

Utah Behavioral Health
Planning and Advisory Council Meeting Minutes
January 27, 2014 1:00-3:00 pm, MASOB, Room 1020 A-B,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

UBHPAC Members in Attendance: Lori Cerar, Christina Zidow, Dan Braun, Eric Roux, Julie Hardle, Kimball Gardner, Ginger Phillips, Mary Jo McMillen, Michelle Vance, Rebecca Glathar, Valerie Fritz, Walt Moore,

General Public in Attendance: Ivonne Moore, Jacqueline Gomez, Tracy Johnson, Erica Larsen, Haley Angely, Jill Sanjule, Crystel Henderson, Sage Service, Emily Waddoups, Staci Clayton, Luke Todd

DSAMH and USH Staff: Doug Thomas, Brent Kelsey, Paul Korth, LeAnne Huff, Dave Felt, Jeremy Christensen, Eric Tadehara, Janida Emerson, Lola Davis-Werner, Michael Newman, Robert Snarr, Ben Reaves, Carmen Lloyd, Susan Hardinger

Joined by telephone “Meet Me”: Eileen Maloney

1. Welcome and Introductions- Lori Cerar, UBHPAC Chairperson
2. Review and requested approval of November Minutes- Lori Cerar, UBHPAC Chairperson
Dan Braun made the motion to approve the November minutes as written,
Mary Jo McMillen seconded the motion and all were in favor.
3. DSAMH Announcements-brief reports
Paul Korth provided the requested quarterly FY 2014 funding documents for the substance abuse SAPT Block Grant and the State Mental Health Block Grant.

Michael Newman thanked those who gave input in re-writing the RFP for the Peer Specialist position. It is just about ready to post.

Jeremy Christensen said there are three hundred Peer Specialists who have been trained and they want jobs. There are agencies that send us information about their job openings. The Attorney General’s office told us we can’t release names and email addresses of attendees without first obtaining a notarized release every 90 days. The Division should not act as an employment agency. We can send out emails to the Peer Specialists and let them know where they can look for employment. Jeremy asked for suggestions in posting Peer Support Specialist positions which would be appropriate.

- Empowerment Services may be willing to post jobs
- CPS Utah has posted some jobs on *facebook*

- Workforce Services might be a possibility but would need to make it clear that the position is open only to those who are certified Peer Support Specialists
 - A USP is already posting positions for Substance Use Disorder Peers
 - Utah Association of Peer Workers is another avenue
- DSAMH Leadership—Programming updates, employment announcements

4. Council Accomplishments

Lori Cerar congratulated the council who were instrumental in getting the RFP for Peer Specialist reviewed and rewritten. She emphasized the power of this council in making change; making things better.

5. Legislative Updates: Mary Jo McMillian, USARA & Rebecca Glathar, NAMI

Rebecca Glathar presented on upcoming legislative bills. Her documents were displayed on the screen for all to see.

She said that the Social Services Appropriations Subcommittee oversees all funds used for social services in the State of Utah. The committee consists of representatives and senators who get together and say, “This is how much money we have to spend (base budget) and this is how we are going to spend it”.

SB8 Base Budget- Not seeing much increase in spending for mental health or substance use disorders. We need to continually let our legislators know there is not enough dollars to treat those needing treatment.

SB12 Age Limit for Tobacco and related products- Moves up from 19 to age 21

HB11 Overdose Reporting Amendments- see below

SB29 Controlled Substance Database Amendments-see below

HB21 Systems of Care for minors in State custody- Department of Human Services agencies would work together to coordinate both substance use disorder and mental health services for children; Division of Substance Abuse and Mental Health, Juvenile Justice Services, Division of Child and Family Services and Division of Services for People with Disabilities- Helping children stay in their homes if possible.

Michelle Vance expressed concern that this bill is only for kids in custody. She would like to see it for all kids in need. It was suggested that she contact the bill sponsor and see if she can have it extend to all kids.

HB23 Suicide Prevention-This bill clarifies which school personnel can ask or talk about suicide. Schools are concerned about FERPA (Family Educational Rights Privacy Act). This federal law specifies what schools are and are not allowed to ask students and share without parental consent. There are schools afraid to report suicide potential for fear of being sued.

This bill would allow them to identify suicide risks and get the help the student needs. Each school district is to come up with a policy by September 2014.

HB50 Involuntary Feeding/ Hydration of Inmates- Age 18-21 in Juvenile Justice Services custody

HB267 Adult Protective Services to make referrals of those vulnerable to go in and assess their need for community services. It clarifies the language of what is considered incapacity.

HB283 Non-profit entities using state funds will be subject to audit; show budget, how money is used and will require a written agreement.

There are a couple of bills which have not been released but expected:

Preferred drug list for Medicaid-(Rep Redd) Required to use least expensive meds first. There would be exemptions for mental health meds. They are considering taking off anti-depression meds. A provision would be that if current meds work well the prescriber can fill out a request to continue on (grandfathered in). This bill would focus on provider education.

Gun Safe Storage-Educate gun owners about suicide risk when guns are in the home and safe gun storage. Gun locks and gun safety packets would be handed out at gun clubs to gun owners. Vouchers for gun safes would also be available.

Early Intervention-Funding provides FRF wraparound services for youth and their families, Mobile Crisis Outreach Teams and School Based Behavioral Health. This allows identification early to receive treatment and avoid crisis later on.

Rebecca stated that if a person's insurance is not meeting parity requirements they should contact the insurance office and ask them why not. Unless a complaint is received it goes unnoticed.

Mary Jo McMillen presented on the Substance Abuse and Related Legislation (as of January 15, 2014). She sits on the Utah Substance Abuse Advisory (USAAV) Council. She said that some of the following are similar to the ones Rebecca Glathar reported on.

SB12 Age Limit for Tobacco and related products-Moves up to 21- This will save a lot of money on the back side in health care expenses from tobacco related illness.

SB29 Controlled Substance Database Amendments- Controlled Substance Database Amendments- Provides access to authorized employees of a Medicaid managed care org if they suspect the recipient is improperly obtaining a controlled substance.

HB11 Overdose Reporting Amendments-Person who reports OD of person they are using with, if cooperative and remain with subject, law enforcement will use that as a mitigating factor in determining penalty for violating Utah's Controlled Substance Act.

HB15 Driver License Suspension Amendments-Grants Driver's License Division to establish requirements to shorten a person's DL suspension or denial in certain circumstances when the driver was under age 19 at time of arrest if 1st offense and prior to May 14, 2013.

HB30 Controlled Substances Amendments-Spice and its chemicals are changed yearly

HB40 Beer Excise Tax Revenue Amendments-Tax used for prevention, treatment and law enforcement. Increases amount to spend on prevention from 3% to 10%.

HB48 Reports on Alternative Sentencing-Records required to be kept on any prisoner released to an alternative incarceration program along with status and type of release program.

HB248 Crime Victim Restitution – USAAV has on hold- don't have enough information

There are several Senate Bills and House Bill requests- in draft which we need to keep an eye on. They are on page 4 of the handout Mary Jo provided.

Brent Kelsey said that DORA (Drug Offender Reform Act) is a program which has helped 728 probationers from 8 local authorities for 10 years. There was a study by U of U which focused on its success and recidivism; however, there were limitations to the study which doesn't show the true success of the program. We are working with juvenile

criminal justice to offer technical assistance to our providers-will use evidence based practice to get best outcomes possible. The Division is committed to the goals of DORA. It is broader than recidivism, it is about the treatment that is provided.

Brent is looking forward to using SAMHSA's definition of recovery in State statute; Substance Use Disorder rather than Substance Abuse.

Valerie Fritz is looking at the bill which would set up rules to license programs not currently licensed; private vs. non-profit; "recovery residences", sober living homes.

Doug Thomas sent an email to Senator Thatcher regarding Safe to Talk-Bullying. When he receives a reply he will pass the information on.

6. Council Executive Committee Update

Two youth and two family members were accepted into the Council. Their names will be announced and will receive their certificates at the next meeting.

7. Council Priority

The first area the Council will work on improving is obtaining services for the underinsured and unfunded-We need to understand the issues before we can see how we can help.

- Medicaid Expansion/Health Insurance Parity/Gaps (Valerie Fritz & Mary Jo McMillen-We don't know what Medicaid Expansion will look like yet so don't know where the gaps or parity will be)
- Where do the uninsured and unfunded go for treatment (Jacqueline Gomez)
- Sliding fee scale eligibility & amounts (Executive Committee request)
- SSDI Process (Julie Hardle)
- Define Underinsured (Michelle Vance)
- Define Spend down (Ginger Phillips)
- Area Plans of local authorities

Doug Thomas said there are 15 area plans this year. Each one is detailed. There is a section which addresses the unfunded. Every local authority decides how they will use the dollars. However, unfunded dollars cannot go toward inpatient stays.

Eileen Maloney would like a breakdown for each area plan. This should include how much money they receive for the unfunded, how the money is spent, how many people are served, what services they are receiving and the cost to serve those individuals. Are they doing what they say will do. If there are gaps we need to be made aware so we can advocate for them.

Lori Cerar and LeAnne Huff will draft a letter for each of the local authorities and invite them to participate by telephone as the Council goes through the unfunded section of their current area plan.

Eric Rioux (Voc Rehab) will contact Jason Stevenson, Utah Health Policy Project to invite him to come present on Medicaid Spend down to this Council.

8. Consumer, Public and Council Member Comments

- Organization updates?

February 6 at 4:30 pm in the Capitol Rotunda there is an opportunity to meet and talk with legislators about people with disabilities.

February 20 From 11:00 am until noon will be the NAMI Chill in the Hill Rally for advocates to get educated on issue. Then noon until 1:00 pm there will be speakers. There are many people who are not receiving treatment so funding is critical. Mary Jo McMillen will send Lori Cereal the flyer regarding this even and she will send it out the Committee.

9. Comments

Lori Cerar thanked Rebecca Glathar and Mary Jo McMillen for all their work and providing the informational presentations today on legislation. She also said this is the time to advocate for issues that are important to you.

Doug Thomas encouraged all to contact their elected officials and let them know how they want to be represented.

There were no further comments; meeting adjourned.

Next Meeting: Monday, February 24th

Thank you for your support of the UBHPAC!

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.