

**Utah Behavioral Health Planning and Advisory Council Meeting
Meeting Minutes**

January 26, 2015, 1:00-3:00 pm, MASOB, room 1020,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

You may attend electronically via a computer with a Go-To-Meeting link. Directions are listed below. Please contact Leanne Huff, lhuff@utah.gov or at 801-538-4326 for assistance.

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

ATTENDEES: Christine Zidow, Ginger Phillips, Karen Ford, Kevin Foote, Kimball Gardner, Laura Henrie, Mary Jo McMillen, Nicole Fraedrich, Peggy Hostetter, Renee Chipman, Richard Johnston, Valerie Fritz, Michelle Coleman, Lana Lomax and William Bryant.

DSAMH: Leanne Huff, Dave Felt, Jeremy Christensen, Lola Davis-Werner, Michael Newman, Amanda Alkema and Susan Hardinger.

REMOTE ATTENDANCE: None

1. Welcome and Introductions- Kimball Gardner, NAMI and Ginger Phillips, Certified Peer Specialist Kimball Gardner welcomed Tim Whalen, guest from Salt Lake County Behavioral Health who will be presenting today on Medicaid match.

All were welcomed and introductions were made. Kimball Gardner and Ginger Phillips are the new Co-chairs of the Council. It was noted that there are a number ill today and not in attendance.

2. Review & requested approval of November 24, 2014 minutes & announcements- Kim Gardner

Motion to approve November 2014 meeting minutes: Ginger Phillips

Seconded the motion: Mary Jo McMillen

All were in favor

Kimball Gardner mentioned that Pete Early will be speaking Tuesday January 27 from 6:30-8:00 pm.

Unfortunately the event is full. NAMI presents an evening with Pete Earley, mental health advocate and Pulitzer Prize-nominated author of 'Crazy: A Father's Search Through America's Mental Health Madness'. One of America's best-known advocates for better mental health care is coming to Utah to raise awareness, provide education, create and channel energy, and promote improvements in our system of providing care and treatment for individuals living with mental illness.

Due to the large agenda, we may not be able to cover all items today.

3. DSAMH annual report & review State priorities and performance indicators-UBHPAC's role

Kimball Gardner announced that DSAMH has completed their Annual Report. The Annual Report provides great data and stories. He showed attendees how to access the report on the internet at dsamh.utah.gov

Mary Jo McMillen said that on that same website, UBHPAC has a link with more information such as who we are, what we do, etc.

LeAnne Huff said that among the handouts on the table at the back of the room are the stipend applications. Those who are not paid by any entity to attend the UBHPAC can apply for a \$25 stipend.

LeAnn also said that the UBHPAC orientation packets will be online for easy access.

Ginger Phillips said that if there is anyone who does not have access to a computer or email to get information, she will print and mail any requested documents to them.

A reminder was given that the UBHPAC meets the last Monday of every month from 1-3 pm.

4. Medicaid match update etc – Tim Whalen; Director, Salt Lake County Behavioral Health Services

In the State of Utah, counties are required to provide substance abuse and mental health treatment. The County sets the budget then we to the Salt Lake County Mayor.

The Counties have direct contracts with the Department of Health. These vary county to county.

It is hard for the counties to meet the Medicaid match.

There are 112,000 clients on Medicaid in Salt Lake County with a need to match 62 million dollars. There is a need for 1.5 million for those children on CHIP.

The State's priority on the Governor's budget is #7:

Medicaid Match Fund for Local Authorities - \$6,400,000 to sustain the current system (2.4 goes to SL County).

Support the delivery of mental health services for over 45,000 Utahans; providing continuity for what is currently offered at the local level.

This is the Counties number one priority.

For every 30 cents through Medicaid we get 70 cents federal money back. The 2.4 million dollars turns into 8 million service dollars.

Our County Mayor will draft and present a letter to the House and Senate in support of the Governor's Healthy Utah plan. It is an innovative plan that helps our citizens with physical health, behavioral health and those medically frail.

There are different views around the State to the expansion plan. Senator Davis is proposing full Medicaid expansion again this year.

A question was asked, "Would the Medicaid expansion plan include dental". Karen Ford replied that it would not.

Mary Jo McMillen asked Tim Whalen to speak about how the criminal justice initiative plays into the Healthy Utah plan. The Healthy Utah plan covers all those who are 0-135% of poverty. Tim said that those individuals coming out of jail or prison, they would have health insurance for the first time in their lives; not only for physical health but for behavioral issues as well. Currently there are long waiting lists to receive treatment; up to five or 6 months. The findings from the CCJJ (Commission on Criminal and Juvenile Justice) Initiative were, SUD services need to be funded for those individuals to succeed. SUD access needs to be part of pre-sentencing. They need to make a change in a system which has been stuck. We need to understand how the system can work together.

Representatives Dunnagan and Dean Sanpei are the leaders on these issues and they understand the issues along with incoming Speaker Greg Hughes.

5. DSAMH Announcements-brief reports

Jeremy Christensen said that those items listed on the Governor's budget are what we at the Division can support. There are several bills coming up and we can provide information about those.

6. Peer update-Michael

Certified Peer Support Specialist training (CPSS)

Held on consecutive Saturdays

February 21-March 21

8:30 am-5:00 pm

At University of Utah

Cost: \$500

Vocational Rehabilitation and Department of Workforce Services will cover the cost to attend if working with them.

Currently there is only one provider contracted to train. It is an open bid and anyone can submit an application.

The application requires that:

A person, who has applied, is eligible for or has received mental health services (current/past) and is 18 years of age or older. It also asks the following four questions.

1. Why are you applying to attend training for certification as a peer specialist? Please describe your short-term and long-term goals related to certification as a peer specialist.
2. Applicants must be in active recovery for at least one year. Please provide your experiences that aided in your recovery process.
3. Applicants must demonstrate qualities of leadership including advocacy, creation, implementation or facilitation of peer-to-peer groups or activities. Describe activities where you demonstrated those qualities.
4. Peer support specialists must be willing to share their story of recovery for the benefit of others. Please explain how you have shared your personal story to assist others.

For additional information on CPSS go to <http://hsemployee.utah.gov/dsamh/cps/requirements/>

The application goes to Michael Newman for approval and the payment goes to the U of U.

The CPSS program will have a vision statement with measurable goals. Division staff will work with Michael in drafting the statement. This will go through Division Leadership, and then be submitted to UBHPAC for approval.

Michael showed attendees the new logo on the certificate for CPSS.

Michael was asked for his contact information. He will provide his business card to those requesting it. He may be contacted with any questions.

7. Peer Stipend policy review

\$25 to attend UBHPAC if not receiving pay from any other entity to attend.

Sign the attendance form at each meeting.

Complete W-9 (one time).

A check will be mailed.

8. Medicaid Update – Karen Ford

Nothing additional to report.

9. Advocacy Subcommittee-Ginger Phillips

The Advocacy Subcommittee has met a few times since November and selected four budget recommendations they would like to support from the list of eleven prepared by the Utah Department of Human Services (FY 16 Executive Budget Recommendations).

#1 Healthy Utah Program Savings: Behavioral Health-(Savings \$6,112,000)

Will Assist Utahans under 133% of the federal poverty level to obtain health insurance ensuring coverage for both medical and behavioral health services.

#2 Medicaid Match Fund for Local Authorities - \$ 6,400,000

Support the delivery of mental health services for over 45,000 Utahans; providing continuity for what is currently offered at the local level.

#3 Restore Medicaid Funding Loss from Change in Allocation Methods (Utah State Hospital Cost Settlement) - \$1,200,000

Direct service continuity to about 53 individuals in a year currently funded with one-time revenue. With the investment, a 30-bed unit would close, reducing the total capacity at Utah State Hospital from 152 to 122.

#4 Mental Health Early Intervention - \$1,500,000

Continue services previously funded with one-time revenue, proven to have a positive impact and increased return on investment. Due to the increased efficiency and effectiveness of early intervention; in schools, via Family Resource Facilitators, and with mobile crisis units, the number of individuals benefiting increased last year to 5,761 from the previous year of 3,892.

10. Legislation review and official stance by UBHPAC: Healthy Utah, etc.

Ginger Phillips said that the Appropriations Committee will meet this Thursday, January 29 at 9:55 on Medicaid Expansion (Healthy Utah). She will give testimony in her own behalf and is willing to represent the Council at the hearing if they choose. Those wishing to give testimony must call by 1:00 pm the previous day to be added. Tim Whalen will work with Ginger on talking points that would be good in support of our needs.

Christine Zidow said there is a need to invest in treatment instead of incarceration. In Utah there are lifelong consequences for those who have a felony.

Ginger Phillips said that CIT does not currently support this. They may need additional information in order to make an informed decision.

Christine will send the contact person's name that is on the sentencing commission to Ginger.

Ginger asked the Council to look over small summaries of areas to support as a council.

Jeremy Christensen said there is currently awaiting list of 50 individuals in jails waiting for a bed on the Forensic Unit at USH. He asked if the Advocacy Subcommittee had looked to make a priority #4 Forensic Competency Restoration – Waiting List Reduction

Implement an efficient and effective short term solution to the growing wait list for forensic competency restoration. An additional 3 full time employees/equivalents for jail/community based competency restoration will assist in reducing the wait list back to between 10-20 individuals. Those employees would go out to the jails and do competency evaluations and speed up the process. Currently the time counted as serving does not count until they are in the Forensic Unit. They may spend several months waiting and that time does not count toward their time.

While that is important, the subcommittee narrowed their priorities to four others.

Kimball asked the UBHPAC if they had enough information for them to support Healthy Utah. He said that last year the UBHPAC sent a letter to the Governor in support of Healthy Utah. Would the Council want to do a similar letter on our letterhead which states that we as the Utah Behavioral Health and Advisory Council support the Governor's Healthy Utah plan.

The motion was made by Christine Zidow to draft a letter from UBHCAC in support of the Healthy Utah plan and send it to the President of the Senate and Speaker of the House. Valerie Fritz seconded the motion and all were in favor. The Executive committee will draft a letter of support by this Friday and sent it out by the following Friday.

Kimball Gardner asked the Council if they had sufficient information on the pieces of legislation to vote in support of those areas which are; Restore Medicaid for USH, Mental Health Early Intervention, Medicaid Match Fund for Local Authorities and Healthy Utah. It was discussed and decided to write one letter with those four points of support.

Ginger Phillips made the motion to be the voice of UBHPAC in support of restoring Medicaid funding loss from change in allocation methods so the USH does not lose beds. USH has already asked her to be their voice at the hearing.

Valerie Fritz made the motion to support these items as listed in a formal letter to the legislature and have verbal representation from Ginger Phillips. Christina Zidow seconded the motion. There was a discussion then a vote was taken and all were in favor.

11. Subcommittee development: Advocacy, Block Grant, Budget, Membership, Executive, Peer

Kimball Gardner said that the UBHPAC needs a more robust, stronger voice. The membership needs 51% peers.

Lists were passed around the room for attendees to sign up for a subcommittee. LeAnne Huff asked for members to assist her on the membership committee. William Bryant said he would sign up for that committee (William's membership application was approved by the Executive Committee and will be brought to the Council next month for a vote).

12. Comments and misc. discussion (Room set up; enhanced technology for remote attendees etc)

Valerie Fritz stated that as of December 2014, all sober living recovery houses must be licensed with the State of Utah, and to pass the word on.

Mary Jo McMillen announced:

Advocacy Day February 10 and February 23 for SUD and Mental Health. This will be at 9:00 am in the Copper Room in the Capital. Attendees will receive education on what is happening with the legislature and information on how to talk to legislators. This was formerly called Chill on the Hill with NAMI. USARA is joining in this effort.

March 6 Rally For Recovery NAMI and USARA will be involved with supporting Healthy Utah and Criminal Justice Reform. We invite everyone across the state to attend.

February 10 noon on the South steps of the Capital – Rally for **Criminal Justice Reform**

Both of these initiatives have come from the Governor's office. We need to show our legislators our support for both of them.

Several handouts were distributed at today's UBHPAC meeting including:

- 2015 Human Services Committees list
 - 2015 General Sessions of the Utah Legislature Substance Abuse, Behavioral Health, and Related Legislation
 - UBHC UAC Priorities
 - Department of Human Services FY16 Executive Budget Recommendations
 - Stipend Policy Forms
 - Meeting Agenda
 - November 2014 Preliminary Meeting Minutes
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Next Meeting: February 23, 2015 at 1 pm

Thank you for your support of the UBHPAC!

To join this meeting remotely, please use the following information--

1. RSVP to lhuff@utah.gov no later than Monday morning at 10:00 am
2. She will send you an invitation with a go-to-meeting link to be connected
3. If you don't have speakers on your computer, there is also a number to call that will connect you – it is included with the link.

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.