

**Utah Behavioral Health Planning and Advisory Council
Meeting Minutes**

October 27th, 2014 1:00-3:00 pm, MASOB, room 1020,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

You may attend electronically via a computer with a Go-To-Meeting link. Directions are listed below. Please contact Leanne Huff, lhuff@utah.gov or at 801-538-4326 for assistance.

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

ATTENDEES: Lori Cerar, Christina Zidow, Ginger Phillips, Karen Ford, Kimball Gardner, Laura B Henrie, Mary Jo McMillen, Nicole Fraedrich, Richard Johnston, Ruth Wilson and Valerie Fritz

DSAMH: LeAnne Huff, Jeremy Christensen, Dave Felt, Ben Reaves, Lola Davis-Werner, Robert Snarr, Pam Bennett, Susan Hardinger and Carmen Lloyd

GUESTS: None

REMOTE ATTENDANCE: None

1. **Welcome and Introductions- Lori Cerar, UBHPAC Chairperson**
2. **Review and requested approval of September 29th Minutes- Lori Cerar, UBHPAC Chairperson**

Motion to approve: Christina Zidow
Seconded: Kimball Gardner
All were in Favor

3. Youth MOVE Utah Update – Michelle Vance

Michelle is excused.

Ginger Phillips reminded the Council of the upcoming 3rd **Annual Youth Recovery & Resiliency Art Show**. It is for ages 12-26. Submissions accepted through November 3. The show will be November 12 from 5:00-7:00 pm at the Rio Grande Depot during the month of November.

Ginger will email information to support staff which will be forwarded on to Council.

4. Medicaid Update – Karen Ford

None

5. DSAMH Announcements-brief reports

• **DSAMH Leadership—**

Jeremy Christensen said the next **Peer Support Training** will be **December 16**. Applications are due by Friday November 21. The cost to attend is \$500. There is financial assistance available through the Department of Workforce Services, Office of Vocational Rehabilitation or a person’s agency if they are employed.

We have submitted our final budge (formerly called building blocks) to the Governor’s office. The main priorities are 1) Early Intervention and 2) Utah State Hospital. Other priorities are Mental Health Block Grant, Substance Abuse Prevention-prescription drugs.

The Department of Human Services submits this to the Governor’s office.

There was a request from the Council to have access to the summary. Dave Felt accepted the assignment to talk with DSAMH management and find out if that summary can be released.

*Shortly after this meeting Dave reported; *"I checked with Doug Thomas, and while we can talk in generalities about proposals, we can't go much beyond that until it becomes a formal portion of the governor's budget"*.

Staff Updates:

- Paul Korth, the Division's Administrative Services Director accepted another position and left DSAMH on Thursday. His position has been posted and closes today.
- Rob Timmerman is the Regional Prevention Director over the 13 Local Authorities.
- Vern Larsen is the Regional Prevention Director over the Northern part of the State
- Billy Reamer is the Regional Prevention Director over the Salt Lake area.
- Allen Sain is the Regional Prevention Director of the Southern part of the State.

Ben Reaves said the goal is to transform the system together rather than silo.

Ginger Phillips volunteered to assist with the domestic violence piece.

- Cyndy Oliver resigned her position with ATR and was hired by USARA.

Four federal grants came in for children, youth and families. Systems of Care, Youth Peer Support Services and Healthy Transitions will be handled by current staff. No additional staff will be hired except for the HTI in Four Corners and Northeastern. Peer Support grant will pay for training and participation in a practicum and job support.

- CABHI has 1 position open. It will help homeless individuals age 18 and over; veterans and non-veterans. This person will develop teams and administer the grant with the local authorities.
- Sharon Cook will come onboard November 10. She comes from USOR. She will manage the Supported Employment Grant and will train across the state and build teams; Weber County and St. George area.

Jeremy Christensen said there was an extensive evaluation done of surrounding state rates for Peer Support Specialists. A proposal to the executive level committee was made to increase rates. If approved, they are hopeful that the rate will be announced then implemented in January 2015.

Jeremy encouraged everyone to go to the Division's newly updated website dsamh.utah.gov

It has a wealth of information; reports, data, statistics, area plans, monitoring, etc.

As the FY15 monitoring reports are completed they will immediately to on the website.

There is also a link to all of our spreadsheet and lists all of our grants and the ones we have applied for.

The Division staff is working on the Annual Report now. It will be completed by year's end.

The Governor's Health Summit was held. He has not called for a special session to address health care. The Governor has been given preliminary approval through CMS and it is ready to go to the Legislature. If approved, some of the Medicaid expansion will go into effect 7/1/2015 with the Healthy Utah going into effect January 2016.

Medically Frail was discussed as part of full expansion, which would include Native Americans, Alaskans, Refugees, those with major Mental Illness and Substance Use Disorders. They can go to full Medicaid expansion or an insurance exchange.

Nicole Fraedrich said that anyone concerned about how the expansion or exchange will affect them can contact a UWIPS benefits specialist at USOR (Utah State Office of Rehabilitation).

6. Council to vote in additional members to the Executive Committee

Michelle Vance and Kimball Gardner

Motion: Valerie Fritz

Seconded: Christina Zidow

All were in favor

Those on the Executive Committee are: Lori Cerar, Mary Jo McMillen, Jamie Justice, Sam Vincent, Michelle Vance and Kimball Gardner.

7. Restructure of Council Leadership

Lori Cerar announced her resignation.

We should have two co-chair positions; one from mental health and one from substance use.

Kimball Gardner has expressed interest on the mental health side.

Christina Zidow made the motion that those interested in being a co-chair should send an email to Leanne Huff along with a short bio by our next meeting (November) to vote on. Ginger Phillips seconded the motion.

Lori Cerar reported that the Executive Committee voted to go to quarterly meetings but asked for input. She would like to give input not feedback on budgeting and take a more active role. A discussion ensued on how often to hold UBHPAC meetings. Timing is especially critical during leading up to and during legislature if we are to make a difference and have influence on change.

Discussed how to best get information to the Council to see where gaps are and what to advocate for.

It was requested that Jeremy Christensen get the notes from the UBHC meeting to Leanne Huff which will be forwarded to the Executive Committee to see if getting the most important information.

Several people who are already on committees can report to the Council to avoid duplicity. Mary Jo McMillen-USA, Lori Cerar attends most of the disability weekly meetings during Legislature, Christina Zidow is on a committee as well and would report what is happening there. Ginger Phillips keeps watch on bills and attends. Now is the time to see what bills are being put together, etc. The whole Council needs to know which bills are going to affect behavioral health. We need a spokesperson from the Council. Emails would come to the Council so they know where each bill stands. A workgroup Ginger Phillips has participated on has met every two weeks during the session. Things change quickly.

8. Identify Sub Committees and membership

Currently the sub committees are:

Executive, Membership, Block Grant (priorities), budget (\$) and Advocacy (Legislature). A Data subcommittee will be added.

Block Grant and Budget committees could be combined.

Ginger Phillips and Lori Cerar will be on the Advocacy subcommittee.

We are looking for people to serve on the subcommittees. Those interested should choose the top 3 areas of interest and email them to Lori Cerar by Monday November 10th.

9. Consumer, Public and Council Member Comments

- Organization updates

NAMI Conference is Friday November 14 at the Sheridan Hotel in SLC. Register online.

For Scholarship information contact Francisca Blanc.

USH will host a 2nd Annual Veteran's Day luncheon for staff and patients who are veterans.

Mary Jo McMillen said the bill passed relating to Suboxone, opiate OD injection. See the “Prescribe to Prevent” website <http://prescribetoprevent.org/>.

Lori Cerar distributed a handout of the State Plan with important points last meeting and asked for feedback. Plan recommendations should be emailed to Lori.

10. Comments Evaluations

Stipend forms are available at each meeting and on the dsamh.utah.gov website.

Ginger Phillips asked the Council to give Lori Cerar a hand for all she has done while on the UBHPAC.

Next Meeting: Monday November 24

Thank you for your support of the UBHPAC!

To join this meeting remotely, please use the following information--

1. RSVP to lori@allieswithfamilies.org no later than Monday morning at 10:00 am
2. She will send you an invitation with a go-to-meeting link to be connected
3. If you don't have speakers on your computer, there is also a number to call that will connect you – it is included with the link.

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.