

Designation as an Evidence-based or Research/Outcome-based Program or Practice

Evidence-based programs/practices are preferred, when feasible, because they have proven effectiveness in achieving specific outcomes for a defined population. By more clearly delineating what constitutes an evidence-based program/practice, it is not intended to imply that all traditional services are less effective or that clients should only be treated with evidence-based programs/practices.

1. For a program/practice to be designated as “evidence-based” it must have each of the following elements:
 - a. There is a program/practice manual or protocol that specifies the nature, quality, and amount of service that constitutes the program/practice;
 - b. Scientific research has demonstrated with two or more separate client samples that the program/practice improves client outcomes central to the purpose of the program/practice (research must meet high scientific standards), OR the program/practice is listed on a credible, nationally recognized registry.
 - c. The program/practice has clearly identifiable fidelity standards with accompanying tools to monitor fidelity;
 - d. A training and supervision process exists for learning and implementing the program/practice to fidelity.
 - e. The program/practices are
 - i. applied to a target population comparable to the researched population and
 - ii. employed to achieve outcomes for which the EBP has been shown to be effective.

2. For a program/practice to be designated as “research-based” it must have each of the following elements:
 - a. The program/practice has a manual or protocol that specifies the nature, quality, and amount of service that constitutes the program/practice;
 - b. The program/practice has research demonstrating effectiveness (existing research meets high scientific standards) but does not yet meet the standard of evidence-based described above;
 - c. The program/practice has fidelity standards with accompanying tools to monitor fidelity, or has core practices which can reasonably be used to develop measurable fidelity standards;
 - d. A training and supervision process exists for learning and implementing the program/practice to fidelity.

*For a program/practice to be designated as evidence-based centers must submit the accompanying form as verification that the program/practice meets the elements identified under #1 described above. In doing so, the center verifies that the program/practice is being delivered as designed, including proper use of program manuals and materials, appropriate training and supervision, and consistent fidelity monitoring.

Evidence-Based Program/Practice Verification Form

Center name: _____

Date: _____

Contact information of individual completing the form:

Name: _____

Position: _____

Email: _____

Phone: _____

Name of evidence-based program or practice: _____

1. A program manual exists for the evidence-based program/practice and the manual specifies the nature, quality, and amount of service that constitutes the program or practice?

Yes _____

No _____

2. (a) The program/practice is listed on the following nationally recognized evidence-based registry: _____

OR

- (b) If not listed on a registry, please cite the research conducted with two or more separate client samples:

3. The program/practice has clearly identifiable fidelity standards with accompanying tools to monitor fidelity?

Yes _____

No _____

4. Training and supervision processes exist for learning and implementing the program/practice to fidelity.

Yes _____

No _____

Signature

Date