

**Utah Behavioral Health
Planning and Advisory Council Meeting Minutes**

March 31, 2014 1:00-3:00 pm, MASOB
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

UBHPAC Members in Attendance: Lori Cerar, Albert Fabrizi, Dan Braun, Eric Roux, Kimball Gardner, Margo Halliday, Mary Gully, Mary Jo McMillen, Sam Vincent and Valerie Fritz

General Public in Attendance: Linn Iden, Nicole Fraednich, Kevin Foote and Renee Chipman

DSAMH and USH Staff: Doug Thomas, LeAnne Huff, Jeremy Christensen, Janida Emerson, Lola Davis-Werner, Michael Newman, Paul Korth, Robert Snarr, Ben Reaves, Susan Hardinger and Carmen Lloyd

Presenters: Margot Dana & Jenifer Lloyd

1. Welcome and Introductions- Lori Cerar, UBHPAC Chairperson
Lori read the mission statement of the UBHPAC. She stated that the purpose of the Council is to advise the Division on services which are being provide to our children, families and consumers in the mental health arena as well as in the substance use area.

Introductions were made.

2. Review and requested approval of February Minutes- Lori Cerar, UBHPAC Chairperson
A motion to approve the February meeting minutes was made by Valerie Fritz, Eric Roux seconded the motion and all were in favor.

3. DSAMH Announcements-brief reports

- DSAMH Leadership—Programming updates, employment announcements
Jeremy Christensen reported receiving a Supported Employment Grant. It is an IPS Model.

Robert Snarr reported that a Homelessness Grant to provide treatment and recovery for those adults 18 and over with mental illness, co-occurring (mental illness and substance use disorders) and those with substance use disorders was awarded to three counties; Salt Lake, Davis and Weber for the first year. We are looking at expanding. This is a three year grant with 1.2 million dollars awarded per year.

Lori Cerar reported that a Systems of Care federal grant was applied for by the Department of Human Service. It is to be used for children ages 0-18 and in some instances up to age 24 or 26 depending on the child/youth's need so that families can get all the needed services. The SOC is a DHS level program for all Utah state agencies who serve children.

Doug Thomas added that that the funding will be funneled through the Local Mental Health and Substance Use authorities will work with the Department of Human Services to implement the Systems of Care.

- Response from Senator Thatcher on Safe to Talk – Bullying – Doug Thomas
This bill passed to do a tip line. It says that social workers to be available at schools to be able to address bullying, suicide and other issues. There will be a group study to make recommendations on how this will be implemented. The award is for \$4,200. Barry Rose from UNI was involved in the discussions of this bill.

4. Legislative Updates: Council Members

Doug Thomas said that some Suicide Prevention legislation passed. School personnel can now ask kids about suicide thoughts, inform parents and refer them to prevention treatment. They have clarified the FERPA (federal privacy law) to allow this.

The Fire Arm Safety bill passed. The Department of Health, Department of Human Services and the Department of Public Safety will coordinate to provide a safety packet (safe storage of firearms) cable locks to the Local Authorities to distribute for those who have suicide thoughts. A voucher program will assist in getting a gun safe and information will go out to those with concealed weapon permits.

Sober Living Homes were approved with protections in place. They will be regulated by the Utah Office of Licensing who is working with DSAMH to ensure there are protections for those individuals such as treatment availability, etc and they are not exploited.

There was clarification from DOPL for Social Workers regarding interns who were short in a couple of areas of becoming licensed.

Dave Felt reported that the Overdose Prevention bill basically says that if a person is present with someone who overdoses, if they call 9-1-1 and stay with the person until EMS arrives, the caller will not receive drug/paraphernalia charges. In the past the possibility of receiving charges have caused individuals to leave someone overdosing or not calling for help which could have saved lives. This immunity to prosecution is called an affirmative defense. This bill was sponsored by Representative Carol Spackman Moss.

The Naloxone Bill allows physicians to prescribe Naloxone to be used on a third party for those family and others who care for those at risk of Opioid overdose. The first step in implementing this will be to distribute kits. First responders already use this. A study showed that over 10,000 rescues have been made using Naloxone. Information, training and education will be provided for the physicians prescribing Naloxone and those administering it.

Mary Jo McMillen said there is a need to get information out to the public about Naloxone. It is a great intervention tool that saves lives. She said Utah had 502 Opioid overdose deaths last year. Some of these could have been accidental overdose from prescribed pain medication. Word needs to get out that this is an intervention tool.

Dave Felt added that a group from DOH, USAVE, and DSAMH is working on ways to get the word out. We are talking about a Building Block for funding of kits for parolees as it generally takes 30 days after release to get in for treatment. There is still a lot to be done.

Doug Thomas reported on funding for mental health early intervention; an appropriation of 2 million on going and 1.2 million onetime funding. TANF (DWS program) funds of 128 million in federal funds to be spent for supporting families to stay together for things such as employment, and other TANF requirements.

The UCN, Utah Clubhouse Network received \$120,000 from the general fund to use for employment.

The Children's Center received a \$90,000 allocation from DSAMH

Utah County received an allocation for electronic records

1.4 million dollars went for integrated clinic enhancement (additional Case Management, etc)

Local Authorities received 2 million last year and will receive 2 million again this year one time, and 4.4 million to use for Medicaid match. A report is due in September to the Appropriations Committee so we will work with UAC (Utah Association of Counties) and Local Authorities to put a report together.

The Division met last Thursday on area plans with the local authorities. We went over the Division directives, which was basically an update to their contract. The area plans are due back to DSAMH by May 1. Then the Division leadership will be looking at those to be sure they comply. Allocation sheets are available and can be provided to this Council.

Autism for pre-schools was funded with a waiver program until 2016. A mandate is that insurance companies will to cover Autism for ages 2-9 for pharmacy and treatment benefits. Also how much they need to cover.

Mary Jo McMillen said that Medicaid Expansion is now referred to as the Governor's Healthy Utah Plan. A special session will be held to discuss this further. She will continue to advocate for it so that the 111,000 people will have access to the treatment they need to recover.

5. Council Executive Committee Update – Best Practices for State Behavioral Health Planning Councils

LeAnne Huff sent out to this group a Best Practice for Behavioral Health Planning Councils document. This was an effort of several states to learn what they have done to transform this committee from a mental health to a behavioral health policy and advisory council. Attendees are invited to look at the document and make recommendations and give feedback to help our council. Lori Cerar would like UBHPAC to find our inner power and see what we can have a positive effect on.

6. Council Priority – Unfunded and Underinsured

- Medicaid Spend down – Margot Dana (30-45 minutes)
Margot explained her PowerPoint presentation and answered questions. It will be included with the final March UBHPAC meeting minutes. A few highlights will be included in these minutes.

SSDI: For those who have a work history and have earned credits by paying into the

system. How much one receives depends on how long a person worked and how recent they worked. This is a federal program. This is considered disability insurance.

A person on SSDI is eligible for Medicare after 24 months. There is no asset test. **Medicare** is for those over 65 or disabled on SSDI.

SSI: For those who have not worked or not long enough to draw SSDI This is a needs based benefit. There is an asset test a person must meet; \$2,000 for single, \$3,000 per couple. Earned and unearned income is counted. The money comes from the general tax fund and everyone who works pays into this by taxes.

Medicaid is for low income individuals with no assets.

Spend down was explained in detail. There are Medicaid work incentives so that it makes it worth working to work.

Please see the handout for full presentation.

For more information go to workability.org or call 801-887-9530.

- Services for underinsured and unfunded - Jenifer Lloyd – Deputy Director for Association for Utah Community Health- www.AUCH.org
www.jenifer@auch.org

Jenifer's presentation provided information to find services statewide for the underinsured and unfunded. The complete presentation will appear with the approved March meeting minutes. The highlights of the presentation are:

- 39 clinics statewide including 6 new ones
- Offer medical, dental, prescription and behavior health services
- Works directly or through referral program
- FQHC's provide treatment to everyone
- At least half of the board of directors consists of patients of the health center

For a map of Safety Net Resources go to www.health.utah.gov/safetynet

Lori Cerar thanked both Margot and Jenifer for providing the information to the council.

7. Consumer, Public and Council Member Comments

- Youth Council Activities and updates – Michelle Vance

Lori Cerar reported in Michelle's absence.

May 4-7 is Children's Mental Health Awareness Week. There is an art contest for youth with the winning selection to appear on a backpack. There will also be a bowling night titled "*Strike Down Stigma*". More information to follow.

8. Comments

Lola Davis-Werner announced the June 12 ribbon cutting for three new buildings at the Utah State Hospital. It will begin at 11:00 am and the Lieutenant Governor will be in attendance.

There will be a program, light lunch, tours of the pediatric building, gymnasium and medical facility.

Kimball Gardner-NAMI- May is mental illness awareness month. There will be a showing of “Call Me Crazy” on May 19, 6:00 pm at the downtown Salt Lake Library.

There will also be a “Decorate Your Door” campaign with three categories; mail, facebook and education school based, starting this week. There will be nice prizes awarded.

Robert Snarr announced the upcoming Crisis Counselor Training which is May 19 in Salt Lake City at the Radisson Downtown.

Jeremy Christensen reported that there are only two site reviews left; San Juan and Southwest. Michael Newman reported that when he goes out on site reviews he pushes for more peer support involvement.

Lori Cerar asked Dave Felt to send her the area plans and they will be reviewed at the next UBHPAC meeting.

Individuals had the opportunity this month to join the UBHPAC meeting by Telehealth in an effort to have more participation statewide. It appears that the cost to do Telehealth will be a barrier. No one participated by Telehealth.

Next Meeting: Monday, April 28th

Thank you for your support of the UBHPAC!

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.