Serious Emotional Disturbances (SED) is the inclusive term for children and adolescents whose emotional and mental disturbances severely limit their development and welfare over a significant period of time and requires a comprehensive coordinated system of care to meet their needs.

SED DETERMINATION

Children/adolescents must be under 18 years of age, or under 22 years of age if disabled and receiving special education services or under the jurisdiction of the Court. All three (3) of the following criteria must be met in order to be defined as SED. The severity of the child’s/adolescent’s disorder may place or potentially place him/her at significant risk for out of school, home or community placement. Indicate the appropriate response to each of the areas below.

- **DIAGNOSIS:** Child/adolescent must have a recent (within 1 year) DSM 5 diagnosis. Children diagnosed with a designated V-Code must also have a non-V-Code diagnosis to meet this criterion.

- **DISABILITY:** Child’s/adolescent’s degree of impairment consistently prevents appropriate functioning in at least two of the following life domains for ages 3 and older:
  a) Age appropriate self-care
  b) Family life
  c) Education
  d) Community living
  e) Personal hygiene
  f) Leisure time management
  g) Peer relationships
For infants and toddlers, 0-2 years of age, only one area of significant delay in age appropriate development is required.

- **DURATION:** The disorder must have been present for at least one year or is anticipated to persist for a year or longer or is of such a significantly high severity that the impairment of appropriate functioning and the residual effect is anticipated to negatively persist for a year or longer.

- **SED DEFINITION:** The child/adolescent meets all three of the criteria above.

Review Date: Must be reviewed at least annually, or sooner if there is a significant change in the diagnosis or disability.

Name of Client ___________________________ ID# ___________________________

Signature of Therapist ___________ ___________________________ Date ___________________________

Revised: 2/26/2018