

UTAH BEHAVIORAL HEALTH PLANNING AND ADVISORY COUNCIL

Meeting Minutes

June 2, 2014 1:00-3:00 pm, MASOB, room 1020,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

UBHPAC Members in Attendance: Lori Cerar, Albert Fabrizi, Dan Braun, Kim Gardner, Margo Halliday, Mary Jo McMillen, Michelle Vance, Valerie Fritz

General Public in Attendance: Brandee Casias, Jamie Justice, Liz Lovell, Leighann Marsh, Lisa Hancock, Shawn McMillen, Sara Burton, Wendy, Ruth Wilson

DSAMH and USH Staff: Brent Kelsey, LeAnne Huff, Jeremy Christensen, Ben Reaves, Eric Tadehara, Janida Emerson, Lola Davis-Werner, Paul Korth, Robert Snarr, Susan Hardinger, Carmen Lloyd

1. Welcome and Introductions- Lori Cerar, UBHPAC Chairperson

Lori welcomed everyone and repeated the mission statement of the UBHPAC. Introductions were made.

There are applications for UBHPAC, meeting minutes and agendas on the table as you came in. The application allows you to be a voting member of this Council.

2. Review and requested approval of March Minutes- Lori Cerar, UBHPAC Chairperson

There were no corrections to the meeting minutes.

Mary Jo McMillen made the motion to accept the April 28, 2014 meeting minutes as written, Valerie Fritz seconded the motion and all were in favor.

3. DSAMH Announcements-brief reports

- DSAMH Leadership—Programming updates, employment announcements

Doug Thomas, DSAMH Director is out of state on business. Brent Kelsey, DSAMH Assistant Director provided the following information.

- The Assistant Director over mental health position was recently posted. Applications are being reviewed. Interviews are expected within the next two weeks.
- Budget Process: Getting contracts out for FY 15. We have been asked to start preparing our budget requests for building blocks for the State FY16 (7/1/2015-6/30/2016) about two months earlier than usual because of legislation that was passed at the last legislative session. This was due last Friday.

We want to work closely with stake holders and get their input.

The first priority of the Division is for **early intervention and prevention**. There is a need for this two year project to move forward. The second is loss of **Medicaid** funding. The past few years we have received those funds through Family Resource Facilitation, school based behavioral health and mobile crisis teams. That money was one time.

The USH is looking at loss funding due to how Medicaid works. They need a building block so a unit at the State Hospital won't need to close. Last year the legislature allocated 6.4 million dollars for the local authority county programs to use for Medicaid match. That was a onetime appropriation.

Medicaid continues to be the primary payer for mental health services. It pays for about 17% of substance use disorder treatment.

Prescription drug abuse: Generally Utah's abuse rate is one-fourth to one-half of what other state's drug abuse rates are. However, with prescription drug abuse, Utah is among the top tier. We are looking to working with the Health Department in developing a comprehensive, community based prescription drug abuse effort to reduce the inappropriate use and deal with Utah's overdose problem. Last year about 545 individuals overdosed; many on prescription drugs.

Drug Courts are a priority: There is a need for additional funding. We had 52 served by drug courts across the State. They included juveniles, families and felony drug courts. The model is expensive and is underfunded. We want to enhance the program so they have what they need to successful treat individuals including case management and drug testing.

Peer Support is another priority: Procurement is underway to identify Peer Support trainers. There is a need for scholarships for that training and workforce development issues. When their training is complete we want to make sure there are jobs available in the community and is successful on both the substance use disorders and mental health side.

The Affordable Care Act does away with dish payments and it looks like the USH may lose funding. There may be a request in those areas.

This list has been given to the Department of Human Services for consideration.

Brent asked for input on areas of concern to be addressed in the building block.

Lola Davis would like to see the USH 40 bed unit reopened that was closed about 4 years ago due to lack of funding. There is always a waiting list to get into the USH.

Dan Braun asked how to measure the effectiveness of prevention.

Brent reported on the school based efforts. We use SAMHSA's Strategic Prevention framework; it is data driven science based approach. There is an Evidence Based Workgroup that works to ensure we are getting the best "bang for the buck" in the prevention programs. Data is used from the SHARPS survey which is community based. This is done every two years for 6th, 8th, 10th and 12th graders with 50,000 students and is used to see which way we need to move in prevention.

Valerie Fritz Stated there are five addiction programs in the State of Utah who are doing the treatment for women and children. Because of how Medicaid is written, it is hard to cover treatment costs for children of women in addiction treatment. Those kids are at multiple risks. An FRF could be very helpful. Brent asked Valerie to summarize the issue and needs and get it to Doug and Brent quickly.

Shawn McMillen asked about Peer Support. Brent responded that that there is training for SUD and MH in the building block. It will help work with employers so jobs are available after training.

Wendy reported having difficulty with background checks for those with charges in the past.

Brent said there are issues with the system, with no easy answers.

Mary Jo mentioned doing a waiver and changing how the language is written.

Brent said we need to promote expungement or pardon and help people fill out paperwork to accomplish this.

As this process moves along Brent will bring updates back to this Council for input and discussion.

4. Youth Advisory Board Update – Michelle Vance

Approval was received to form a new “Youth Move Utah” Chapter. Their *facebook* page and website are up and running. There was a bowling tournament to raise money for the new Chapter. Previously the group was known as the Youth Advisory Board.

SAMHSA gave our four awards nationwide and one was to Michelle. She spoke at the National Council about youth going through transition. They made a video which can be viewed at samhsa.gov/children

5. Council Priority – Unfunded and Underinsured – Review

- Medicaid Expansion/Health Insurance Parity/Gaps
- Where do the uninsured and unfunded go for treatment
- Sliding fee scale eligibility & amounts
- SSDI Process
- Define Underinsured
- Define spend down
- Area Plans of local authorities

- Discussion on Medicaid Expansion

Janida Emerson said that in March, the Governor announced his plan regarding expanding Medicaid in Utah at a broad level (his plan has not been approved). There was a bill last year that said anything to do with Medicaid expansion would first have to be approved by the legislature. The Governor proposed a special session to deal with this particular issue. However, the house leadership said they are not ready to make a decision yet. They want to study the issue and did not feel it was appropriate to do that through a special session. The Governor’s plan would need approval through the Federal Health and Human Services. He has been going back to Washington DC with the Health Director to work out some details.

The Executive Committee met before this meeting to put together a *draft* letter to show the Council’s support for Medicaid Expansion and why. It needs to go to the legislature as they are the barrier at this point. Lori Cerar said she wants the Council’s input and to discuss the content to make sure it says all that needs to be said. She said the Exec Council had discussed taking out the two paragraphs which talked about the numbers of people and add it at the end as a second page as an addendum. Lori said the legislature get inundated with a lot of numbers which doesn’t make a lot of sense to them.

Kimball Gardner commented that a lot of people don’t read attachments and asked the Council to re-think adding an addendum. It would be best to have only one sheet using bullet points then on the back add charts of graphs to show what the needs are.

There was much discussion around content, format, who to send the letter to and dates.

The final outcome of the discussion was:

The document should be one sheet with information on the front and graphs or charts on the back

The numbers used in the graphs should be taken from the DSAMH Annual Report

6/12 needs to go to task force

6/18 needs to go to the regular standing committee

Can go to DSAMH leadership anytime

Should cc Governor, Department of Health and Department of Human Services

6. Consumer, Public and Council Member Comments

- Organization updates?

Lola Davis-Werner: There will be ribbon cutting ceremony at the Utah State Hospital on Thursday June 12 at 10:30 am for two new buildings. One of them was named after Mark I. Payne who worked there from age 19 until he retired. He then became the Director of the Division of Substance Abuse and Mental Health for a few years before his death. The other is the Mountain Springs Pediatric Treatment Center.

NAMI: One of our affiliates will have a booth for the first time for the Pride Parade celebration. There is a bike ride scheduled for July 19, which is a fund raising ride. Visit our website for more information. namiut.org

USARA: Pride Parade theme for this year is “Super Heroes for Recovery”. All are invited to dress up in costume or tee-shirt and participate. USARA will host a safe sober zone for kids. Visit our website for more information myusara.com

Michelle Vance: There will be a Youth Summit June 27-28. More information will be forthcoming. If anyone knows of youth who are a stable place in their recovery, with experience in substance abuse, mental health, foster care or juvenile justice and is a teenager or young adult and interested in advocacy, they are invited to participate in the “Youth Move Utah” chapter.

utahsuicideprevention.org website should be up and running this week.

7. Comments

Next Meeting: Monday, June 30th

Thank you for your support of the UBHPAC!

To join this meeting remotely, please use the following information--

1. RSVP to lori@allieswithfamilies.org no later than Monday morning at 10:00 am
2. She will send you an invitation with a go-to-meeting link to be connected
3. If you don't have speakers on your computer, there is also a number to call that will connect you – it is included with the link.

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.