

**Utah Behavioral Health Planning and Advisory Council
Meeting Minutes**

September 26, 2016, 1:00 p.m.
Multi-Agency State Office Building, Room 4051
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

COUNCIL MEMBERS PRESENT: Kim Gardner (Co-Chair), Valerie Fritz (Co-Chair), Dan Braun, Jacqueline Gomez, Ken Rosenbaum, Kevin Foote, Lori Cerar, Mary Jo McMillen, Nelson Clayton (for Karen Ford), Peggy Hostetter, Renee Chipman, Robert Snarr, Teresa Molina, and William Bryant

DSAMH STAFF: LeAnne Huff, Jeremy Christensen, Thom Dunford, Robert Snarr, Susannah Burt, Tineke VanDijk, and Geri Jardine

ALSO PRESENT: Erin Talley, Cathy Davis, Jeanine Park, Jane Lepisto, Natasha Marshall, Rodrigo Martin

REMOTE ATTENDANCE: Tara Wilder (via telephone)

EXCUSED: Carol Ruddell, Cooper Landvatter, Ron Bruno

1. Welcome, Introductions & Thank-you

Kim Gardner welcomed everyone in attendance.

2. Review, Approve and Vote on the August 29, 2016 UBHPAC Meeting Minutes

The minutes were reviewed by the Council. Valerie Fritz made a motion to approve the minutes as written. Dan Braun seconded the motion. The motion passed unanimously.

Kim Gardner reminded those present of the requirements to become a voting member of this Council. Interested individuals would need to attend two meetings and fill out an application. The submitted applications are reviewed by the Executive Committee and brought to the full committee for approval. You must be a voting member to receive the stipend. Dan mentioned that if travel is an issue, a person can use the call-in option for the two meetings.

3. Follow-up Block Grant Review/Questions on Prevention

Kim Gardner introduced Susannah Burt from DSAMH to explain why Prevention prioritized certain items on the Block Grant application, which was presented and questioned at the last meeting. Susannah informed the Council that how Prevention prioritizes is looking at risk factors (such as family involvement and academic success). While some substances were not marked as targeted substances, they will still be addressing these substances. Prevention on the Substance Abuse Block Grant only receives 20%. A question was raised why homeless youth are not a priority. Susannah reported that there are additional resources at the local level that assist in addressing and support this area. She reported that every two years DSAMH identifies priorities in substance abuse and they are currently focusing on opioids, underage drinking, and mental health. Kim stated that he sits on the committee that helps prioritize these areas.

Council raised the question of which methods are used to collect data and where it is available. Susannah reported that the Student Health and Risk Prevention (SHARP) questionnaire has been used to collect the data since 2003. She gave the Council a general overview of what kind of information and how this data is collected. Susannah stated that there is also a phone survey to collect information from parents. She reported that the information is available on the DSAMH website under Data. She encouraged Council to reach out to community coalitions to also gather data.

4. Introduction to Justice Reinvestment Initiative (JRI)

In follow-up to last month's meeting, Thom Dunford from DSAMH gave an overview of the Justice Reinvestment Initiative. Thom reported JRI is basically a revamping of the justice system. In opposition to the national trend, Utah is incarcerating more individuals, looking at build a larger prison, and have an increasing number of jails. The Legislature asked PEW to conduct a study and they discovered that around 67% of all people who are incarcerated in Utah are non-violent, have a mental illness/substance use disorder, and when individuals re-offended it was usually a minor violation. The Legislature created legislation that said anyone who is going to be justice involved, who is mandated or compelled into treatment, need to be treated by agencies that will treat criminogenic risk factors if substance use or mental health is an issue that is highly influential in their criminal behavior. Part of this legislation took the majority of the felonies that were non-violent and turned them into misdemeanors with no minimum mandatories. Most of these individuals would need treatment in a jail diversion program.

Thom reported that there is a certification process through DSAMH for agencies that works with someone in the justice system. All certified agencies will follow a set of rules. Thom reported that this certification program began in jails and prison in July of 2015 and for the treatment providers, public and private, it started in July 2016. He reported that the prison has done an excellent job in intervening on a substance use or mental illness. They have started a prison program called ASCENT which focuses on what an individual needs to do to be successful outside of prison. Council members raised concern about what happens to an individual after prison, i.e., sober living housing and continued treatment. Thom reported that recovery support is all part of the plan. Robert Snarr stated that ASCENT also has different committees and one of them is housing and transportation where this issue is being addressed.

The Council raised the question regarding treatment standards. Thom reported that Administrative Rule 523-4 is where to find the State Rule regarding these standards. Council members suggested having a sub-committee that pays specific attention to what is happening to individuals with mental health and substance use issues in the jails and prison. There was also an issue raised about becoming an evidence based program. Kim stated that he had made a note regarding this subcommittee. He also stated that NAMI recently went through State Epidemiology Outcome Workgroup process regarding evidence based programs. If interested, please get in touch with Kim to learn more about this process.

A question from the Council was raised regarding the treatment reimbursement. Thom reported that currently providers are using their funding source that their business was built on. Jeremy Christensen reported that the criminal justice system has received money from the Legislature for public providers to augment services for these individuals.

Thom will provide a handout regarding the JRI certification standards to LeAnne who will forward to the Council members for their review.

5. MOU on Planning Council as Sub-Committee of Utah Substance Use and Mental Health Advisory Council

Kim Gardner announced that the Memorandum of Agreement with the Utah Substance Use and Mental Health Advisory Council has been signed. Copies of the MOA were handed out for Council's information. Kim reported that LeAnne Huff will also send a copy via e-mail.

Kim reported that also in follow-up from last month's meeting, the letter was sent to the Division in support of the Block Grant. He stated that LeAnne had sent the letter to committee members earlier today. The Executive Committee will develop a way to address these matters and have this be an ongoing discussion for the Council.

6. Starting Annual Monitoring of the Local Mental Health and Substance Abuse Authorities

LeAnne Huff informed the Council that DSAMH is beginning their annual monitoring. They will be starting with Price. After discussion on how best to be informed on these visits, the Council asked DSAMH to give a verbal report on each visit. A finalized report will be e-mailed to Council members upon its completion.

7. Other

LeAnne Huff announced Kim Gardner and she are going to Colorado to observe their Planning Council. If you have questions please send them to LeAnne.

Valerie gave feedback on the Utah Fall Conference. She reported that she had talked with a couple of Local Authority Directors and discussed attending or sending clientele/staff to UBHPAC, especially consumers and advocates. Valerie reported that providers are concerned that programs regarding families and children will not be sustained. She suggested to them that they get the coalition together and contact Kim or her to request a time to come and discuss/educate UBHPAC on their problems and needs. She stated that UBHPAC will be able to advocate for appropriate issues. Valerie stated individuals often drop out of treatment because they do not have somewhere to put their children while they are in treatment and fear losing their children to State custody. She would like to know that the State's commitment is to keeping the federal block grant commitment to women and children. This issue will be placed on next meeting's agenda.

Lori Cerar expressed concern about how to get other people interested in Council. LeAnne stated that during the monitoring visits she will invite and encourage the Local Authorities to become more involved.

A motion to adjourn was made by Teresa Molina and seconded by Ken Rosenbaum. The meeting adjourned at 2:49 p.m.

Next Meeting: October 31, 2016 at 1:00 p.m.

Thank you for your support of the UBHPAC!

Accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.