

**Utah Behavioral Health
Planning and Advisory Council Meeting Minutes**

July 29th, 2013 2-330 pm, MASOB, room 1020,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

UBHPAC Members in Attendance: Lori Cerar, Carol Ruddell, Dan Braun, Mary Jo McMillen, Valerie Fritz, Christina Zidow, Eliot Sykes, Eric Roux, Mary Gully, Sam Vincent, Vanessa Tuckett and Amanda Thompson

General Public in Attendance: Roy Castelli, Jacqueline Gomez, Christi Dees, Shannon Egan, and Jen Henderson

DSAMH and USH staff: Doug Thomas, Rick Hendy, Dave Felt, Eric Tadehara, Leanne Huff, Susan Hardinger, Carmen Lloyd and Lola Davis-Werner

1. Welcome and Introductions- Lori Cerar, UBHPAC Chairperson
 - UBHPAC orientation folders are available for those who may be new or interested Applications for membership can be downloaded from dsamh.utah.gov, follow the UBHPAC link. We are always looking for more participation especially more consumer voice.
 - Read the Mission Statement – Lori Cerar
2. Introduction of LeAnne Huff – LeAnne replaced Jenn Oxborrow as the Mental Health Adult Planner and has some different areas of responsibility as well. She will assist with UBHPAC.
3. Review and requested approval of June Minutes- Lori Cerar, UBHPAC Chairperson Valerie Fritz made the motion to approve the June minutes, Carol Ruddell seconded the motion, and approval was unanimous.
4. Council Executive Committee Update
 - UBHPAC bylaw development-Eliot Sykes
The rough draft of the UBHPAC bylaws will be sent to membership. The Executive Committee is inviting feedback and comments.

Mission Statement:

“Our mission is to ensure quality behavioral healthcare in Utah by promoting the collaboration, advocacy, education and delivery of services.”

Purpose:

“The purpose of this council is to support collaboration between providers, peers, community partners/advocates and state leadership in the responsible provision of integrated services relating to the prevention and treatment of and recovery from, mental health and substance use disorders.”

Vision:

“The vision of this council is that quality integrated services relating to the prevention and treatment of and recovery from, mental and substance use disorders are available to all individuals, families and communities throughout Utah.”

After much discussion of the Mission, Purpose and Vision wording, Mary Gully made the motion to accept the bylaws as written, Sam Vincent seconded the motion and all were in favor.

- UBHPAC Executive Committee – Eliot Sykes

Two members of the Executive Committee have stepped down. For those interested in attending the next Executive Committee meeting to see if it is something they would be interested in becoming involved with, please give Eliot your contact information.

The Executive Committee meets the Friday before the monthly UBHPAC meeting. UBHPAC meets the last Monday of each month.

- UBHPAC Sub-committee signups – Eliot Sykes

The Executive Committee is looking for members to participate on two subcommittees; ADVOCACY with Mary Jo McMillen as chair and BUDGET with Dan Braun as chair. Those wishing to participate on either of these subcommittees are to contact Mary Jo or Dan.

- National Technical Assistance Updates

Eliot Sykes and other states presented on their TA process by telephone. They use Google Docs to collaborate. Eliot reported that every state has their own challenges with the process but Utah is moving forward.

A representative from Washington State will spend some time attending our next Executive Committee meeting and also the next UBHPAC meeting. They will give input on how the UBHPAC can accomplish what we would like to accomplish as a committee.

Some questions which could be asked of the representative are, “How does our purpose get converted to action?”, “What are other states doing?” How are they getting people from outlying areas to participate?” and “What have other states accomplished/outcomes?” Gaps in services and how to identify them will be discussed.

Lori Cerar reported that one successful state only meets every other month but meets for an entire day and much is accomplished that day. The Division reports in the morning. After lunch they meet in sub committees then come back with assignments for the next meeting.

There is one state who meets on Saturday to get more participation statewide.

5. DSAMH Announcements-brief reports

- Rick Hendy/Dave Felt—Block grant updates

Dave Felt – The Block Grant is now posted on the Division website, DSAMH.utah.gov, the public notice website and UBHPAC website. This will be posted for 30 days. All are welcome to look at it. The submission date will be September 2, FY 14-15. There were 8-10 new sections on this year’s application. Feedback to the Block Grant application is welcome.

Janida Emerson who was recently hired by the Division, is responsible for coordinating all the pieces of the block grant and reporting back to SAMSHA. Dave Felt along with Ben Reaves from prevention will assist with the substance abuse section of the block grant.

Doug Thomas- Area Plans will be posted online for the coming year to see what the local authorities agree to provide for services. Allocation letters will be sent and contracts signed. Block Grant dollars are tied to Area Plans.

Doug Thomas is the Acting Director of the Division of Substance Abuse and Mental Health as of next week. This is an appointed position by the DHS Executive Director.

Lana Stohl has accepted the Deputy Director position with DHS Executive Director's Office. Pamela Atkinson is heading up a national search for a replacement for Palmer DePaul, DHS Executive Director who will be retiring in mid September.

- DSAMH Leadership—Legislative updates, programming updates, employment announcements

Legislative updates- There are three groups looking at Healthcare Reform and Medicaid Expansion; Governor's group, Lieutenant Governor's, and a Legislative subcommittee. The Division is involved with all three. Not sure if change would be implemented FY14 or FY15. The PCG (Public Consulting Group) survey drives the Governor's decision. There are spreadsheets on the impact in substance abuse and mental health statewide with different expansion scenarios which Brent Kelsey and Doug Thomas have drafted.

- ❖ Doug Thomas assigned Brent Kelsey to report at the next UBHPAC on PCG report, options for expansion; pluses and minuses.

The Division has building block priorities which are presented. The Governor then decides what will be funded.

The Division areas of funding priorities are PASRR ongoing funding, suicide prevention, a medication assisted treatment, Medicaid match and outpatient match.

Currently the State Hospital can bill for children and adults over 65 years of age. There is methodology on what is billable/allowable. A building block may need to be written for this. Dave Felt reported that the Drug Court program is looking to receive one time funding.

Employment Announcements- Rick Hendy- There is an employment opportunity for a Recovery-Resiliency Coordinator at the Division. The posting closes July 30. This position replaces the Consumer Advocate Specialist position.

6. Consumer, Public and Council Member Comments

Rick Hendy reported that Doug sent out an email to the local authorities; Suicide Prevention HealthCare Workforce Survey which was to be forwarded to healthcare networks; admin, medical, clinical, support, child care, etc. This survey is to help the State assess the workforce's current knowledge and training needs around Suicide Prevention. Suicide is a leading public health issue. The Utah Suicide Prevention Coalition is conducting a three minute anonymous survey among Utah community and business leaders.

As part of the Zero Suicide Initiative of the National Action Alliance on Suicide Prevention, several states have participated in this survey. The goals of the survey are to: Identify suicide prevention training needs in Utah and identify gaps in community efforts to support individuals with suicidal thinking, feelings or behavior.

The goal is to have 5,000 Utahns take this Suicide Prevention Survey. Feel free to forward. <https://surveymonkey.com/s/Utah-SuicideSurvey>

- ❖ Carmen Lloyd was assigned to forward the above mentioned email to the UBHPAC.
- Organization updates

Carol Ruddell –

Carol is working on behalf of 6 agencies in Utah; Division of Medicaid and Health Financing Division of Substance Abuse and Mental Health, Division of Services for People with Disabilities, Utah State Office of Rehabilitation, Utah State Office of Education and Department of Workforce Services

Carol is working with the same 6 agencies in 6 other states to submit an application for the Promise Initiative to the Department of Education. It is an initiative which targets youth age 14-16 receiving SSI and their families to do interventions and treatment groups which would result in increased earnings and reduction of public benefits. This is an experimental design which requires 1,000 youth in treatment group and 1,000 youth in control group randomly assigned. Those states to participate are Arizona, Colorado, Montana, North Dakota, South Dakota and Utah. This requires support from the Governors.

32.5 million dollars will be awarded over 5 years. However, 2,000 individuals must be enrolled within two years or will not receive the award for years 3-5.

There is strong representation of urban, rural, frontier and tribal areas. Sixty-one tribes are represented in the six states. When kids are on SSI their parents are in poverty. This is basically a poverty initiative. There are firm timelines and help will be needed with recruitment of families to enroll. The application is due August 19 and the program will begin October 1.

Christine Zidow -

Let providers and consumers know that Odyssey House is working with Optum who is accepting patients who are no longer receiving services through Valley Mental Health in their mental health program. They are providing individual therapy, DDT, skilled development, trauma group, medication management and day treatment without a clubhouse atmosphere.

7. Comments

*August 3 – **Family Wellness Fair** 10:00 am–1:00 pm, Murray High School 5440 S. State Salt Lake County health, mental health and community resources providers will be available to assist families in discovering the resources available in SL County and how to access services through agencies and non-profit organizations. There will also be several break-out sessions.*

*August 10 – **Summer Social BBQ** for the whole family, for those with mental illness and their loved ones. Saturday August 10, 11 am- 2 pm Harmony Park 3700 S Main Street. Live music, prizes, form NAMI Walks team. Bring salad, chips, cookies, fruit or veggies to share. Meat and drinks will be provided. RSVP by August 1- Kevin 801-560-2632*

September 13 -Empowerment Services will host a **2013 Utah Peer Conference** at the downtown Radisson. The Division of Substance Abuse and Mental Health is the sponsor. Leah Harris will speak of her recovery story and there will be several breakout sessions. Breakfast, lunch and snacks will be served. This event is *FREE* however parking is \$3. Register at www.utahpeerconference.org

September is **National Recovery Month**. There will be several events statewide. Go to Utah www.recoveryday.com to see all events listed by county.

September 14 **SLC Recovery Day** – Free, fun activities, live music, free hot dogs, exhibit booths 9 am-3pm. **Utah 5K Run/Walk for Recovery** 8:30 am \$20 – register online for this discount.

October 19 – **NAMI WALK**, more information to come

November 8-9 – There will be a **Leadership Summit** with Systems of Care involvement. More information to come

Mary Jo McMillen announced that the USARA Gay Pride parade entry was awarded 2nd place. They plan to enter the parade again next year. It was a great experience for those involved.

Lola Davis-Werner announced that there will be a Gay Pride parade in Utah County.

Lori Cerar accepted the motion to adjourn from Christina Zidow and Eliot Sykes seconded the motion.

Meeting adjourned at 3:20 pm

Next Meeting: August 26, 2013 2:00-3:30 pm MASOB room 1020 A & B

Thank you for your support of the UBHPAC!