

**Utah Behavioral Health Planning and Advisory Council  
Meeting Minutes**

January 4, 2016, 1:00-3:00 pm, MASOB, room 4051,  
Multi-Agency State Office Building (MASOB)  
195 N 1950 W, Salt Lake City

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*“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”*

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**ATTENDEES:** Ginger Phillips, Cooper Lanchratter, Dan Braun, Ken Rosenbaum, Liz Felt, Lori Cerar, Mary Jo McMillen, Nicole Fraedrich, Peggy Hostetter, Ron Bruno, Teresa Molina, William Bryant, Jeremy Allen, Erin Sullivan and Liane Frederick

**DSAMH STAFF:** Jeremy Christensen, LeAnne Huff, Heather Lewis, Robert Snarr and Susan Hardinger

**REMOTE ATTENDANCE:**

1. Welcome, introductions & thank you- Kimball Gardner, NAMI Utah and Ginger Phillips, Certified Peer Specialist

Ginger Phillips welcomed all in attendance.

Kimball Gardner was excused as well as Jacqueline Gomez-Arias, Valerie Fritz and Christina Zidow.

2. Review, approve and vote on November 30, 2015 minutes plus announcements

The November 30, 2015 UBHPAC meeting minutes were reviewed.

Mary Jo McMillan made the motion to approve them as written, Lori Cerar seconded the motion and all were in favor.

3. **Division reports/information**

- a. **Monitoring site visits** – LeAnne Huff presented

The annual Site visits began in early October. They were at Four Corners Behavioral Health, San Juan Counseling, Central Utah Counseling Center and Wasatch County Family Counseling in Heber.

To meet the Medicaid requirements we monitor on the ten mandated services: Inpatient, Out Patient, Residential, 24 Hr Crisis Care, Psychosocial Rehabilitation, Case Management, Community Support, Consultation and Education and persons incarcerated in the county jail or other correctional facilities.

We have the adult mental health team, the children/youth team and the prevention team who go out to monitor.

In addition to the 10 mandated directives, we monitor to the State Division Directives. We look at the treatment plans, assessments and person centered care. This is all in the area plans on how each local authority will address treating their clients in all these areas.

Medicaid does not cover the substance services. That is where the Block Grant comes in.

Next month we can have reports from the substance abuse side, governance and prevention as well.

Four Corners: Strengths- New 12 bed housing in Moab which they received a grant for.  
Received a grant for providers to keep good employees.  
Integration- They have new federally qualified clinic in Green River which they just opened. They are strong in their Peer Support area as well.

San Juan Counseling Center: Finding-Charting issue mostly OQ (Outcome Questionnaire) reports, 50% of clients are required to be given and charting the results.  
Deficiency- in charts-documentation  
Excellent- In engagement with clients, has established good relationships with clients. Community collaboration with Native Americans.

Central Utah Counseling Center: No findings  
Deficiency in assessment documentation  
Recommendation- Increase Peer Support Specialist  
Received good client feedback regarding services

Wasatch County Family Clinic (in Heber): No findings  
Great community collaboration. They have hired Spanish speaking staff and are reaching out to the Latino/Hispanic community because of that growing population of them.  
They are utilizing Prevention by Design money  
They are doing training for Spanish speaking for QPR

Next month there will be a report on the mental health side on the site visit to Bear River.

When all reports are finalized, they are added to our Division website at [dsamh.utah.gov](http://dsamh.utah.gov).

We have invited all local authorities or their representative to attend this UBHPAC monthly. This can be done remotely using the Tele-medicine Network for community participation.

**b. Utah Program Monitoring Report-August 2014**

These reports are currently on the Division website at [dsamh.utah.gov](http://dsamh.utah.gov)

Jeremy Christensen reported on the **proposed Governor's budget**. There are four areas that made the budget.

- 1) JRI (Justice Reinvestment Initiative) will get an increase from the 4 million allocated last year by 1.5 million dollars. However, it would take a full 16 million dollars to do the full JRI initiative. We were counting on the Medicaid Expansion to fill in but that didn't go through. JRI hasn't fully been implemented yet.

- 2) Request from the USH (Utah State Hospital) to expand jail outreach program for restoration. Received \$400,000 last year and the Governor has put that same amount in his budget again this year.
- 3) USH also asked for \$376,000 for benefits to fill the ACA requirement to provide part time employees at the USH with benefits.
- 4) Proposed 6.4 million dollars for Medicaid match. This is one time money for the ongoing need again this year.

There was a request related to us, Human Services through DWS (Department of Workforce Services) will have TANF (Temporary Assistance for Needy Families) money for TANF eligible families for Access to Recovery. Asked for 2 million dollars for 3 years. The Governor upped that amount to 6 million dollars for ATR. (TANF does require verification of spending).

In the Governor's budget is \$100,000 ongoing for mental health early intervention TANF intervention plan. We are unsure as to what this is.

\* Lori Cerar volunteered to contact Steve Jardine of the Legislature and get the details on what this is and send that information out to UBHPAC.

Jeremy Christensen reported for Brent Kelsey on the **Substance Abuse Outpatient Provider oversight topic** which has been in the news regarding fraud allegations. There is a bill currently being drafted by Sam Peay which requires the Office of Licensing in the Department of Human Services to define the definition of outpatient treatment program which will allow them the capability of monitoring of all outpatient substance use programs.

A bill would allow the Insurance Commission to audit out of network providers which they currently cannot. This bill would enable those providers to be audited.

Another bill down the road would allow USAV and DSAMH to check for quality assurance of outpatient substance abuse providers.

Jeremy Allen and Peggy Hostetter commented on the meeting they attended where licensing of the private providers was discussed.

\*LeAnne to send out email to the ad hoc committee that was formed at the last UBHPAC meeting, on this topic to set up a meeting for the group to come up with talking points.

#### **4. Status on Ad Hoc workgroup letter re substance use treatment licensing**

#### **5. Letter to local authorities re stipend policy**

Kimball Gardner will report on the letter to local authorities regarding the stipend policy at the next UBHPAC meeting.

6. **Governor's Fiscal Year 2017 budget review** (<https://site.secure.utah.gov/gomb/wp-content/uploads/sites/7/2015/12/FY-2017-Governors-Budget-Recommendations.pdf>)

Tabled

7. **Budget priorities for 2018** (2-3 priorities to finalize by January 25 meeting)

Tabled

**8. Member input/open discussion**

We will discuss the subcommittees at the next meeting on January 25.

Signup sheets for the four subcommittees are at the back of the room and everyone is invited to sign up to be on one or more of the subcommittees.

- 1) Membership
- 2) Block Grant/Budget
- 3) Advocacy
- 4) Peer Subcommittee

The Block Grant subcommittee is the first priority to get going.

Ginger Phillips reminded the Council that a letter of support of 5 items was prepared last year for Legislature. A goal again for this year is to come up with budget priorities.

**Announcements & Other Discussion:**

Nicole Fraedrich said that beginning January 11, the waiting list will be open for Vocational Rehabilitation. Those with the most severe issues will have access to services.

Erin Sullivan, DLC said that they are in litigation with the USH regarding the competency waiting list. There is a class action suit. There can be a 6 month wait or longer while individuals are waiting in jails for competency restoration. This is a violation to their constitutional rights.

There is a crisis in the State of Utah where behavioral health care needs are not being met. Ron Bruno suggested that drafting a letter be on hold until a specific topic is ready to be addressed. Also to wait and see what comes up.

\*Mary Jo McMillen is willing to go to the UAC and UBHC meetings to see what is being discussed and proposed and bring back to the next UBHPAC meeting.

Jeremy Allen made the motion to end today's UBHPAC meeting. Nicole Fraedrich seconded the motion. All were in favor.

Next Meeting: January 25, 2016 at 1 pm

*Thank you for your support of the UBHPAC!*

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Accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit [www.dsamh.utah.gov](http://www.dsamh.utah.gov) – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.