

**Utah Behavioral Health Planning and Advisory Council
Meeting Minutes**

November 24th, 2014 1:00-3:00 pm, MASOB, room 1020,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

You may attend electronically via a computer with a Go-To-Meeting link. Directions are listed below. Please contact Leanne Huff, lhuff@utah.gov or at 801-538-4326 for assistance.

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

ATTENDEES: Brandee Casias, Eric Roux, Ginger Phillips, Ivonne Moore, Jamie Justice, Don, King, William Bryant, Karen Ford, Kimball Gardner, Laura Henrie, Liz Lovell, Lori Cerar, Mary Jo McMillen, Richard Johnston, Sam Vincent, Teresa Molena, Valerie Fritz, and Walt Moore

DSAMH: LeAnne Huff, Robert Snarr, Pam Bennett, Sharon Cook, Carmen Lloyd and Susan Hardinger

REMOTE ATTENDANCE: None

1. Welcome and Introductions- LeAnne Huff, DSAMH

2. Review and requested approval of October Minutes- LeAnne Huff, DSAMH

Ginger Phillips had a question regarding #5 on the minutes. DSAMH staff reported on their priorities. She inquired about Utah State Hospital, which was on the list. Robert Snarr said we are looking to decrease jail time while a person is waiting for a forensic bed at USH.

**Robert agreed to get more information and report.*

Brandee Casias mentioned the last page of the minutes said next meeting on October 27. This should have said November 24.

Motion to approve the October meeting minutes: Kimball Gardner

Seconded: Jamie Justice

All were in favor

3. Youth MOVE Utah Update – Michelle Vance

Michelle was excused from today’s meeting.

4. Medicaid Update – Karen Ford

Ginger Phillips asked Karen Ford if the billable rate increase was still online for beginning January 1, 2015 for the Peer Support Specialists. Karen responded that it is.

5. DSAMH Announcements-brief reports

- DSAMH Leadership

Robert Snarr asked Sharon Cook to introduce herself. She came from USOR. She is working on the Supported Employment Program and Robert’s CABHI (*Cooperative Agreement to Benefit Homeless Individuals*) Grant. Currently this program covers Weber County and five additional counties in Southwest Utah. We plan to go statewide with this project. The program is for the severely mentally ill. Pam Bennett added that we are using the IPS Model and there are specific guidelines. The idea is that anyone who wants to work should be given the opportunity to. They would receive information so as to make educated choices. (*IPS -Individual Placement and Support- is an evidence-based practice that was developed to help promote the recovery of people who have serious mental illness through work. This model is well defined by eight practice principles and a 25-item fidelity scale.*)

IPS supported employment helps people with severe mental illness work at regular jobs of their choosing. Although variations of supported employment exist, IPS (Individual Placement and Support) refers to the evidence-based practice of supported employment.)

**More information regarding these grants (Supported Employment and CABHI) will be sent out with this month's meeting minutes.*

The Division is working on the Annual Report. It will be published before the legislative session.

The next Peer Support (Adults) training will be held in December. Lori Cerar said that the next FRF (Family Peer Support) training will be held in January 2015. This is a little different, in that individuals are hired first then trained. Walt Moore requested more information on FRF.

**Lori Cerar will send out more information regarding FRF.*

6. Advocacy Subcommittee-Ginger Phillips

Ginger provided a handout with her ideas for advocacy. She said that there are more than 1500 bills ready for the legislature. This amount is more than double than there were last year. We need to review the bills and select ones which are our priorities to advocate for. We can receive information on the bills via email. There are representatives who respond to text messages. We need to look for ways to get through to the legislators; let them get to know us. Ginger invited feedback to her Advocacy Subcommittee ideas.

Mary Jo McMillen said that there will be a new prison built and there is concern about the number of those in prison. In looking at how to reform, they are looking at a simple possession to be a class A misdemeanor rather than a felony to decrease the numbers of those with simple drug offenses in prison. Basically looking more to treatment rather prison. The prosecutors are not in favor of the lesser offense.

7. Vote on Co-chairs for UBHPAC

Those on the ballot were Kimball Gardner, Ginger Phillips, Walt Moore and Michelle Vance.

A silent vote was taken on paper. Lori Cerar tallied the votes.

The two selected with the most votes were Kimball Gardner and Ginger Phillips.

8. Develop Subcommittees: Advocacy, Block Grant, Budget, Membership, Executive, Peer.

Block Grant/Budget:

Advocacy: Advocate to the legislature and to the Division. Will meet two times each month for 1 ½ hours each time. Those wishing to participate by telephone may do so.

Executive: There are currently 6 members. However anyone interested in being on that committee is welcome.

Membership: This subcommittee is responsible to gather applications for UBHPAC membership and take to the Executive Subcommittee for approval who then brings to the Council for a vote.

Membership applications should be kept in a folder and brought to the UBHPAC meeting each month. We currently have only one person (LeAnne Huff) on this committee and need more volunteers.

Peer:

Walt Moore said that he is willing to help Michael Newman with the Peer Support Subcommittee. This has been discussed for quite some time yet nothing has materialized yet.

Mary Jo McMillen would like to have 2-3 peers with co-occurring background/experience to review Peer Support Specialist applications. Also it is important to have people who have been through the training on the panel.

Data: Jamie Justice is willing to review data in hopes of making things better. Lori Cerar stated that she wants to make sure we talk about the future and not get stuck in the past.

Sign-up sheets for the subcommittees were passed around the room. Those in attendance were asked to sign up for the committees they would like to be on. They can be on more than one committee.

The subcommittees should meet one time to set goals then decide from there when to meet and for how long.

There was a discussion on how often to have the UBHPAC meetings. It was decided to have longer meetings but have them quarterly.

Lori Cerar made the motion to meet every other month beginning March then use the off months for subcommittee meetings. Teresa Molena seconded, Walt Moore third and all were in favor.

9. Comments Evaluations

Ginger Phillips: Saturdays from 7 am-10:45 am there will be a breakfast for homeless youth. It is at the Utah Pride Center and in collaboration with LGBT, Youth Move, VOA, Transgender, Methodist Church, Attorney General, Salt Lake County, and Sacred Light of Christ.

Ginger is in charge of volunteers. Donations are being accepted. Ginger is the contact for that as well.

Utah Pride Center is looking at having this year round and not just the winter. They are seeking donations to help with that project.

Youth Move gave a donation of new Columbia brand warm clothing, ski jackets & pants for homeless youth.

There is currently a homeless shelter for youth in Ogden.

VOA is raising money for a shelter for homeless youth. The ground breaking will be in March 2015.

The Christmas Forgotten Patient Program is looking for donations for patients. This can be done as an individual or group. Contact Shauna Peterson at USH for more information.

**LeAnne Huff will forward information to UBHPAC.*

Mary Jo McMillen: December 3 is the “Day of Action” which is sponsored by young people in recovery. Legislation passed for Recovery Support Services Comprehensive Addiction Recovery Act (CARA) 2014. USARA will be having information on their newsletter and *facebook* page.

This will designate 20-40 million dollars for treatment and recovery services. The funding will be across the United States. On December 3 contact Senator Orin Hatch and Mike Lee; Bill #2839 to advocate for this.

**Mary Jo will send the flyer to LeAnne Huff to distribute.*

“Fit to Recover” is a nonprofit place to exercise for anyone in any type of recovery. It is located at 1390 S 800 W Salt Lake City. The membership fee is \$30 a month. They hold a free boot camp on Saturdays. Day care is provided. Go to www.fit2recover.com

Kimball Gardner wanted to thank all who supported the recent Annual NAMI Conference. Comments were made that this was a great conference.

**Valerie Fritz sits on the licensing committee for changes for those running recovery homes. This is expected to begin in December. Valerie will get the information to LeAnne Huff to distribute to UBHPAC.*

Next Meeting: January 26, 2015

Thank you for your support of the UBHPAC!

To join this meeting remotely, please use the following information--

1. RSVP to lhuff@utah.gov no later than Monday morning at 10:00 am
2. She will send you an invitation with a go-to-meeting link to be connected
3. If you don't have speakers on your computer, there is also a number to call that will connect you – it is included with the link.

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special

accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov
– Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.