LIFE OF TRANSGENDER INDIVIDUALS
Jerry Buie, LCSW – Assistant Professor, University of Utah College of Social Work (Panel Coordinator)
Jack Haden, LCSW – Lead Social Worker & Discharge Planner, Salt Lake Regional Medical Center Senior Behavioral Health Unit

2:30 – 2:45 BREAK, EXHIBITS & FIELD OF EXPERIENCE

2:45 – 3:45 CONCURRENT SESSIONS

BEHAVIOR, SAFETY & COMMUNICATION TOOLS FOR OLDER ADULTS
Kate Nederostek, MGS, CDP – Program Director, Alzheimer’s Association of Utah

EVIDENCE-BASED PSYCHOTHERAPIES IN THE TREATMENT OF PTSD: AN INTRODUCTION TO PROLONGED EXPOSURE THERAPY (PE) AND COGNITIVE PROCESSING THERAPY (CPT) – PART 2
Cicely C. Taravella, PhD – Psychologist, George E. Wahlen Veterans Affairs Medical Center

LIGHTENING ROUND - SO YOU WANT TO BE A MANAGER?
Janene Candalot, CMHC – Program Manager, Wasatch Mental Health
Richard Hatch, LCSW – Program Manager, Wasatch Mental Health
Juergen Korbanka, PhD – Executive Director, Wasatch Mental Health

LIVED EXPERIENCE: BEST PRACTICES FOR TREATING PROFESSIONALS IN BEHAVIORAL HEALTH AND/OR ADDICTION RECOVERY
Aaron Bryant, LCSW, MPA, LSUDC – Clinical Director, Inspiro Recovery Center

MARIJUANA: BRAIN CHEMISTRY & MENTAL HEALTH CONNECTIONS
Kent Roundy, MD – Medical Director, Utah State Hospital

THE INTERPLAY BETWEEN ANXIETY & SUBSTANCE USE
Eve Lasswell, PsyD – Clinical Psychology Postdoctoral Fellow, George E. Wahlen Department of Veterans Affairs Health Care System Addiction Treatment Services
Heather Pierson, PhD – Program Manager, VA Salt Lake City Healthcare System Services for Outpatient Addiction Recovery
THE LATEST & GREATEST IN PSYCHOPHARM FOR NON-PRESCRIBERS
Keerthi Vejerla, MD – Psychiatrist, University of Utah Department of Psychiatry

WHAT WILL YOU DO WHEN DISASTER STRIKES?
Robert Snarr, MPA, LCMHC – Housing & Community Development Director, Utah Division of Substance Abuse & Mental Health (Panel Coordinator)

3:50 – 5:00  MARK PAYNE KEYNOTE:  THE PROMISE
Jason Hewlett - He Defies Description!

POST-CONFERENCE WORKSHOP OPTIONS
WEDNESDAY, MARCH 21, 2018

CRISIS RESPONSE PLANNING FOR SUICIDAL PATIENTS

7:30 – 8:00  REGISTRATION & CONTINENTAL BREAKFAST
8:00 – 4:00  (Lunch & breaks included with registration)

CRISIS RESPONSE PLANNING FOR SUICIDAL PATIENTS: THEORETICAL & CONCEPTUAL FOUNDATIONS, THE CRISIS RESPONSE PLAN, DEMONSTRATIONS, CLINICAL ROLE PLAYS & EVALUATIONS
Craig J. Bryan, PsyD, ABPP – Executive Director, National Center for Veterans Studies; Associate Professor, University of Utah

This full-day workshop is designed to enhance professionals’ knowledge about crisis response planning for managing acute suicide risk, and to increase their ability to confidently and competently administer this intervention with at-risk individuals. The first half of the workshop provides didactic knowledge about suicide, the development of the crisis response plan intervention, and its empirical support, all of which are designed to increase clinician knowledge. The second half of the workshop includes clinical demonstrations by the instructor and skills practice by attendees, which are designed for clinicians to acquire skill competency.

This program has been made possible by a partnership with the Utah Division of Substance Abuse & Mental Health, a state leader in suicide prevention efforts.

SUICIDE BEREAVEMENT CLINICIAN TRAINING PROGRAM

8:30 – 9:00  REGISTRATION & CONTINENTAL BREAKFAST
9:00 – 5:00  (Lunch & breaks are also included with registration)

SUICIDE BEREAVEMENT CLINICIAN TRAINING
John R Jordan, PhD – Researcher & Clinician, Private Practice; Advisor, American Foundation for Suicide Prevention Loss & Healing Council

Those surviving the suicide of a loved one require a level of support that goes beyond traditional grief counseling, yet few mental health training programs devote any time to training clinicians on the challenge of helping survivors cope with their tragic loss. This program will cover topics including how grief after suicide is different than other grief; the impact of suicide on various individuals; video examples of clinical techniques used in actual sessions; clinical work for survivors long-term; and, principles for effectiveness.

Special thanks to the American Foundation for Suicide Prevention – Utah Chapter, Intermountain Healthcare, and Larkin Mortuary for making this program possible.
LODGING BRANCHES

Exclusive discounted rooms in the hub of Salt Lake City and within walking distance of the event are available to registrants of Generations 2018.

The Hilton Salt Lake City Center towers over West Temple and offers rooms with views of the city and beyond. Located diagonally across from the convention center housing Generations, Hilton is offering a discounted rate of $149 per night, single or double occupancy. To secure your room at this special rate, simply call 800-HILTONS or 877-776-4936 by February 26th and identify yourself as an attendee of Generations 2018. If you prefer to book on-line, click on http://www.hilton.com/en/hi/groups/personalized/S/SL-CCCHH-EMG-20160331/index.jhtml or go to www.hiltonsaltlakecity.com and use group code EMG. Underground, overnight self-parking is available on-site (255 South West Temple) to hotel guests for $9.00 per day (a 50% discount).

If a quaint, historical hotel is more your style, call the Peery Hotel at 801-521-4300. Just mention that you are attending Generations 2018 and enjoy this 1910 venue which has recently been remodeled yet maintains its luxury boutique status. Located across from the Hilton at 110 West Broadway (300 South), the Peery is offering rooms for just $139 per night until February 19th. Parking is located west of the hotel for $12/10 hours & $20/24 hours.

Another lodging option for guests of Generations is directly across from the Salt Palace at the Holiday Inn Express. To reserve your room at this newly renovated and site, just call 1-800-HOLIDAY and use the ‘Generations’ group code “GC1”. A discounted rate of $129 will be offered to you through February 16th. An adjacent parking structure is available for hotel guests for $13/day.

PARKING & TRANSPORTATION SYNAPSES

Easily accessible, underground, self-parking is available at the Salt Palace Convention Center for guests of Generations for a rate of $8-12/day. For your convenience, enter the lot on the south side of the Salt Palace - 200 South 200 West then take the elevator to the main floor and head to the Grand Ballroom.

Alternate parking options include the self-parking public lots at 144 West Pierpont for $5/day; the lot at 275 South West Temple for $10/day; or, the lot north of the Peery Hotel for $12 per day with in and out privileges. *

In support of a clean environment, carpooling and the use of TRAX are encouraged. The Temple Square TRAX stop is less than one block north of the convention center - on the intersect of West Temple and South Temple.

The conference and its headquarter hotels are just a ten-minute drive from the Salt Lake International Airport. In addition to cabs, Uber & Lyft, airport transportation is available via Express Shuttle (801-596-1600) for $10 per person each way and reservations are welcome. TRAX is another option for $2.50 per person each way.*

*All prices quoted as of print date.

AFTER HOURS PATHS

With this event headquartered in the heart of downtown Salt Lake City, you can easily walk to the awe-inspiring Salt Lake Temple, the landmark Capitol and new Eccles Theater. If you prefer, hike City Creek Canyon Historic District and indulge in downtown's trendy food-and-drink scenes. Easy access to the TRAX Train System makes exploring the city affordable and convenient. For more information on Salt Lake City events or recreation during or around the conference dates, call the Salt Lake Convention & Visitors Bureau at 801-534-4901 or 800-541-4955.
REGISTRATION FORM

Register on-line with a credit card at esimgt.org -OR-
Mail in this completed form with a check, money order or billing information

Name*: ___________________________ Degree(s): ___________________________

Credentials (if any): ___________________________ Job Title (if any): ___________________________

Preferred Mailing Address: ________________________________________________

City/State/Zip: __________________________________________________________

Phone: (_____) ___________________ Email: ________________________________

* Substitutions requested after March 9th will be subject to a $20 processing fee.

EARLY-BIRD REGISTRATION (must be postmarked by February 5, 2018)

☐ $265 Two-Day Conference - Monday & Tuesday (inc. food as outlined)
☐ $10 CEU/CME Certificate
☐ $14 Three-ring binder w/conference syllabus

OR $ 0 Digital Download (esimgt.org)*

☐ $60 Crisis Response Planning for Suicidal Patients (inc. food, materials & certificate)
☐ $125 Suicide Bereavement Clinician Training (inc. food, materials & certificate)

GENERAL REGISTRATION (must be postmarked by March 7, 2018)

☐ $290 Two-Day Conference - Monday & Tuesday (inc. food as outlined)
☐ $10 CEU/CME Certificate
☐ $14 Three-ring binder w/conference syllabus

OR $ 0 Digital Download (esimgt.org)*

☐ $80 Crisis Response Planning for Suicidal Patients (inc. food, materials & certificate)
☐ $150 Suicide Bereavement Clinician Training (inc. food, materials & certificate)

$ _______ Total Amount Enclosed & payable to “ESI” or “Generations”:

☐ Please bill my agency as noted below. I have obtained approval via Purchase Order #: __________

Billing Contact: ___________________________ Title: ___________________________

Email: ___________________________ Daytime Phone: (_____) ______________________

Address: ___________________________ City/State/Zip: __________________________

ON-SITEREGISTRATION (Space available basis only. All event materials & meals are not guaranteed.)

☐ $360 Two-Day Conference (Monday & Tuesday – inc. CEU/CME Certificate)
☐ $14 Three-ring binder w/conference syllabus

☐ $110 Crisis Response Planning for Suicidal Patients (inc. food, materials & certificate)
☐ $175 Suicide Bereavement Clinician Training (inc. food, materials & certificate)

MAIL TO - ESI MANAGEMENT GROUP
P.O. BOX 1734 - DRAPER, UT  84020-1734

*Please have documents downloaded on your device and fully charged as the Salt Palace does not have power outlets or free wifi capabilities available in the conference areas.