

Utah Suicide Prevention Plan 2013

Goal 1: Promote public awareness that suicide is a preventable public health problem.

Objective 1.1: By August 1, 2013 publish a website to provide resources for suicide prevention, and support for individuals, families and communities impacted by suicide

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| Lead: Jeff Marrott (DSAMH), Jenny Johnson (VIPP) | Start Date: Oct. 9, 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Feb. 28, 2013 | Completion Date: |
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Report on Progress:

Feb. 11, 2013: Type of Website needs to be determined (DSAMH, UDH, and Coalition) DSAMH will be adding a webpage to their site specific to Suicide Prevention information, updates and tools. There are barriers around having a coalition run and maintained website. DSAMH working on a one page fact sheet of what to do if you or a friend is considering suicide (will be available on website). We can consult with prevention team to see how they have UPAC's website set up.

Evaluation of Objective: Website has been established and is discoverable on popular internet search engines.

Objective 1.2: By August 31, 2013, design a flyer(s) to be distributed to 5,000 professionals and individuals in Utah which includes suicide data, prevention resources and crisis line numbers.

Activity 1: Support the promotion of SPRC, USARA, NAMI print media available.

Activity 2: Disseminate information about the National Suicide Prevention Lifeline and other local or regional crisis lines.

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| Lead: NAMI, DSAMH, & VIPP | Start Date: Oct. 9, 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: Ongoing |
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Report on progress:

Feb. 11, 2013: Fact sheets concerning Suicide demographics have been developed by UDOH. Booths at various conferences will be manned by DSAMH in conjunction with various community partners to distribute population specific information for suicide prevention. Development of print media campaign will follow completion of the Suicide Prevention Universal Tools, campaign may target use of tools for medical, mental health, first responders etc... Lifeline info is posted on DSAMH, and UDOH. Info on life line will be disseminated at fall conference, and will be at up upcoming generations, and troubled youth conferences in a booth.

Sept. 10, 2012: World Suicide Prevention Week: Joint press release between DHS and DOH focused on accessing the crisis line and emphasizing the message that suicide is preventable

Evaluation of Goal: The flyer(s) will be approved through the executive committee of the Utah Suicide Prevention Coalition and distribution will be tracked in an Access database.

Objective 1.3: By January 2016, at least one professional in Utah will be certified as a Master Trainer in Mental Health First Aid and Question, Persuade, Refer (QPR) in order to improve training access for Utahans to help reduce stigma of and to improve general knowledge of how to engage in behavioral health services.

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| Activity 1: Collaborate with DV to integrate Suicide Prevention into trainings. | | | | |
| Lead: Barbara & Jennifer Oxborrow (partner w/ DV) | Start Date: July 9, 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: Ongoing |
| Report on progress: | | | | |
| Feb. 11, 2012: DV rep invited to coalition to work on collaborating trainings materials. QPR sessions have been included in many conferences. There will be sessions on QPR provided at Generations Conference. MHFA is being offered in various parts of the state including Northeaster Counseling Center, Southwest Behavioral Health Center, NAMI and DSAMH have teamed up to provide a training to Drug Court and SL Co Jail | | | | |
| Dec, 2012: Work to coordinate and list trainings on DSAMH website. | | | | |
| Evaluation of Goal: Utah will have at least one Master Trainer and provide a minimum of one QPR or Mental Health Train the Trainers session each year. Training evaluations will be distributed and analyzed and numbers reached will be collected and stored in an Access database. | | | | |
| Objective 1.4: From January, 2014 through December, 2016, establish initiatives which promote an understanding, among Utahans, that recovery from mental and substance use disorders are possible. | | | | |

Activity 1:

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| Lead: , NAMI, VIPP, & Ben Reaves (DSAMH) | Start Date: Aug. 2011 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress: | | | | |
| Feb. 11, 2013: Recovery Day 5k run/walks throughout the Utah each fall. Town hall meetings focused on Substance Use Prevention to include topics of Suicide Prevention in Davis Co, this is a model we can work to promote throughout Utah. "Prevention by Design" plans were due Jan. 1, 2013. These plans are community plans for the promotion of mental health and prevention of mental illness across Utah, the target of these plans is to decrease suicides across Utah. | | | | |
| Evaluation of Goal: Initiatives will be published and their outcomes evaluated. Process evaluation will also be conducted and stored in an Access database. | | | | |
| Objective 1.5: By January 2014, the coalition will establish accounts with at least three social media applications. Prevention, resource, and treatment messages will be pushed through these applications at least once a week. | | | | |
| Activity 1: Establish social media accounts through Facebook, Twitter, Tumblr, Pinterest, etc. and | | | | |
| Lead: Mary Barchett (NAMI), Katie & Jenny (VIPP), & Carol Anderson (USOE) | Start Date: | Review Date: | Target Completion Date: | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: on hold for other priorities | | | | |
| Evaluation of Objective: Social media accounts will be established for the coalition and numbers of hits, connections and friends will be tracked. | | | | |
| Goal 2: Develop broad based support through public/private partnerships dedicated to implementing and sustaining suicide prevention efforts. | | | | |
| Objective 2.1: By August 2015, establish recruitment initiatives with a broad range of organizations and programs to integrate suicide prevention | | | | |

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| into the values, culture, leadership, and work of these organizations and programs. | | | | |
| Activity 1: Work to develop a State Suicide Prevention Summit. | | | | |
| Lead: Amy (DSAMH), Teresa (VIPP) & Kim (NAMI) | Start Date: Aug 2011 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Activity 2: Work to develop an Interfaith Suicide Prevention Summit. | | | | |
| Lead: Amy (DSAMH), Teresa (VIPP) & Kim (NAMI) | Start Date: Aug 2011 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress: | | | | |
| Feb. 11, 2013: IHC will be attending Coalition meetings and participating in committees and work groups. | | | | |
| Oct. 9, 2012: Report on progress: Identifying specific groups we can collaborate with, and work to cultivate a relationship with shared values. Educate and collaborate with others to promote suicide prevention through faith-based summit and Utah Summit on Suicide Prevention. | | | | |
| Evaluation of Objective: Outcome and process evaluation will be conducted with attendees of the Prevention Summit's. | | | | |
| Objective 2.2: Between June 2013 and December 2016, the Utah Suicide Prevention Council will provide technical assistance to a minimum of five organizations who work with at-risk groups to implement suicide prevention policies and evidence-based programs that address the needs of these groups. | | | | |
| Activity 1: Work with Work Force Services, Faith based groups to promote suicide prevention trainings | | | | |
| Lead: Amy & Teresa | Start Date: Aug 2011 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress: | | | | |
| Feb. 11. 2013: Working to bring Native American Population, D.V., IHC, Local Mental Health & Substance Abuse Authorities to the table. | | | | |
| Oct. 9, 2012: Great community representation, we need to explore who we are missing from the community as representation in our workgroups and coalition. Currently efforts are being made to bring both health professional and tribal voices to the table. | | | | |
| Evaluation of Goal: | | | | |
| Objective 2.3: Between June 2013 and December 2016, the Utah Suicide Prevention Coalition will establish partnerships and offer technical assistance with a minimum of five Utah communities to implement effective programs and provide education that promote wellness and prevent suicide and related behaviors. | | | | |
| Activity 1: Conduct town hall meetings and focus groups to identify community needs. | | | | |
| Lead: Megan (VIPP), Amy (DSAMH) | Start Date: Spring 2011 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: Review progress made through Davis Co Prevention Town Hall meeting, Consider Start Date for Town Hall meetings, discuss promotion of Universal Tools (Screening (C-SSRS), Assessment (C-SSRS) and Safety Planning (Stanley/Brown)) and training to utilize them. UDOH has release fact sheets on data around Suicides in Utah. | | | | |

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| Evaluation of Goal: Technical assistance opportunities will be logged and reported. In some cases, MOU's will be implemented with partnering organizations. Copies of approved MOU's will be provided by request. | | | | |
| Activity 2: Fact Sheet on evidence based intervention and Postvention for suicide prevention and protective factors. | | | | |
| Lead: Megan (VIPP), Amy (DSAMH), Verne Larsen (UDOE) | Start Date: Spring 2011 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: UDOH has release fact sheets on data around Suicides in Utah. DSAMH working on a one page fact sheet of what to do if you or a friend are considering suicide (will be available on website) | | | | |
| Evaluation of Goal: | | | | |
| Goal 3: Improve the ability of health providers (including Behavioral Health) and first responders to better support individuals who are at risk of suicide. | | | | |
| Objective 3.1: By June 2013, Identify and promote a universal screening and assessment tool to be used and promoted throughout Utah. | | | | |
| Lead: Rick, Jenn (DSAMH) | Start Date: Aug 8, 2012 | Review Date: Nov. 13, 2012 | Target Completion Date: Dec. 31, 2012 | Completion Date: Dec. 10, 2012 |
| Report on progress: | | | | |
| Dec. 10, 2012: Recommendation to use the C-SSRS screening and assessment tools along with the Stanley/Brown Safety planning tool were formally given. | | | | |
| Nov. 13, 2012: Work has begun to review C-SSRS tools and Stanley/Brown Safety planning tool to better identify and support individuals with Suicidal Ideation. | | | | |
| Evaluation of Goal: Tools and consultant for tools has been identified. | | | | |
| Objective 3.2: Through August 2016, train a minimum of 500 health care providers (including Behavioral Health), and first responders to utilize the Universal tools (C-SSRS Screening and Assessment and the Stanley/Brown Safety Planning Tool. | | | | |
| Lead: Rick Hendy, Jennifer Oxborrow | Start Date: Aug. 8, 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Introduction of tools at Generations conference in April, 2013- work will continue to be ongoing. | Completion Date: |
| Activity 1: Promote a universal screening tool to be utilized by all behavioral health providers and first responders to better identify individuals with suicide risk. | | | | |
| Activity 2: Identify and promote a universal assessment tool to be utilized by all behavioral health providers and first responders to better identify severity of risk for individuals with suicidal risk. | | | | |
| Activity 3: Identify and promote a universal safety planning tool to be utilized by all behavioral health providers and first responders to better support individuals and families of individuals with suicide risk. | | | | |

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| Report on progress : | | | | |
| Evaluation of Goal: Trainees will complete a training and presenter evaluation of all training sessions. Evaluation compilations will be used to improve the training. | | | | |
| Feb. 11, 2013: Phone call with Melanie Puerto director of NY Suicide Prevention took place Jan. 31, 2013 to better identify barriers to presenting universal tools, and how best to promote and train on use of tools. Work is being done to lay a foundation for training through conferences, webinars and outreach to key players to support Utah wide integration of universal tools into treatment and screening processes. | | | | |
| Objective 3.3: By January 2014, develop a sample protocol to share and promote with crisis centers, emergency departments, law enforcement, mobile crisis teams, and social services to improve collaboration and client centered follow-up. | | | | |
| Lead: Jennifer Oxborrow (DSAMH), Jennifer Fischer (Army National Guard), Jodi Smith (SL MCOT Team), Ginger Phillips, Barry Rose | Start Date: | Review Date: | Target Completion Date: | Completion Date: |
| Activity 1: Promote protocols among crisis centers, emergency departments, mobile crisis teams, and social services to provide follow up phone calls for individuals with suicide risk. | | | | |
| Activity 2: Promote protocols and improve collaboration among crisis centers, emergency departments, law enforcement, mobile crisis teams, and social services to ensure timely access to care for individuals with suicide risk. | | | | |
| Activity 3: Promote continuity of care and the safety and well-being of all individuals treated for suicide risk in emergency departments, behavioral health settings and other settings. | | | | |
| Report on progress : | | | | |
| Evaluation of Goal: Written protocols will be published and shared and available for review by SAMHSA. | | | | |
| Goal 4: Develop and promote the adoption of core education and training guidelines on the prevention of suicide and related behaviors by all helping professionals, including graduate and continuing education. | | | | |
| Objective 4.1: By January 2015, coalition members will submit abstracts for at least 10 training meetings, health conferences or other conferences , designed specifically for high-risk populations, on suicide prevention, intervention and postvention. | | | | |
| Activity 1: Consider partnering with Hope Task Force to expand current Youth Suicide Prevention conference to focus on all ages and specific groups of people at risk of suicide, their families and survivor programs and information. | | | | |
| Lead: Greg Hudnall, Hope Task Force, DSAMH, UDOH | Start Date: Sept. 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: With regards to activity 1, Hope Task Force has utilized this conference to train individuals within the education system primarily. Discuss if there is interest from the Hope Task Force in expanding reach of conference, or how to move forward with suicide prevention specific material in conferences at this point. Consider having a targeted activity towards education population. | | | | |
| Nov. 12, 2012: Discuss more in Feb. 2013 | | | | |

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| Evaluation of Goal: | | | | |
| Activity 2: Schedule suicide prevention track in two or more behavioral health provider conferences yearly. Areas of focus should be on prevention, intervention and postvention. | | | | |
| Lead: Amy Buehler, DSAMH, UDOH | Start Date: Sept. 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: Suicide Track focused on use of universal tools will be included in Generations Conference in April 2013. Troubled Youth Conference held in May 2013 will have one session dedicated to suicide prevention. QPR has been offered as a break out session at multiple conferences in 2012 and will be offered at Generations. Utah Substance Use Fall Conference will also have a Suicide Prevention Track in 2013. | | | | |
| Evaluation of Goal: | | | | |
| Activity 3: Utilize conferences to train providers and first responders to recognizing signs and symptoms of suicidal ideation, use of universal C-SSRS screener & assessment, and the Stanley/Brown Safety Planning tools. | | | | |
| Lead: Amy Buehler, DSAMH, UDOH | Start Date: Sept. 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: Suicide Track focused on use of universal tools will be included in Generations Conference in April 2013. | | | | |
| Evaluation of Goal: | | | | |
| Activity 4: Work to increase opportunities for instructors of Question, Persuade & Refer (QPR), and other trainings specific to suicide prevention to be presented in professional conferences across the state targeting audiences where individuals may provide services inclusive of prevention, first responders, intervention, and postvention. | | | | |
| Lead: Amy Buehler (DSAMH), UDOH, Barbar Higgins, Kim Myers (NAMI) | Start Date: Sept. 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: Improvement frequency of instructor trainings in QPR and MHFA are being worked on by DSAMH, and instructors are working in their communities to provide trainings in both QPR and MHFA multiple times a year. | | | | |
| Evaluation of Goal: | | | | |
| Activity 5: Promotion of training for suicide prevention, intervention and postvention within health care conferences, and other conferences specific to high risk populations. | | | | |
| Lead: Amy Buehler, DSAMH, UDOH | Start Date: Sept. 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: Organized presentation for Medical Professionals working in Corrective Institutes across Utah. (Nov. 2012). QPR has been offered at a number of professional conferences this year. Power of Prevention Conference (Jan. 2013) | | | | |
| Evaluation of Goal: | | | | |

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| Objective 4.2: By January 2014, work with at least two Utah Institutions of higher education to adopt core education and training guidelines on the prevention of suicide in health and behavioral health programs across the state. | | | | |
| Activity 1: Work with University of Utah College of Social Work to include Suicide Prevention, Intervention and Postvention curriculum into education process for Masters Level Students. Specific to using Universal Tools with Suicide Prevention. | | | | |
| Lead: Jennifer Oxborrow | Start Date: Nov. 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Ongoing | Completion Date: |
| Report on progress: University of Utah College of Social Work is working to include Suicide Prevention, Intervention and Postvention information into their Curriculum for Fall 2013. | | | | |
| Evaluation of Goal: Core education and training guidelines have been implemented in two Utah Colleges, Universities or trade schools. | | | | |
| Objective 4.3: By January of 2014, identify best practices for prevention and facilitate ongoing training and education to the medical, education, aging and substance abuse prevention communities. | | | | |
| Activity 1: Promote and assist ongoing State Office of Education Training | | | | |
| Lead: Carol (USOE), Kim (NAMI), Amy (DSAMH), Lillian (USOE) | Start Date: June, 2012 | Review Date: | Target Completion Date: | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: Teachers needing recertification have been taking the 2 hr online Suicide Prevention Training created by USOE in June 2012. | | | | |
| Evaluation of Goal: | | | | |
| Activity 2: Include suicide prevention training in Medicaid certification training for nursing home facilities | | | | |
| Lead: Robert (DSAMH) | State Date: Oct. 10, 2012 | Review Date: March 2013 | Target Completion Date: Oct. 2013 | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: Robert has been working to include Suicide Prevention Curriculum in trainings across Utah for 2013. | | | | |
| Evaluation of Goal: | | | | |
| Activity 3: Promote and assist in suicide prevention training for medical community | | | | |
| Lead: Kim (NAMI), Amy (DSAMH), Jenn (DSAMH), Rick (DSAMH), IHC | Start Date: June, 2012 | Review Date: | Target Completion Date: | Completion Date: |
| Report on progress: | | | | |
| Feb. 11, 2013: Work to present Universal Prevention Tools and develop training to implement and sustain improvement. | | | | |
| Evaluation of Goal: | | | | |
| Activity 4: BYU Nurses Training- Presents information to BYU Nurses about Suicide Prevention | | | | |
| Lead: Barbara Hycee | Start Date: Ongoing | Review Date: Aug. 12, 2013 | Target Completion Date: Ongoing | Completion Date: |
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| Evaluation of Goal: | | | | |
| Goal 5: Increase access to health and behavioral health services, prevention programs and other community resources to better support individuals and families of individuals at risk of suicide. | | | | |
| Objective 5.1: By August 2014, Build an online network list of behavioral health providers and their specific skills sets, and a speakers/training bureau of professionals and their expertise. | | | | |
| Lead: Amy (DSAMH), and Barry Rose(UNI/State Lifeline/SLCo MCOT), DV Council | Start Date: | Review Date: | Target Completion Date: | Completion Date: |
| Report on progress : | | | | |
| Nov. 9, 2012: Review of goal and discussion around barriers: Difficult due to changing information and challenges to keep current. Recommendation made to work with Barry, I-carol, 201, and DV Council. | | | | |
| Evaluation of Goal: | | | | |
| Objective 5.2: Before January 2015, collaborate with at least five community networks such as local mental health authorities, Substance Abuse Coalitions, local health departments, and other prevention organizations to include suicide prevention support into their work. | | | | |
| Activity 1: Weber County identified as doing well with coordinating integrated health, mental health, substance use, prevention and other community resources, and may be used as a model for other areas. | | | | |
| Lead: DSAMH, Annie, Ben Reaves | Start Date: | Review Date: | Target Completion Date: | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: House Bill 57 will require DSAMH oversight of integration between health and mental health. | | | | |
| Evaluation of Goal: Memorandums of Understanding or contracts will be established with each coalition willing to include suicide work into their missions. | | | | |
| Goal 6: Develop policy through State Agencies, legislature, and other avenues as possible to promote mental health and prevent mental illness and eliminate suicide. | | | | |
| Objective 6.1: Increase the number of specialty mental health and substance use treatment centers that have policies, procedures, and evaluation programs designed to assess suicide risk and intervene to reduce suicidal behaviors among their patients by ten. | | | | |
| Activity 1: Review Local Mental Health Authorities Suicide Prevention policies and procedures. | | | | |
| Lead: DSAMH (monitoring teams and Doug) | Start Date: Sept. 10, 2012 | Review Date: | Target Completion Date: Jan. 2014 | Completion Date: |
| Report on progress : | | | | |
| Nov. 9, 2012: DSAMH monitoring teams have been reviewing Suicide Prevention procedures with Local Mental Health Authorities on Site Monitoring Visits beginning in Fall of 2012. | | | | |

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| Evaluation of Goal: | | | | |
| Objective 6.2: By August 2014, partner with Utah Department of Corrections, county jails and Juvenile Justice Services to implement guidelines, for at least five correctional facilities, jails and detention centers for mental health assessment and treatment of suicidal individuals who are incarcerated. | | | | |
| Activities 1: DSAMH Adult Mental Health review policies and procedures for suicide prevention in jails across Utah. | | | | |
| Lead: Sharn (Survivor Rep), Rick, Jenn, Doug (DSAMH) | Start Date: Fall 2012 | Review Date: | Target Completion Date: December 2013 | Completion Date: |
| Report on progress : | | | | |
| Nov. 9, 2012: Work to develop a small group to address these issues more fully. DSAMH adult MH team reports policies and procedures for each county jail vary. Some areas are doing really well, while others seem to have a more difficult time. Work to develop a workgroup around these issues and to introduce Universal tools for screening, assessment and safety planning for correction facilities. | | | | |
| Evaluation of Goal: Guidelines on assessment and treatment of suicidal individuals will be established in a minimum of five correctional institutions. | | | | |
| Objective 6.3: By August 2015, in conjunction with Utah's institutions of higher education, implement policies and guidelines for mental health assessment and referrals for students in at least five facilities. | | | | |
| Lead: Taryn, Amy, Jenn | Start Date: | Review Date: | Target Completion Date: Dec. 2014 | Completion Date: |
| Report on progress: | | | | |
| Evaluation of Goal: | | | | |
| Objective 6.4: By September 2013, encourage the Utah legislature to adopt legislation to require health insurance plans to cover mental health and substance abuse care on par with coverage for physical health and well being. | | | | |
| Lead: Tim Cosgrove, Kim Myers | Start Date: | Review Date: | Target Completion Date: Dec. 2015 | Completion Date: |
| Report on progress: | | | | |
| Nov. 9, 2012: NAMI (Kim) will draft a letter of support for the coalition to sign off on. | | | | |
| Evaluation of Goal: | | | | |
| Objective 6.5: By January 2014, review Medicaid expansion for ways to improve access to services for individuals who are in need of mental health services. | | | | |
| Lead: Kim Myers (NAMI) | Start Date: Nov. 9, 2012 | Review Date: Feb. 11, 2013 | Target Completion Date: Medicaid expansion in Utah is on hold. | Completion Date: |
| Report on progress : | | | | |
| Feb. 11, 2013: Research around Medicaid expansion can be done in Utah. Expansion will not take place in 2013 for Utah. Discuss Target completion date. | | | | |

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| Evaluation of Goal: A compilation of findings and recommendations will be published. | | | | |
| Objective 6.6: Work to improve rules around mental health services and education in Utah. | | | | |
| Lead: Carol Anderson (UDOE), Tim Cosgrove | Start Date: | Review Date: | Target Completion Date: | Completion Date: |
| Report on progress : | | | | |
| Evaluation of Goal: | | | | |
| Goal 7: Promote efforts to decrease the risk of suicides by reducing access to lethal means. | | | | |
| Objective 7.1: By July 2013, promote "Take Back Prescription Drug" events by developing and distributing electronic media messages to a 500 partners about events. | | | | |
| Lead: Ron Bruno (SLPD), Christie, Megan (VIPP) | Start Date: Aug. 2012 | Review Date: | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Evaluation of Goal: | | | | |
| Objective 7.2: By December 2013, promote awareness that prescription drugs can be dropped off at any local police department for disposal through 5 social media and electronic messaging campaigns. | | | | |
| Lead: Ron Bruno, Megan (VIPP) | Start Date: Aug. 2012 | Review Date: | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Evaluation of Goal: | | | | |
| Objective 7.3: By January 2014, educate the public about implementing proper safety measures of owning and storing guns through 5 media, social media and electronic messaging. | | | | |
| Lead: Ron Bruno (SLPD), Detective Hoover, Barbara Higgins (Sandy PD) | Start Date: Aug. 2012 | Review Date: | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Evaluation of Goal: | | | | |
| Objective 7.4: By September 2013, promote Safety Planning tools for the general public (including safe environment, and supervision of individuals at risk of Suicide) through an education campaign using social networking, media releases, and electronic messaging. | | | | |
| Lead: | Start Date: | Review Date: | Target Completion Date: Ongoing | Completion Date: |
| Report on progress: | | | | |
| Evaluation of Goal: | | | | |
| Objective: | | | | |

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| Lead: | Start Date: | Review Date: | Target Completion Date: Ongoing | Completion Date: |
| Report on progress : | | | | |
| Evaluation of Goal: | | | | |
| Goal 8: Improve surveillance, data, research and evaluation relevant to suicide prevention. | | | | |
| Objective 8.1: By June 2013, create a plan to improve the timeliness, usefulness, and quality of suicide-related data in the Utah Violent Death Reporting System. | | | | |
| Lead: Teresa & Anna (VIIP) | Start Date: | Review Date: | Target Completion Date: | Completion Date: |
| Activity 1: Collect vital records and medical examiner death data within three months of a suicide. | | | | |
| Activity 2: Collect police report data within six-nine months of a suicide. | | | | |
| Activity 3: Explore opportunities to import medical examiner data into UTVDRS as the web-based conversion is completed providing timely, possibly monthly, suicide counts on the website. | | | | |
| Activity 4: | | | | |
| Report on progress : | | | | |
| Feb. 11, 2013: | | | | |
| Evaluation of Goal: | | | | |
| Objective 8.2: By January 2014, increase the number of nationally representative surveys and other data collection instruments to two, that include questions on suicidal behaviors, related risk factors, and exposure to suicide. | | | | |
| Lead: Anna (VIIP), DSAMH (Susannah) | Start Date: July 2012 | Review Date: | Target Completion Date: ongoing | Completion Date: |
| Activity 1: Work to add PHQ9, ACES, K^ and other questions on the BRFSS. | | | | |
| Activity 2: Review questions/information included on the YRBS, PNA, and PROFILES surveys administered in schools, looking at community-based surveys or doing focus groups to collect specific data in communities. | | | | |
| Activity 3: | | | | |
| Report on progress : | | | | |
| Feb. 11, 2013: | | | | |
| Evaluation of Goal: | | | | |
| Objective 8.3: By October 2013, explore increasing data linkage across organizations and systems, to include hospitals, psychiatric and other medical institutions, police departments, and/or local behavioral health authorities to better capture information on suicide attempts and completions. | | | | |
| Lead: Anna and Teresa (VIIP), Rick (DSAMH), Jennifer Fischer (National | Start Date: | Review Date: | Target Completion Date: | Completion Date: |

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| Guard), Commander Neilson (Hill Air Force Base) | | | | |
| Activity 1: Using the emergency department, hospital, intimate partner violence, and child fatality data modules in UTVDRS, including state-added variables in UTVDRS to collect data from SAMHIS and perhaps data from other mental health organizations. | | | | |
| Activity 2: Explore ways to link VA data or include the data in the state-added variables module. | | | | |
| Activity 3: Support information sharing between Hill Air Force Base with State Agencies. | | | | |
| Activity 4: Support information sharing between Army National Guard with State Agencies. | | | | |
| Report on progress : | | | | |
| Evaluation of Goal: | | | | |
| Objective 8.4: By June 2013, develop and implement a suicide fatality review committee to look at the circumstances and dynamics of suicides to improve systematic approach and make recommendations. | | | | |
| Lead: Anna, Teresa (VIPP) Rick (DSAMH), Jennifer Fischer, Commander Neilson, Lisa | Start Date: | Review Date: | Target Completion Date: | Completion Date: |
| Activity 1: Link and complete analysis of retrospective data to inform purpose and goals of review, identify partners, develop and implement fatality review protocol and procedures, encourage and support internal fatality review for public behavioral health system, share information on trends, aggregate data and make recommendations. | | | | |
| Activity 2: Identify Partners | | | | |
| Activity 3: Develop and implement fatality review protocol and procedures. | | | | |
| Activity 4: Encourage and support internal fatality review for public behavioral health system | | | | |
| Activity 5: Share results | | | | |
| Activity 6: Explore options to create more suicide fatality reviews within specific demographic communities ie. Child, VA, DV, Hill Air Force Base, and Army National Guard. | | | | |
| Report on progress : | | | | |
| Feb. 11, 2013: Work has begun on retrospective review of data, some data is still needed to continue process. | | | | |
| Evaluation of Goal: | | | | |
| | | | | |
| Goal 9: Provide care and support to individuals affected by suicide deaths ad attempts to promote healing and implement community strategies to help prevent further suicides. | | | | |
| Objective 9.1: By July 2014, promote appropriate clinical care to individuals affected by a suicide attempt or bereaved by suicide, including trauma treatment and care for complicated grief. | | | | |
| Lead: Vern Larsen (USOE), Amy (DSAMH), Cathy (Hope Task Force), | Start Date: | Review Date: | Target Completion Date: ongoing | Completion Date: |

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|---|-------------|--------------|---------------------------------|------------------|
| Lisa, Anna (UDOH) | | | | |
| Activity: | | | | |
| Report on progress : | | | | |
| Evaluation of Goal: | | | | |
| Objective 9.2: By December 2014, recruit at least five suicide attempt survivors to participate in suicide prevention planning, including support services, treatment, community suicide prevention education, and the development of guidelines and protocols for suicide attempt survivor support groups. | | | | |
| Lead: Charn (family survivor rep.), Vern (UDOE), Anna (UDOH), NAMI, Robert (DSAMH), Cathy (Hope Task Force) | Start Date: | Review Date: | Target Completion Date: ongoing | Completion Date: |
| Activity: | | | | |
| Report on progress : | | | | |
| Evaluation of Goal: | | | | |
| Objective 9.3: By January 2015, adopt, disseminate, implement, and evaluate guidelines for communities to respond effectively to suicide clusters and contagion within their cultural context, and support implementation with education, training and consultation. | | | | |
| Lead: Vern (UDOE), Anna (UDOH), NAMI, Robert (DSAMH), Cathy (Hope Task Force) | Start Date: | Review Date: | Target Completion Date: ongoing | Completion Date: |
| Activity: | | | | |
| Report on progress : | | | | |
| Evaluation of Goal: | | | | |
| Objective 9.4: By December 2014, encourage health and behavioral health systems, police departments, fire departments and other entities who employ health care and behavioral health care providers, first responders, and others who intervene, with individuals at risk of suicide, to implement policies that offer care and support when an individual under their care dies by suicide. | | | | |
| Lead: Vern (UDOE), Anna (UDOH), NAMI, Robert (DSAMH), Cathy (Hope Task Force) | Start Date: | Review Date: | Target Completion Date: ongoing | Completion Date: |
| Report on progress : | | | | |
| Evaluation of Goal: | | | | |

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