23rd Annual Conference

Critical Issues Facing Children & Adolescents

Behavioral Health & Addiction Treatment Tools for Professionals Working with Youth & Families

October 21-22, 2019

Salt Palace Convention Center
100 South West Temple • Salt Lake City, Utah

Escape the same conference doldrums and challenge yourself with a variety of topics to more detailed, intense workshops on specific areas

October 23rd - It’s Your Choice!

An annual publication & program proudly offered by: The University of Utah Neuropsychiatric Institute in partnership with Willow Springs Center, Youth Care & other caring organizations
Just like robotics, this distinct and exceptional conference is comprised of an interdisciplinary branch of professionals and sciences. Robotics deals with the design, construction, operation, and use of robots, as well as computer systems for their control, sensory feedback, and information processing. The professionals for which this program is targeted deal with the development, psyche, behavioral health of individual lives as well as family systems for their stability, growth and advancement through life’s processes.

**YOUR REGISTRATION BENEFITS**

REGISTER TODAY AND ENJOY:
- Convenient & comfortable venue
- Sound, clinical education by expert faculty
- Specialized, skill-building workshops & tracks
- Top rated event for an economical rate
- Lively & interactive breakouts
- Debates & ethical discussions
- Discounted rates – conference & hotels

INTERFACE WITH THIS YEAR’S PROGRAM AND WALK-AWAY WITH:
- Enhanced skills to build success in your practice
- Fulfillment of your CE requirements with specialized ethics & suicide prevention credit
- Concrete tools to improve your outcomes
- Expanded networks, resources and referral sources
- Knowledge of the latest research impacting your practice
- Renewed motivation and commitment

Additionally, you will leave the conference able to do the following in your own practice:
- Implement effective assessment & intervention tools;
- Share current knowledge of the critical behavioral health & substance use issues;
- Develop strategies to more effectively promote the healthy growth and development of today’s youth & adolescents facing today’s critical issues;
- Mobilize to develop prevention & intervention programs in individual and group practices; business, community and government settings.

To secure all this, simply return the attached ‘Registration Form’ or register with a credit card online at www.esimgt.com by clicking on “Critical Issues” under the ‘conferences & events’ tab.
CAPTURE YOUR CONTINUING EDUCATION HOURS FOR LICENSURE

This program offers up to 21.5 hours of continuing education in most fields – 13.5 for the two-day conference; up to 8 hours in post-conference workshops.

While not required, this program has been submitted to and/or already approved, for your convenience, by:

- National Association of Alcohol & Drug Abuse Counselor (NAADAC)
- National Association of Social Workers, Utah Chapter
- Nevada Nurses Association (NNA)
- Peace Officers Standards & Training (POST)
- Utah Association for Behavior Analysis (UtABA)
- Utah Association for Marriage & Family Therapy (UAMFT)
- Utah Psychological Association (UPA)
- Utah State Board of Education

CME programs like this may be used for re-licensure credit in other fields / states not listed above. It is each person’s responsibility to record and report their attendance to the State Board and/or other licensing organization as needed and to check with their Boards to determine reciprocity and licensure credit in their state. You may register to receive a CERTIFICATE for verification of attendance for employers, accrediting and/or licensing organizations, and others. (See “Registration Form”)

CME ACCREDITATION:
ESI Management Group is accredited by the Utah Medical Association to provide continuing medical education for physicians.

AMA CREDIT:
ESI Management Group designates this live educational activity for a maximum of 21.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

* Approval by any of the listed organizations does not imply their endorsement of any commercial interests, sponsorship or research. The same holds true for conference sponsors, planners, organizers, partners, and other parties involved with this event.

LOCATION SPECS

EVENT PARKING
For ease and in support of clean air, carpooling and the use of TRAX are encouraged. The Temple Square TRAX stop is less than one block north of the convention center – on the intersect of West Temple & South Temple.

If you prefer to drive, you may easily park in the underground Salt Palace lot for $8-12/day. Just enter the lot off 200 South near 200 West then take the elevator to the lobby level. Check-in will take place in the upper concourse near room 250.

Alternate parking options include nearby Diamond lots for $5/hour or City Creek lots (110 N. West Temple / 380 W. South Temple) for posted rates. (Prices current as of print date.)
HOTEL ACCOMMODATIONS
For your comfort, two hotels are offering special rooms and a variety of amenities at discounted rates. Each property is just across from the event. They are an easy walk to the landmark Capitol and Eccles Theater and many of Salt Lake’s trendy food-and-drink locales or a quick ride away from City Creek Canyon for a leisurely hike.

To reserve your room at a low rate, simply contact your preferred hotel and mention that you are attending the “Critical Issues Conference” -

Holiday Inn Express – Recently renovated, Salt Lake’s most modern Holiday Inn Express for $119 per night until September 5th. You may place your reservations by calling 801-521-9500 or go on-line at https://www.hiexpress.com/redirect?path=hd&brand-Code=EX&localeCode=en&regionCode=1&hotelCode=SLCCC&_PMID=99801505&GP-C=SIE&cn=no&viewfullsite=true. On-site parking is available for hotel guests for $13/day.

Radisson Downtown – for $115 per night also offers newly renovated rooms along with a heated indoor pool and fitness center to help you unwind after full days of high-level education. Simply call 800-333-3333 or 801-531-7500 or go on-line at https://www.radisson.com/salt-lake-city-hotel-ut-84101/utsaltlk?s_cid=os.amer-us-rad-UTSALTLK-bp Click on more search options and enter ‘PACK’ code “ESI” to receive this reduced rate as long as rooms are available. Parking is available for guests of the hotel for $10/day.

Rooms and rates will be available as indicated and may be extended before and after the event dates for event participants. After the posted dates, all lodging will be on a space available basis.

AIRPORT TRANSPORTATION
In addition to cabs, Uber & Lyft, transportation to and from the airport to your hotel is available for $13 per person each way via Express Shuttle (801-596-1600). Advance reservations are welcome. You may also use TRAX public transportation for around $2.50 per person each way.

CITY EVENTS & ACTIVITIES
This event is in the heart of Salt Lake City – surrounded by restaurants and nightclubs as well as City Creek Centre and Gateway for shopping. Hogle Zoo, Family History Center, Historic Temple Square, Utah Olympic Park and numerous hiking and biking trails are also nearby.

To obtain more information on these attractions and other city events / recreation during your stay, call the Salt Lake Convention and Visitors Bureau at 801-534-4901 or 800-541-4955.

ADA
The founders and coordinators of this conference comply with the legal requirements of the Americans with Disabilities Act. If you need special accommodations based on the ADA, please contact ESI Management Group with your requests at least three weeks in advance. Every reasonable effort will be made to provide equitable accommodations in an effective and timely manner.

QUERIES?
If you have questions or need additional information, call 801-501-9446 or 877-501-9446.

In the event of unforeseen circumstances, cancellations must be received in writing by September 23 for a full refund; October 4 for a 40% refund. No refunds will be granted after October 4. No substitutions will be accepted after October 11.
BEST BYTES - PROGRAM FEATURES & SPEAKER HIGHLIGHTS

CHRISTOPHER M. LAYNE, PHD
Join Dr. Christopher M. Layne as he challenges and enhances your knowledge of trauma in youth. Dr. Layne is the Director of Education in Evidence-Based Practice of the UCLA National Center for Child Traumatic Stress, which oversees the National Child Traumatic Stress Network (NCTSN). His professional activities share the common aim of developing clinically useful theory, assessment tools, interventions, and training curricula relating to psychological, environmental, and biological factors that contribute to the origin, course, consequences, and treatment of post-traumatic and post-bereavement adjustment.

NCTSN was created by Congress in 2000 as part of the Children’s Health Act to raise the standard of care and increase access to services for children and families who experience or witness traumatic events. This unique network of frontline providers, family members, researchers, and national partners is committed to changing the course of children’s lives by improving their care and moving scientific gains quickly into practice across the U.S..

RAYMOND J. KOTWICKI, MD, MPH, DFAPA
A “Critical Issues” phenomena is Dr. Ray Kotwicki, the first keynote speaker to ever be invited for an encore! Dr. Kotwicki received such high acclaim and so many requests to ‘bring him back’ from last year’s attendees, the committee broke 23-years of tradition and asked this Chief Medical Officer at Skyland Trail, a nationally acclaimed private, nonprofit residential and day treatment organization in Atlanta, Georgia, to return as a featured speaker!

Dr. Kotwicki often appears on television, radio and in newspaper articles discussing mental health and integrated medical care. He is a Diplomate of the American Board of Psychiatry and Neurology and is President of the Georgia Psychiatric Physicians’ Association. Kotwicki was a member of several professional organizations and boards. He was a Department of Energy Fellow and trained in medicine at the Universities of Wisconsin, Boston, Harvard, and Emory. He remains on the adjunctive faculty at both Emory and the University of Miami.

Throughout his career, Dr. Kotwicki has received numerous distinctions, including Emory’s prestigious Dean’s Teaching Award, Alpha Omega Alpha Medical Honor Society, “Heroes in Fight”, ‘Exemplary Psychiatrist Award’ and “Distinguished Achievement Alumnus Award”.

MACKENZIE PHILLIPS
Mackenzie Phillips – Actress and author of the courageous New YorkTimes bestseller High on Arrival, and her equally successful book, Hopeful Healing: Essays on Managing Recovery and Surviving Addiction, is also currently enjoying her role as ‘Barb’ in, Orange Is The New Black and the revival of One Day At A Time which originally, together with 1973’s American Graffiti, shot her to fame. Now, Mackenzie is making a different impact as a director at the Breathe Life Healing Center in Los Angeles where she specializes in trauma, drug, and alcohol treatment and recovery.

Daughter of The Mamas and The Papas lead singer John Phillips, Mackenzie is a survivor of substance abuse and an advocate for addiction awareness and education who shares her knowledge and voice about recovery and her experiences with those who are trying to overcome addiction. After growing up in a dysfunctional environment and subsequently battling a near-fatal drug addiction, Mackenzie now presents the wisdom she gained from her own journey and her understanding of practical treatment from her work as a rehab counselor. Using her life experiences as examples, she shares the tools and holistic approaches that are available to help those on their way to recovery. Ms. Phillips’ appearance is possible due to the support of Breathe Life Healing Center.
DISTINCTIVE TRACKS & TRAININGS

AUTISM TRACK – designed specifically for individuals with experience working with youth on the Spectrum.

EARLY CHILDHOOD MENTAL HEALTH TRACK coordinated by The Children’s Center in partnership with organizations specializing in specific areas of early childhood.

SCHOOL TRACK - offered via a partnership with the Utah Board of Education and the Utah Division of Substance Abuse & Mental Health for all levels of school personnel.

INTEGRATION OF PSYCHIATRY IN PRIMARY / PEDIATRIC CARE – following the format of this well-received track at “Generations” designed for prescribers and high level practitioners in these fields.

MASTER CLASS: THE DANCE OF PARENT-CHILD ATTACHMENT

In the early 80’s Mary Ainsworth and Mary Main, well-known in the world of attachment, wrapped up a presentation titled, “Clinical applications of attachment theory” by saying, “We really don’t know how to use this to inform clinical practice. But we encourage clinicians not to attempt to use the strange situation to assess children in their offices.” Over the past 30 years we’ve come a long way. In this workshop you will discuss the tenets of attachment theory that are critical in addressing parent-child concerns. Two trauma cases will be explored in order to help clinicians understand how to assess attachment issues impacting the relationship, the juxtaposition with child trauma, and how to gently help children and parents learn how to create a nurturing dance as they heal.

This master workshop and its leader - Dr. Douglas Goldsmith, have been popularly requested by attendees at both this conference and its spin-off “Generations”. Dr. Goldsmith, has provided therapy to families for over 35 years. His expertise in attachment has helped countless children learn to bond with their parents. He has lectured nationally on the application of attachment theory to clinical practice. He is a recognized expert in childhood trauma and has helped children with anxiety, mood disorders, ADHD, PTSD, and those struggling with divorce to lead more successful and happy lives. You may remember Dr. Goldsmith as the Executive Director of The Children’s Center in Utah for 23 years. WEDNESDAY: 8:00 – 12:30 (4 credit hours)

CAMS – MORE THAN JUST A TRAINING (for suicide prevention credit & skill)

The Collaborative Assessment and Management of Suicidality (CAMS) is a therapeutic framework for suicide assessment and treatment. It is a flexible approach that can be used across theoretical orientations and disciplines for a wide range of suicidal patients in various treatment settings and modalities wherein the clinician and patient engage in a highly interactive process. Every session of CAMS utilizes the patient’s input about what is and is not working. All assessment work is collaborative, and the patient can ‘co-author’ their own treatment plan. In CAMS philosophy, the clinician’s honesty and forthrightness are key. For any patient teetering between life and death, there can be no more important component of care than direct and respectful candor when suicidal risk is present. With CAMS, the clinician endeavors to understand their patient’s suffering from an empathetic, non-judgmental, and intra-subjective perspective.

In this exceptional workshop, you will have the opportunity to engage in all of the four training components including access to the CAMS Book (Managing Suicidal Risk, A Collaborative Approach), an online training prior to the full day training, this full day interactive training, and ongoing case consultation. WEDNESDAY: 8:00 – 4:30 (8 credit hours - suicide prevention)

MASTER CLASS: CREATING & GETTING THE MOST OUT OF CLINICAL SUPERVISION

No need to pay travel costs. Now you can meet and experience nationally-renowned expert, Carol Falender, PhD, to gain tools for clinical supervision which track and monitor clinical and
professional growth and competence! Dr. Falender, is an author, co-author and co-editor of books and articles on supervision as well as a trainer across the United States, Canada, Australia, and Europe.

With the recognition that clinical supervision is a distinct professional practice comes the necessity for formal training for competency for supervisors. Competencies are available for all mental health professions. Competency-based clinical supervision is evolving quickly and provides an intentional, systematic approach to supervision practice. A reflective, mindful approach, competency-based clinical supervision is strength-based, focused on upholding values and ethics of the profession, and devoted to enhancing supervisee competence, professionalism, and development while monitoring and gatekeeping for the protection of the client and the profession. This approach is metatheoretical which means it is applicable with every supervision model.

Dr. Falender directed APA approved internship programs at child and family guidance clinics for over twenty years and was a delegate to the 2002 Competencies Conference. She has presented plenary sessions to the Associations of State and Provincial Psychology Boards and the Association of Psychology Postdoctoral and Internship Centers, and more. Dr. Falender is a Fellow of American Psychological Association (APA), former President of Society for Child and Family Policy and Practice, and is currently APA Council Representative. She is an Adjunct Professor at Pepperdine, Clinical Professor at UCLA, former Chair of California Psychological Association (CPA) Education and Training, and APA Division Chair-elect of Supervision and Training.

Dr. Falender’s appearance is supported by a partnership with NASW, Utah Chapter and the Utah Psychological Association. WEDNESDAY: 8:30 – 3:30 (6 credit hours, including 3 ethics hours)

BOTVIN LIFESKILLS SWEEPING THE COUNTRY
Botvin LifeSkills Training (LST) is a top-research-validated prevention program targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors. This comprehensive and exciting program provides adolescents with the confidence and skills necessary to successfully handle challenging situations.

Developed by Dr. Gilbert J. Botvin, a leading prevention expert, Botvin LifeSkills Training is backed by over 30 scientific studies and is recognized as a Model / Exemplary program by an array of agencies including the U.S. Department of Education and the Center for Substance Abuse Prevention. Rather than merely teaching about dangers, Botvin LifeSkills promotes healthy alternatives to risky behavior through activities designed to:
- Teach students the necessary skills to resist social (peer) pressures to smoke, drink, and use drugs
- Help students to develop greater self-esteem and self-confidence
- Enable students to effectively cope with anxiety
- Increase knowledge of the immediate consequences of substance abuse
- Enhance cognitive and behavioral competency to reduce and prevent health risk behaviors

Craig Zettle has presented at national and international conferences over the last 20 years. He has been active in prevention education with Botvin LifeSkills Training for the last 15 years and regularly consults with schools, districts, federal and state agencies, as well as community organizations on the implementation of this LifeSkills Training program.

WEDNESDAY: 9:00 – 4:30 (6 credit hours)
MONDAY - OCTOBER 21, 2019

7:00 – 8:00 REGISTRATION, EXHIBITS & CONTINENTAL BREAKFAST

8:00 – 9:30 INTRODUCTION & WELCOME

Thomas Conover, MD (CME Course Director) – University of Utah Neuropsychiatric Institute

KEYNOTE ADDRESS: CHILD & ADOLESCENT TRAUMA – DETECTION, DIAGNOSIS & DEVELOPMENTAL IMPACT

Christopher M. Layne, PhD – Director of Education in Evidence-Based Practice & Research, UCLA/Duke University National Center for Child Traumatic Stress

9:30 – 9:45 EXHIBITS & BREAK

9:45 – 11:00 CONCURRENT SESSIONS

BEN: DIARY OF A HEROIN ADDICT – FILM & DISCUSSION

Karen W. Malm, PhD & Summit Community Counseling

EXECUTIVE FUNCTION – IT’S ROLE & IMPLICATIONS IN PRACTICE

Alina K. Fong, PhD – Clinical Director, Cognitive FX

HELPING CHILDREN IMPACTED BY SUBSTANCE USING ADULTS

Troy Dillon Cooper, LCSW, RPT – Child & Family Therapist, Odyssey House

IMPLICATIONS OF ADVERSE CHILDHOOD EXPERIENCES (ACES) FOR TRAUMA-INFORMED CARE

Christopher M. Layne, PhD – As above

SKILLS NOT PILLS (9:45 – 10:30)

Kristi Kleinschmit, MD – Assistant Clinical Professor, University of Utah Health

DEPRESSION – DIAGNOSIS & TREATMENT (10:30 – 11:15)

Kyle Smith, MD – Adjunct Assistant Professor - University of Utah School of Medicine: PCMC Resident & Day Treatment

SORTING THROUGH RISKY BEHAVIOR, SUICIDALITY & NON-SUICIDAL SELF-INJURY (.5 Suicide Prevention Credit)

Shelia Crowell, PhD – DBT Program Director & Director of Research & Training, Utah Center for Evidence-Based Treatment

THE POWER OF THE FAMILY: HOW TO MAKE A DIFFERENCE BY FOCUSING ON WHAT MAKES THE DIFFERENCE

Jesse P. Higgins, LMFT, CFLE – Utah Juvenile Justice Services & Higgins Family Center

ZERO SUICIDE APPLICATIONS: A PANEL DISCUSSION (Suicide Prevention Credit)

Ashley Donham, STRS, TSR (Coordinator) – Zero Suicide Program Manager, Utah Division of Substance Abuse & Mental Health

11:00 – 11:15 EXHIBITS & BREAK

11:15 – 12:30 CONCURRENT SESSIONS

ANXIETY ON THE RISE: WHAT TO DO ABOUT IT - DIAGNOSES & TREATMENT (11:15 – 12:15)

Stanley Brewer, DO – Instructor of Pediatrics, University of Utah; Psychiatrist, Primary Children’s Medical Center
AUTISM EVALUATION & DIAGNOSIS: VIEWS FROM THE OTHER SIDE OF THE TABLE
Natalie Buerger, PhD – Clinical Psychologist, University of Utah Autism Spectrum Disorder Clinic

CHILD-PARENT PSYCHOTHERAPY: A LOOK AT HEALING THROUGH RELATIONSHIPS
Malinda Freitag, CMHC – Clinical Director, The Children’s Center
McCall Lyon, PsyD – Clinical Director & Psychology Internship Program Director, The Children’s Center
Jennifer Mitchell, PhD – Senior Program & Operations Director, The Children’s Center

CREATING INCLUSIVE & ETHICAL COMMUNITIES & PRACTICES (Ethics Credit)
David Derezotes, LCSW, PhD – Professor & Chair of Mental Health, University of Utah College of Social Work

EVIDENCE-BASED PRACTICES FOR MOOD DISORDERS IN TEENS - BEYOND THE MANUAL
Andrea S. Wister, PhD – Post-Doctoral Resident, University of Utah Health

GOOD GRIEF! A NEW WAY TO CONCEPTUALIZE, ASSESS & TREAT BEREAVED & TRAUMATICALLY BEREAVED CHILDREN & ADOLESCENTS
Christopher M. Layne, PhD – As above

KEEPING AHEAD OF DRUG TRENDS: DRUGS ON OUR TRAJECTORY & IN OUR STREETS
Joshua Allred, Sergeant – Metro Narcotics, Salt Lake City Police Department

MURDEOUS MINDS: DYLAN KLEBOLD & ERIC HARRIS – FILM & DISCUSSION
Karen W. Malm, PhD & Summit Community Counseling

THE IMPACT OF SEXUAL TRAUMA ON THE WHOLE CHILD
Annie Deming, PhD – Licensed Psychologist, Primary Children’s Center for Counseling

12:30 – 1:30 LUNCHEON

1:30 – 2:45 CONCURRENT SESSIONS

ADDRESSING THE CHALLENGES OF MEDICAL & PSYCHIATRIC OVERLAPS (1:15 – 2:15)
Brenner Freeman, MD – University of Utah

TO BE OR NOT TO BE (CONCERNED): THAT IS THE QUESTION: DEVELOPMENTALLY IN-FORMED CARE (2:15 – 3:00)
McCall Lyon, PsyD – Clinical Director & Psychology Internship Program Director, The Children’s Center
Jennifer Mitchell, PhD – Senior Program & Operations Director, The Children’s Center

GROW UP! EXPERIENCING UNCOMFORTABLE EMOTIONS IS POWERFUL
Ted R. Barratt, PhD – Clinical Director, Youth Care

HAPPY KIDS DON’T PUNCH YOU IN THE FACE: A GUIDE TO ELIMINATING YOUTH AGRESSION
Ben Springer, PhD, NCSP – School Psychologist, Trainer & Administrator, Totem PD and Wasatch County School District

MEDICAL MARIJUANA – POLICY & CLINICAL PRACTICE
Jonathan Birnkrant, MD – Assistant Clinical Professor, University of Utah Health

PARENTS BEHAVING BADLY & CHILDREN NEEDING OUR HELP: MANAGING FAMILIES WITH HIGH CONFLICT DIVORCE
Douglas Goldsmith, PhD – Psychologist, Private Practice

SEEING THE LIGHT: TIPS TO BREAK DOWN OLD BARRIERS TO INSURANCE COVERAGE FOR BEHAVIORAL HEALTH SERVICES
Whitney Duhaime, MBA, MSOL – Vice President, Denials Management, Inc.

SUICIDE AT THE FEMA LEVEL (Suicide Prevention Credit)
Amy Mikkelsen, MPH, CPH, CHES (Coordinator) – Suicide Prevention Specialist, Utah Department of Health
TRAUMA-INFORMED BEHAVIORAL INTERVENTIONS – NOT JUST ABA
Brian D. Coombs, LCSW – Psychotherapist, Bio Behavioral Interventions

VICTIM OR PERPETRATOR? FORMATIVE TRAUMA & SEXUAL MISCONDUCT
David Walker, CMHC – Clinical Director, ISAT

2:45 – 3:0 EXHIBITS & BREAK

3:00 – 4:30 CONCURRENT SESSIONS

ETHICS: UPCLOSE & INTERACTIVE (Ethics Credit)
Final speaker confirmation pending

HELPING DOESN’T HAVE TO HURT: BUILDING PROFESSIONAL RESILIENCE
Marette Monson, LCSW, MBA – Owner & Clinical Director, Center for Counseling Excellence

KINSHIP CARE: INTERVENTIONS TO SUPPORT FAMILIES AFFECTED BY THE OPIOID
EPIDEMIC & OTHER SUBSTANCE USE
Bacall Hincks, LCSW – Grandfamilies Program Administrator, Children’s Service Society
Hope Walker, CSW – Adoption Counselor, Children’s Service Society

PARENT-CHILD DYAD: WORKING IN THE MIDDLE (3:00 – 3:45)
Ellois W. Bailey, DNP, APRN, PMHNP-BC – University of Utah College of Nursing

MEDICAL HOME PORTAL: A TOOL FOR WORKING WITH CHILDREN WITH SPECIAL NEEDS &
THEIR FAMILIES (3:45 – 4:30)
Church Norlin, MD – Director & Editor, University of Utah Medical Home Portal

PSYCHOLOGICAL ASSESSMENTS FOR NON-PSYCHOLOGISTS
CJ Powers, PhD – Psychology Training Director, University of Utah Neuropsychiatric Institute
Cynthia Palacios-Gutierrez, PsyD – Developmental Pediatric Psychologist, Utah Department of
Health Integrated Services

REACTIVE ATTACHMENT DISORDER: IT MAY NOT BE WHAT YOU’VE HEARD
Liz Rivera, MS, SSW – SLV Regional Trainer, Utah Foster Care

REUNIFICATION THERAPY: WHAT IS IT? HOW DO WE DO IT?
Douglas Goldsmith, PhD (Coordinator) – Psychologist, Private Practice

SORTING THROUGH THE DIAGNOSIS & MANAGEMENT OF ASD WITH THE MULTI-
DISCIPLINARY TEAM
Julia Connelly, PhD (Coordinator) – Founder & Clinician, The Autism Clinic

TUESDAY, OCTOBER 22, 2019

7:00 – 8:00 CHECK-IN, EXHIBITS & CONTINENTAL BREAKFAST

8:00 – 9:00 KEYNOTE ADDRESS: I’M RUBBER & YOU’RE GLUE: CULTIVATING RESILIENCY IN
CHILDREN & ADOLESCENTS
Raymond J. Kotwicki, MD, MPH, DFAPA – Charles B. West Chief Medical Officer, Skyland Trail;
Adjunct Associate Professor, Emory University School of Medicine

9:00 – 9:10 EXHIBITS & BREAK

9:10 – 10:20 CONCURRENT SESSIONS

AN OUNCE OF PREVENTION IS WORTH A POUND OF CURE: IDENTIFYING PRODROMAL
SYMPTOMS OF MENTAL ILLNESSES IN ORDER TO INTERVENE EARLY
Raymond J. Kotwicki, MD, MPH, DFAPA – As above
BULLYING PREVENTION – TIME TO MOVE BEYOND THE HALLWAY POSTER CAMPAIGNS!
Ben Belnap, PhD – Associate Superintendent of Student Wellness, Park City School District

COLLABORATION BIAS: INTER-PROFESSIONAL COLLABORATION BETWEEN SLPs & BCBA s TO SUPPORT COMMUNICATION
Teresa Cardon, PhD, CCC-SLP, BCBA-D – Professor, Chicago School of Professional Psychology

DOMESTIC VIOLENCE: WHAT’S THE REAL SCAR?
Jennifer Mitchell, PhD – Senior Program & Operations Director, The Children’s Center
Devon Musson Rose, LCSW – Chief Domestic Violence Services Officer, YWCA of Utah

ENGAGING & SECURING CONSENT WITH FAMILIES & YOUTH IN SCHOOLS
Utah Board of Education and Utah Division of Substance Abuse & Mental Health

I THINK I’M GAY: NAVIGATING & LIVING WITH ONE’S TRUE IDENTITY (.5 Ethics Credit)
Jerry L. Buie, LCSW (Coordinator) – Pride Counseling; Assistant Professor, University of Utah College of Social Work

POWERFUL PLAY THERAPY TECHNIQUES FOR THE TREATMENT OF CHILDHOOD DISORDERS
Clair Mellenthin, LCSW, RPT-S – Child & Adolescent Services Director, Wasatch Family Therapy

THE POWER OF POSITIVE PARENTING TO BUFFER CHILDREN AGAINST THE EFFECTS OF EARLY LIFE STRESS: THE SCIENCE SPEAKS!
Elisabeth Conradt, PhD – Assistant Professor, University of Utah

SUICIDE TRENDS: WHAT THEY TELL US & HOW CLINICIANS CAN HELP PREVENT SUICIDE (Suicide Prevention Credit)
Leah Colburn, CMHC – Children, Youth & Family Programs Administrator, Utah Division of Substance Abuse & Mental Health
Amy Mikkelsen, MPH, CPH, CHES – Suicide Prevention Specialist, Utah Department of Health
Michael J. Staley, PhD – Suicide Prevention Research Coordinator, Utah Department of Health Office of the Medical Examiner
Allison Whitworth, MHA, CHES – State Suicide Prevention Coordinator, Utah Department of Health

10:20 – 10:30 EXHIBITS & BREAK

10:30 – 11:40 CONCURRENT SESSIONS

BACK TO THE FUTURE: DIFFERENTIATING ANXIETY DISORDERS & THEIR RAMIFICATIONS
Raymond J. Kotwicki, MD, MPH, DFAPA – As above

BEWARE OF THE WOLF: ASSESSING & MANAGING (OR JUST BLUFFING) RISK OF VIOLENCE IN ADOLESCENTS
Sandra Whitehouse, PhD – Director of Psychology, University of Utah Neuropsychiatric Institute

DUAL DIAGNOSIS DILEMMA: MEETING THE MENTAL HEALTH NEEDS OF INDIVIDUALS WITH DISABILITIES
Ty B. Aller, PhD, LMFT – Training Coordinator, Utah State University Center for Persons with Disabilities
Matthew Wappett, PhD – Executive Director, Utah State University Center for Persons with Disabilities

FAMILY DYNAMICS & SUPPORT FOR LGBTQ YOUTH
Jerry L. Buie, LCSW (Coordinator) – Pride Counseling; Assistant Professor, University of Utah College of Social Work

FURTHER COLLABORATION: BUILDING BRIDGES & COMMUNITY SYSTEMS WITH SCHOOLS
Utah Board of Education and Utah Division of Substance Abuse & Mental Health
INVITATION TO ENGAGEMENT: REDEFINING CLIENT “RESISTANCE”
John M. Robbins, PhD, LMFT – Contributing Faculty, Walden University

KEEPING AHEAD OF TECHNOLOGY & STEERING CLEAR OF ITS NEGATIVE IMPACTS
Carrie Rogers-Whitehead, MLIS, MPA – Founder, Digital Respons-Ability

WALKING THROUGH THE WRECKAGE: MOVING TO EFFECTIVE NATURALISTIC NEURODEVELOPMENT PRACTICES
Douglas W. Maughan, CMHC – Clinical Director, Daniels Academy

WHAT FAMILIES CAN DO ABOUT SUICIDE (Suicide Prevention Credit)
Lisa Tensmeyer Hansen, PhD, LMFT – Clinical Director, Flourish Therapy, Inc.

11:40 – 12:50 LUNCH (ON YOUR OWN)

12:50 – 2:15 FEATURE PRESENTATION: WHAT WENT SOUTH & WHAT COULD HAVE MADE A POSITIVE DIFFERENCE
Mackenzie Phillips – Actress and Author

2:15 – 2:30 EXHIBITS & BREAK

2:30 – 3:30 CONCURRENT SESSIONS

ADVICE FROM THE FIELD: MANAGING TECHNOLOGY IN THE OFFICE & AT HOME
Carrie Rogers-Whitehead, MLIS, MPA – Founder, Digital Respons-Ability

DON’T “JUST SAY NO” - SKILL-UP!
Craig Zettle – Vice President, National Health Promotion Associates

EASY AS ABCD - THE STUDY: FINDINGS & CLINICAL IMPLICATIONS
Erin McGlade, PhD – Associate Professor, University of Utah Diagnostic Neuroimaging Lab & the Department of Psychiatry; VA Salt Lake City

EFFECTIVE SCHOOL-BASED INTERVENTIONS (.5 Ethics Credit)
Utah Board of Education and Utah Division of Substance Abuse & Mental Health

GATEKEEPER TRAINING: safeTALK PART 1 (Suicide Prevention Credit)
Taryn Hiatt, BS – Area Director, American Foundation for Suicide Prevention, Utah

GET PSYCHED ABOUT SOME PSYCH MEDS!
Varsha Iyer, MD – Child & Adolescent Psychiatrist, University of Utah Neuropsychiatric Institute

MINDFULNESS AT THE KIDS’ TABLE
Camille Kennard, LCSW, CHWC – Flourish Counseling

SOCIAL & EMOTIONAL DEVELOPMENT: FACILITATING POSITIVE GROWTH THROUGH PARENT - CHILD INTERACTIONS
Sara Johnson, LCSW – Therapeutic Preschool Program Manager, The Children’s Center
McCall Lyon, PsyD – Clinical Director & Psychology Internship Training Program Director, The Children’s Center

SUPERVISOR BE MINDFUL: ETHICS OF CLINICAL SUPERVISION - PART 1 (Ethics Credit)
Carol Falender, PhD – Author & internationally recognized expert on supervision & ethics

3:30 – 3:45 EXHIBITS & BREAK

3:45 – 5:00 CONCURRENT SESSIONS

AUTISM INTERVENTIONS / SUPPORTS – OUTSIDE THE BOX
Julia Connelly, PhD (Coordinator) – Founder & Clinician, The Autism Clinic
GATEKEEPER TRAINING safeTALK PART 2 (Suicide Prevention Credit)
Taryn Hiatt, BS – Area Director, American Foundation for Suicide Prevention, Utah

IT DOESN'T HAVE TO BE SCARY! HELPING PREPARE INDIVIDUALS WITH ASD FOR ADULTHOOD
Kristina Cottle Feldman, PhD – Licensed Psychologist & Clinical Instructor, University of Utah Autism Spectrum Disorder Clinic
Crystal Emery, BS – Youth & Children’s Services Manager, Easter Seals Goodwill
Cheryl C. Smith, BS – Past President & Founder, Autism Council of Utah

HOLISTIC APPROACHES WITH BEHAVIORAL INTERVENTIONS
Karen Malm, PhD – Owner & Psychologist, Summit Community Counseling

SUPERVISOR BE MINDFUL: ETHICS OF CLINICAL SUPERVISION – Part 2 (Ethics Credit)
Carol Falender, PhD – Author & Internationally recognized expert on supervision & ethics

TELEHEALTH & OTHER CREATIVE APPROACHES FOR SERVING YOUTH IN SCHOOLS (.5 Ethics Credit)
Utah Board of Education and Utah Division of Substance Abuse & Mental Health

THE BOY WHO LIVED: HOW AN INFANT & EARLY CHILDHOOD MENTAL HEALTH SYSTEM COULD HAVE SAVED HARRY POTTER
Codie A. Thurgood, LCSW – Children, Youth & Families Program Manager, Utah Division of Substance Abuse & Mental Health

THE LAUGHTER ELIXIR: MANAGING LIFE WITH A HEALTHY DOSE OF LAUGHTER
Matthew Wappett, PhD – Director, Utah State University Center for Persons with Disabilities

Autism Track  Early Childhood Mental Health Track
Integrated Care Track  School Track

All tracks include keynote speakers.

WEDNESDAY, OCTOBER 23, 2019
OPTIONAL POST-CONFERENCE OFFERINGS
(See Description in “Highlights” Section)
Held at the Radisson Hotel

8:00 – 12:30
THE DANCE OF PARENT-CHILD ATTACHMENT – MASTER CLASS
Douglas F. Goldsmith, PhD – Licensed Psychologist, Independent Practice

9:00 – 4:30
BOTVIN’LIFESKILLS SWEEPING THE COUNTRY
Craig Zettle - Vice President, National Health Promotion Associates

8:30 – 3:30
CREATING & GETTING THE MOST OUT OF CLINICAL SUPERVISION – MASTER CLASS
Carol Falender, PhD – Author & internationally recognized expert on supervision & ethics

8:00 – 4:30
CAMs SUICIDE PREVENTION WORKSHOP: MORE THAN JUST A TRAINING
Hosted by the Utah Division of Substance Abuse & Mental Health

All faculty and planning committee members were asked to sign a disclosure noting any potential conflicts of interest related to financial relationships with a Commercial Interest(s)- defined as any entity producing, marketing, re-selling, or distributing healthcare goods or services consumed by, or used on, patients. No potential conflicts have been disclosed by any listed faculty or planning committee members.
PROGRAM PLANNING NETWORK

Special thanks is extended to all committee members and consultants who donated their time and expertise in order to create this year’s marvelous program.

Jan Bowker, BSN, RN - Intermountain Memorial Pediatric Clinic • Dan Braun, LCSW - Wasatch Pediatrics • Mary Burris, MD - University Neuropsychiatric Institute • Lori Cerar - Allies with Families • Thomas Conover, MD (Course Director) - University Neuropsychiatric Institute • Cara Durfee, MS - Copper Hills Youth Center • David G. Eldredge, LCSW - U of U Behavioral Health Integration • JD Green, LCSW - Salt Lake County Youth Services • Michael King, LCSW - Wasatch Mental Health • Krisanne Lewis, MOT, OTR/L - Spectrum Academy • Karen W. Malm, PhD - Summit Community Counseling • Douglas W. Maughan, CMHC - Daniel’s Academy • Amy Mikkelsen, MPH, CPH, CHES - Utah Department of Health VIPP Program • Jennifer Mitchell, PhD, BCBA-D - The Children’s Center • Cynthia Palacios-Gutierrez, PsyD - Utah Department of Health Integrated Services • Codie Thurgood, LCSW - Utah Division of Substance Abuse & Mental Health • Sandra Whitehouse, PhD - University Neuropsychiatric Institute • Lyn Wilson, LCMHC - Juvenile Justice Services • Christina Zidow, LCSW - Odyssey House • Tia D. Korologos, BSN, RN - ESI Management Group, Event Developers & Coordinators

CONSULTANTS
Crystasl Emery, BS - Youth & Children’s Services Manager, Easter Seals Goodwill • Fulvia Franco, PhD - Canyons School District • Tanya May, LPN - Admissions / Director of Business Development, Youth Care • Alexandra Starr – University Neuropsychiatric Institute Kidstar

EVENT PARTNERS

ROYALTY
Daniels Academy
Highland Ridge Hospital
Intermountain Healthcare
Provo Canyon School

STARS
Copper Hills Youth Center
Denials Management, Inc.

EXHIBITORS
ABCD Study • Alternative Behavioral Strategies • American Foundation for Suicide Prevention, Utah • Ascendant Behavioral Health • Beechtree Diagnostics • Breathe Life Healing Centers • Easter Seals Northern Rocky Mountain • Medical Home Portal, University of Utah • Mountain Plains – PTTC Odyssey House of Utah • Salt Lake Army Healthcare Recruiting • Salt Lake Behavioral Health • Scenic View Academy • St. Lukes Health System • Summit Community Counseling • Traumatic Brain Injury Fund • U of U SUDC Program & Recover @ U • Vet Centers Westridge Academy

HONORARIUM SUPPORT FROM
Breathe Life Healing Centers
**REGISTRATION FORM**

**REGISTER NOW FOR MAXIMUM BENEFITS!** Simple register online with a credit card at www.esimgt.com – click on “Critical Issues Conference” under the ‘conferences & events’ tab. OR mail this completed form with payment.

Name*: ___________________________ Degree / License (if any): ___________________________

Job Title / Position (if any): ____________________________________________________________

Organization (if any): ________________________________________________________________

Address: __________________________ City/State/Zip: ________________________________

Phone: (_____) ___________ Email: ___________________________________________________

**CERTIFICATE OF ATTENDANCE (optional)**
- □ $10 Certificate of Attendance (May be used for CEU/CME, employer, record, etc. verification)
- □ $TBD Certificate for BCBA ($5 per BCBA accredited training hour. This fee will be calculated and collected on-site based upon the attendance of each BCBA participant)

**EARLY-BIRD REGISTRATION** (must be postmarked / submitted by September 9, 2019)

**GENERAL REGISTRATION** (must be postmarked / submitted by October 14, 2019)

**ON-SITE REGISTRATION** (space available only)

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$ ________ TOTAL AMOUNT ENCLOSED WITH THIS FORM

Please bill my agency (below) referencing Purchase Order #: __________________________

Contact: ___________________________ Title: ___________________________

Daytime Phone: (_____) ___________ Email: __________________________________________

Address: ___________________________ City/State/Zip: ________________________________

**MAIL COMPLETED FORM WITH PAYMENT OR BILLING INFORMATION TO:**

*Substitutions will not be accepted after October 11th.
**Please have documents of interest downloaded on your fully charged device as the Salt Palace does not have free wifi or unlimited power outlets.