

Utah Behavioral Health
Planning and Advisory Council Meeting Minutes
October 28th, 2013 1:00-3:30 pm, MASOB, room 1020,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

UBHPAC Members in Attendance: Lori Cerar, Amanda Thompson, Eileen Maloney, Ginger Phillips, Julie Hardle, Kimball Gardner, Margo Halliday, Mary Jo McMillen, Michelle Vance, Rebecca Glathar, Ron Bruno, Valerie Fritz,

General Public in Attendance: Jan Henderson, Mike Hoglund, Dave Stoddard

DSAMH and USH Staff: LeAnne Huff, Eric Tadehara, Kim Myers, Michael Newman, Paul Korth, Robert Snarr, Susan Hardinger, Carmen Lloyd, Lola-Davis Werner

Joined by telephone: Walt Moore

1. Welcome and Introductions- Lori Cerar, UBHPAC Chairperson
2. Review and requested approval of September Minutes- Lori Cerar, UBHPAC Chairperson

Motion to approve September meeting minutes: Lori Cerar

Seconded: Ron Bruno

All were in favor

3. DSAMH Announcements-brief report

- Paul - Quarterly Budget Review

FY 13 and FY 14 budget sheets were distributed which covered the mental health block grant and the SAPT block grant. The allocations, expenses and difference were reviewed and discussed.

More information was requested on Prevention Dimensions contracts, what the contract for physician training is for and the number of Peer Specialist trainings and conferences which were held in 2012 and 2013. Paul will bring this information back to the next meeting.

There are gaps in needs and services. They need to be identified and addressed. One example is that USH has a Peer Advocate but not a Peer Specialist.

UBHPAC can influence budget spending.

- DSAMH Leadership—Legislative updates, programming updates, employment announcements

Paul Korth reported that the Governor’s Health Summit was held. Medicaid Expansion won’t happen January 1, 2014. There is a lot going on right now regarding behavioral health and the role it plays with physical health.

Mary Gully made the motion that Lori Cerar contact Jeannie Edens and Pat Fleming from Salt Lake County, and Adam Trupp from UBHC to attend the next UBHPAC meeting and present on Medicaid Expansion. Ron seconded the motion. Mary Jo stated that there are five options for Medicaid Expansion. From the information received from the upcoming presentations, the council might then get a consensus on which area they want to support as a counsel.

On November 20, noon until 2:00 pm, there will be a rally in the rotunda at the State Capitol for those in support of Medicaid Expansion from all areas of health. Those with substance use disorders cannot get Medicaid so it is critical that they receive full benefits to receive the needed treatment. Mary Jo McMillen will send information to Lori Cerar to send out to UBHPAC regarding the rally.

Jeremy Christensen was hired to fill the Program Administrator position which Rick Hendy held. He comes from Valley Mental Health and will begin November 4.

Lori Cerar said that mental health early intervention was funded 3.5 million with 1.5 one time money last year. She invited those wishing to do so, to advocate for the funding to continue.

- Certification for substance use peers – Robert Snarr

An RFP (Request for Proposal) for a contractor to certify Peer Support Specialist (for adults) for both substance abuse and mental health went on bidsync.com bid number 4L14006.

This calls for one of the PSS trainers to be a licensed therapist. Mary Jo McMillen stated that having a licensed therapist is not the peer model. She would like to amend the RFP while there is still time. The end date is November 29. The Q and A period end date is November 20.

Robert Snarr said that if the council wants to make the recommendation to amend the contract, it would go through this chair to change the requirements for the Peer Support Specialist trainer. The only way to make a change since the request has gone out is to do an amendment if the division management approves the request.

Julie Hardle stated that not many states presently combine mental health with substance use disorder peer specialists. She also said that in researching she did not find another state in the country that has the requirement which Utah is asking; one trainer being in recovery from mental health and or substance use disorders and one is a licensed therapist. They need someone from personal experience not clinical experience.

Michael Newman discussed the importance of having someone familiar with both substance use and mental health disorders. Who they hire will depend on their level of experience. He would like to form a Peer Support Sub-committee who would work on getting people here from rural areas where growth is needed. He would like to hold those meetings either before or after the UBHPAC monthly meeting.

Lori Cerar said there was a Family –Youth Summit on November 8 and 9 for training. She said that Systems of Care funding could bring those in rural areas of the state to this meeting every other month. A budget was put together to present to the Division to allow us to bring in people to this meeting who have no other funding and would otherwise be unable to attend. She also suggested that the council could go on the road a couple times a year to get more rural participation.

Rebecca Glathar has a lot of concerns around this RFP, This advisory council is to advise on issues. She feels that before the RFP went out it should have been brought before this council for their input. This would have saved a lot of time and effort of doing an amendment after the fact. Rebecca Glathar and Lori Cerar asked that this go on record that this is an example of how UBHPAC has influence in making changes.

Ron Bruno made the motion that an ad hoc committee be formed to meet with the Division leaders to request they amend the RFP, to not require one position be filled by a licensed therapist. Mary Jo McMillen seconded

the motion. All were in favor. The volunteers to be on the committee will consist of Mary Jo McMillen, Rebecca Glathar, Ginger Phillips and Julie Hardle. Whatever decision the ad hoc committee comes up with, the UBHPAC will support according to the bylaws. This ad hoc committee will report the outcome of their efforts for the change to the RFP at the next UBHPAC meeting

4. Medicaid Expansion and Affordable Care Act – How it is working in Utah – Jeannie Edens
Tabled until the next UBHPAC meeting.
5. Council Executive Committee Update

Two new applications for UBHPAC membership were received and approved; they are Kimball Gardner, NAMI and Siamak Khadjenoury.

6. Committee Assignments: Members are expected to assist in advising the Division of Substance Abuse and Mental Health in regards to the policies and use of resources in providing behavioral health services in Utah.

Standing and Ad-hoc Committees:

- a. Shall abide by the by-laws of the Council.
- b. Set priorities in conjunction with Council needs and directives
- c. Report to the Council after each committee meeting.
- d. Elect their own officers from within their membership

Purpose of committees-

- Membership: To diversify our council, to meet our mission
- Budget: Find funding sources, wise direction of priorities, answer questions-Who is getting funding from the Block Grant and is there accountability
- Advocacy & Outreach: How to put things into motion and how to expand integration to make an impact in behavioral health
- Block Grant (Ad Hoc): Need to participate as Division sets their Block Grant priorities

Why are we here-

Lori Cerar represents Allies with Families

Ron Bruno represents law enforcement in substance abuse and mental health issues-crisis system- looking at developing more help

Ginger Phillips has living experience at the USH, wants to help clients at VMH, combat stigma, empower peers to speak up

Michelle Vance wants to make it better for youth to join this meeting and feel they have something they can add

Valerie Fritz represents House of Hope women and pregnant women

Margo Halliday represents voc rehab to assist to stabilize or overcome barriers so they can become employed and become productive

Mary J McMillen represents USARA and families dealing with substance use disorders to have statewide outreach

Dave Stoddard from Valley Mental Health would like to create meaningful relationships both personal and in the community

Eilene Maloney has seen potential in making changes, advocates for people with disabilities so they know what their rights are and how to make their own decisions

Lori Cerar would like to prioritize areas which the council can work on in making a difference. Some ideas of attendees were; How to improve crisis services in the state, video conferencing for more UBHPAC

participation, obtain scholarship for iPad and use that for meeting participation remotely, how to design an agenda and participate, identify a needed change and what do we need to do to accomplish he change. Ron Bruno said we need to identify what we want to change as a council and what we need to do to accomplish the change.

Mary Jo McMillen stressed that it is critical for DSAMH leadership to attend this meeting!

Lori asked that those wishing to can send Carmen Lloyd what their priority as a UBHPAC member to accomplish. We can then come up with what our strategic plan is for the first year as an integrated council.

7. Consumer, Public and Council Member Comments

- Organization updates?

8. Comments

Ron Bruno will be a presenter at the NAMI Conference on November 15. Mental Health and Suicide Prevention are the topics this year.

Next Meeting: November 25, 1:00 pm – 3:30 pm

Thank you for your support of the UBHPAC!

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.