

**Utah Behavioral Health Planning and Advisory Council
Meeting Minutes**

March 28, 2016, 1:00-3:00 pm, MASOB, room 4051,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

ATTENDEES: Ken Rosenbaum, Lori Cerar, Peggy Hostetter, Eric Roux, William Bryant, Kevin Foote, Renee Chipman, Valerie Fritz, Kimball Gardner, Ron Bruno, Annie Burnett, Lisa Nicols

DSAMH STAFF: Jeremy Christensen, Heather Lewis, Robert Snarr and Susan Hardinger

REMOTE ATTENDANCE: None

1. **Welcome, introductions & thank-you** Kimball Gardner, NAMI Utah-Chair
Kimball Gardner welcomed all in attendance.

Those asking to be excused from today’s meeting are: Christina Zidow, Dan Braun, Mary Jo McMillen and LeAnne Huff.

Kimball Gardner announced, and handed out an invitations to the **3rd Annual Re-Framing Mental Illness**, A fundraiser to Benefit NAMI Utah which will be held Thursday, April 14, 2016 from 6-9 pm at the Evergreen framing & Co Gallery 3295 S 2000 E in Salt Lake City. Tickets are \$45, \$80 for couple and \$250 for NAMI champion. Purchase tickets online at namiut.org/springfundraiser

Save the Date: June 10 – **Peer Summit** – More information to follow

Save the Date: May 23 – **Crisis counseling Conference** at the Sheraton Hotel in SLC 8-5. The focus this year will be on Children/Youth/Families- More information to follow

Mental Health in the Workplace Summit: Date TBD. NAMI with the Suicide Coalition are the sponsors. Looking for a local speaker.

2. **Review, approve and vote on the February 29, 2016 UBHPAC meeting minutes**
Motion to approve the February 29, 2016 UBHAC meeting minutes: Valerie Fritz, seconded by Heather Lewis, all were in favor.
3. **Division letter to Local Authorities to encourage participation on the Council**
Doug Thomas, Division Director is aware of the motion this council made at the last UBHPAC meeting. He is preparing a letter for the local authorities and will get a copy to this Council.

Kimball Gardner emphasized that the way the Council can make a difference is to put a motion in writing and it will be listened to and followed up on.

We continue to advocate to impact public policy.

4. Division Strategic Plan: Request from Council for budget info regarding plan 2018

Jeremy Christensen provided a handout with Mental Health Block Grant budget for fiscal year 2016 and 2017 and the SAPT Block Grant for fiscal year 2016 and 2017.

He showed the page on the Annual Report for fiscal year 15 the funding source and explained where money comes from to support each of the strategies from the pie charts. There was a chart for substance abuse and for mental health.

The Annual Report can be found on the Division's website at dsamh.utah.gov

The five strategic plan areas are:

- 1) Prevention and Early Intervention
- 2) Zero Suicides
- 3) Promote Recovery
- 4) Improved Services for Children and Adolescents
- 5) Health Care Integration

There was a discussion about the reasoning for selecting those five areas. Four of the five have to do with prevention. The block grant doesn't fund for prevention, only for treatment.

Valerie Fritz asked what the strategies are from the local authorities for providing services in each of the five targeted areas.

Lori Cerar asked the question, "Why is the allocations for children so much lower than adults".

**Jeremy Christensen will speak with Kyle Larson who is the Division's Administrative Services Director and over finances and hopefully have something to report at the next UBHPAC meeting.

5. Council's recommendation for Budget priorities for 2018

The Executive Council met two weeks ago. It is important for the Council to know more about the five areas in the Division's Strategic Plan. We want to know how they will be funded and what programs the Division are supporting. Jeremy Christensen has been asked to respond to these questions.

UBHPAC will give the Division specific things we want the Division to advocate for.

- 1) Insurance parity: Mental Health and Substance Use Treatment should be treated the same as medical needs, and costs should be similar to office visit charge.
- 2) Early Intervention and Prevention Services: Wrap around services, FRF, DCFS Level, Juvenile Court, Juvenile Mental Health, Substance Use Children and Homeless.
- 3) Transition: Get family members more training and more information on substance abuse and mental health issues.
- 4) Dangers of Opiates (Was dropped after being voted on, because there already is so much happening with this area).
- 5) Robust Services: More for recovery support services

There was a discussion on gaps of services. A goal would be to get people in treatment when ready instead of being placed on a long waiting list. Get more people to request treatment.

Peggy Hostetter made the motion to remove number 4 and support items 1, 2, 3 and 5 from the above list. Ron Bruno seconded the motion. There was a vote and all were in favor.

6. Division Reports

a. Legislative Update

Robert Snarr reported that 7 million was given for shelter for the homeless. 4 million will go to Salt Lake County and 3 million for the rest of the state. This was only a fraction of the amount asked for.

6.4 million was given for Medicaid match to the Local Mental Health Authorities.

A mini Medicaid Expansion was approved to serve three groups 1) chronically homeless (HUD) who have been on the street 1 year or who have been homeless 4 times during the year, 2) JRI going from jail, and 3) Adults at the poverty level.

The Preferred Drug List bill was attached to Medicaid Expansion.

There was a great turnout for the march on Capitol Hill in support of Medicaid Expansion, about 1,000 individuals.

Peggy Hostetter asked the Council to get involved with the homeless situation by attending the Collective Impact Committee Meetings under the direction of the Salt Lake County Mayor Ben McAdams. Meetings are held the first Wednesday of each month at 8:30 am in the County complex.

**Kim Gardner will forward information regarding this meeting to the Council.

Jeremy Christensen added to the Division report.

HB 259 Defines the outpatient substance use facility. The Division of finance will monitor and license the facilities and DSAMH will define the rule and minimum requirements.

HB 308 passed for the needle exchange program.

HB 342 USAAV has a name change to USUMHAC (Utah Substance Use and Mental Health Advisory Council). This is a council mandated by the Governor. This is its own Council and will not affect our UBHPAC which is mandated by the Mental Health Block Grant.

HB 440 Suicide Prevention and Gun Study. The Suicide Prevention Coordinator with the Division will conduct a study on violent incidents with guns and report to the Health and Human Services Committee. \$140,000 was allotted for this study. This will track suicide related to guns, back to their place of origin through the data bases that exist through the medical examiner's office. This was a bipartisan effort.

Research for early intervention was dropped.

We received a surprise when legislature was over. Part of Medicaid Expansion was cut. 1.6 million ongoing cuts will pass through to the local authorities.

b. SL County Site Visit

Due to lack of time, this was tabled

c. Other

7. Mental Health Liaison Group March 15 letter re Mental Health Reform Act

Tabled due to lack of time

8. Member input/open discussion

Kimball Gardner said that he feels the USUMHAC should have UBHPAC presence at it and would be good for this Council. This would be put in writing and sent to the Division.

Valerie Fritz made a motion that the chairs of this Planning Council, also attend the USUMHAC Governor's Committee meetings. Ron Bruno seconded the motion. There was a discussion and a vote taken. All were in favor.

**Peggy Hostetter was given the task to get more information on how her State of Washington accomplishes the tasks they do and come back and report to this Council.

Announcements & Other Discussion:

Ron Bruno made the motion to adjourn today's Council meeting at 3:00 pm.

Next Meeting: April 25, 2016 at 1 pm

Thank you for your support of the UBHPAC!

Accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.