

Executive Summary

Division of Substance Abuse and Mental Health Strategic Plan (DSAMH)

Revised December 20, 2017

DSAMH Vision -- Healthy Individuals, Families, and Communities

DSAMH Mission -- Promote Health, Hope, and Healing from Mental Illness and Substance Use Disorders

DSAMH Functions-- Partnerships, Quality, Education, Accountability and Leadership

DSAMH Principles-- Trauma-Informed, Evidence Based Practices, Sustainable, Culturally and Linguistically Competent

Strategic Initiative #1 - Prevention and Early Intervention

- Goal 1.1 Prevent and reduce underage drinking
- Goal 1.2 Prevent and reduce prescription drug misuse and abuse
- Goal 1.3 Prevent and reduce marijuana use
- Goal 1.4 Prevent and reduce depression and other mental illness
- Goal 1.5 Prevent tobacco and nicotine use
- Goal 1.6 Prevent and Reduce Opioid Misuse
- Goal 1.7 Reduce overdose deaths

Strategic Initiative #2 – Zero Suicides

- Goal 2.1 Support UDOH and other stakeholders in implementation of the Utah Health Improvement Plan
- Goal 2.2 Engage community stakeholders and prevention coalitions in suicide prevention and mental health promotion efforts statewide
- Goal 2.3 Develop broad based support through public/private partnerships dedicated to implementing and sustaining suicide prevention efforts
- Goal 2.4 Improve the ability of health providers (including Behavioral Health) to better support individuals who are at risk of suicide through adoption of Zero Suicide framework
- Goal 2.5 Promote effective programs and practices that increase protection from suicide risk

Strategic Initiative #3 – Promote Recovery

- Goal 3.1 Promote and establish Peer Support Services
- Goal 3.2 Promote and establish employment and education services statewide
- Goal 3.3 Provide MH and SUD services in a trauma informed environment for clients and staff
- Goal 3.4 Develop array of non-clinical services designed to provide necessary supports for individuals seeking recovery or in early recovery
- Goal 3.5 Improve housing services across the state
- Goal 3.6 Promote JRI certification and implementation throughout public and private MH and SA systems
- Goal 3.7 Improve outcomes related to mental health treatment
- Goal 3.8 Expand access and participation in evidence-based treatment services for opioid use disorders

Strategic Initiative #4 – Improve Care for Children and Youth

Goal 4.1 Promote Community Based Services (Systems of Care Values) through increasing accountability of states placing youth in Residential Treatment Centers (RTCs) in Utah

Goal 4.2 Increasing system knowledge for adolescent co-occurring substance use and mental health disorders treatment

Goal 4.3 Improve the quality of adolescent treatment services in Utah through the Treatment Research Institute (TRI) Consumer Guide to Adolescence Substance Abuse Treatment for UTAH

Goal 4.4 Improve early intervention, treatment and recovery support services for adolescents and transitional aged youth ages 12-25 with substance use disorders and or co-occurring mental health disorders

Goal 4.5 Improve outcomes related to mental health early intervention services

Goal 4.6 Increase system knowledge and ability to provide services to children and youth with co-occurring mental health and intellectual/developmental disabilities

Goal 4.7 Improve collaboration among child serving entities and provide consultation for early childhood mental health

Strategic Initiative #5 – Health System Integration

Goal 5.1 Increase partnerships with Department of Health, accountable/ care organizations (ACOs), federally qualified health centers (FQHCs), and the Local Authorities

Goal 5.2 Services will address an individual's substance abuse, mental health, and physical healthcare needs

*Detailed Objectives, Metrics and Outcomes can be found at: <https://dsamh.utah.gov>