

**Utah Behavioral Health Planning and Advisory Council Meeting
Meeting Minutes**

February 23rd, 2015 1:00-3:00 pm, MASOB, room 1020 C,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

ATTENDEES: Ginger Phillips, Kimball Gardner, Christine Zidow, Eric Roux, Karen Ford, Lana Lomax, Laura Henrie, Lori Cerar, Margo Halliday, Michelle Coleman, Nicole Fraedrich, Peggy Hostetter, Richard Johnston, Ruth Wilson, Sam Vincent, Valerie Fritz, William (Bill) Bryant, and Sisifo Taatiti

DSAMH: Jeremy Christensen, Dave Felt, LeAnne Huff, Lola Davis-Werner, Susan Hardinger

REMOTE ATTENDANCE: Stephen Jardine, Legislative Fiscal Analyst, joined at 1:55 pm

1. Welcome and Introductions- Ginger Phillips

2. Review and requested approval of January Minutes- Ginger Phillips

Christine Zidow made the motion to approve the January 26, 2015 UBHPAC meeting minutes, Ginger Phillips seconded the motion and all were in favor.

3. **Youth MOVE Utah** Update – Michelle Vance

Tabled-Michelle was not in attendance

4. **Medicaid** Update – Karen Ford

Karen had nothing to report. However, Ginger Phillips asked for any update on the Peer Support Specialist pay. Karen said to contact Scott Ellis for information regarding schedules and rates of pay.

5. **DSAMH Announcements**-brief reports

- **DSAMH Leadership**—

Jeremy Christensen reported that the Division has almost completed the monitoring visits of the Local Authorities. We welcome input as we look for gaps in services and see how to fill those gaps. All staff is working with local authorities and partners on area plan amendments. Teams are updating the template and Division directives of focus we would like to see such as, peer support, integration, homeless services, recovery services, housing, integration, . We would then like to get the rough draft to the UBHPAC for input on Division directives and area plans within the next couple of weeks.

The Peer Support website has been taken down due to it being built on old framework and vulnerable to cyber attacks. Also, a lot of the information was outdated. It was replaced with a page on the Division’s website with general information. We will re-launch a new Peer Support website.

(The Division website was brought up on the screen to show how to find the Peer Support page)

www.DSAMH.utah.gov Click on the Mental Health link at the top of the page and scroll down to Peer Support and click to see the information provided.

The U of U School of Social Work is currently the only provider for Peer Support Training. The next training will begin 3/21. This is a six week training held on Saturdays. However this time it will be 5 weeks due to the Easter holiday.

Michael Newman can be contacted with any Peer Support questions.

We have been in the process during the past 6-12 months working on Division strategies or goals. We are nearing a final draft of five areas and objectives. We will put this out to the UBHPAC for comments and suggestions. We appreciate all feedback.

The 2014 Annual Report has been published on the Division website. The link is on the home page under "What's new". We are working hard to integrate substance use and mental health in all we do, including the annual report. The Block Grant's MH and SUD priorities come from the annual report.

In the table of contents it lists the strategies or five areas of focus we are looking at.

- 1) Prevention and Early Intervention
- 2) Suicide Prevention
- 3) Promoting Recovery
- 4) Improving Services for Children and Adolescence
- 5) Health Systems Integration

After we receive comment and input, we will publish this on our website as well.

All monitoring reports are published on our website as we complete them. They are public and no one will ever have to GRAMA them.

Legislative Update: Preferred Drug List HB 156 is on hold. DSAMH has no position
Suicide Prevention HB 209 requires professional organizations to have 2 hours CE on suicide prevention training to renew a license. This is in meeting with no opposition. This has gone to the Senate but to the Committee yet.
Medicaid Expansion SB 164 – Access to health care- Four options have been presented with amendments-DSAMH supports the Governor
There is another suicide prevention bill which would give us \$200,000 to fund trainings across the state. There would be one time money the first year then ongoing money thereafter.
There is one other bill 132 which modifies writing grants for non-profit organizations.

Kimball Gardner said that a letter was sent to the Senate and House leadership in support of the Governor's Healthy Utah- SB 164 from UBHPAC on their letterhead. This was voted on at the last UBHPAC meeting and agreed to take a position in support of. A copy of the letter was emailed to those for whom we had email addresses for. Also a copy of the letter was passed around the room today for attendees to see.

LeAnne Huff said there is an orientation tool kit for the block grant as to what to focus on as it is reviewed. She will work on that and send it out the UBHPAC.

In the past there have been subcommittees from UBHPAC who looked at different parts of the block grant.

Last year was the first time it was a joint MH and SUD application. There was a short time in which to get it submitted so was unable to get much feedback. It was good for 3 years. This time it will be different.

Kimball Gardner has a list of those Council members interested in participating on the block grant review committees.

Jeremy Christensen thanked all those in attendance for taking the time to attend and participate. He said we value their time spent here.

6. Updates on appropriations supported by UBHPAC -Ginger Phillips

Jeremy Christensen said they are looking at Medicaid match for 6.4 million. It is currently in the Executive Appropriations Committee.

USH- Forensic- \$300,000 for community based restoration. 1.5 for early intervention then 1.3 ongoing. Made up with TANF dollars. There will be a net loss overall of \$300,000.

Drug Court reduced to \$250,000 from \$650,000.

7. Stipend Policy recommendations and discussion

UBHPAC needs to have peer attendance up to 51%. We have discussed the need to update the stipend policy which may enable more peers to attend the monthly meeting.

Currently a \$25 stipend is available to those attending the UBHPAC meetings and who are not paid to attend by any entity.

Ginger Phillips put on the screen her recommendations for changes to the policy discussion.

Stipend to attend subcommittee meetings

How much should it be

How often

Exception to above – approved by Doug Thomas, Director of DSAMH

Retroactive back to December 2014

There was much discussion on this subject. Leanne Huff stated that DSAMH leadership is asking for a letter of our recommendations. Jeremy Christensen stated that a budget has not been set. There have only been a few stipends requested so far. He also said that the stipends come from the Block Grant dollars. Ginger Phillips said that we are looking into video conferencing to get more statewide participation in the UBHPAC. There are ways to possibly connect remotely through Adobe Connect or at the U of U School of Social Work. It was suggested that we look at what other states do. LeAnne Huff mentioned what they do in Colorado but they have a large budget with which to work. We cannot pay retroactive unless an exception is received from DSAMH Director.

Sam Vincent made the motion that (1) Those attending UBHPAC meeting receive \$25 (2) Those participating in a subcommittee meeting receive \$25 (3) The meeting must last at least one hour (4) The meeting must be scheduled (5) There must be an agenda (6) Can receive stipend for up to 4 meetings per month and (7) Attendees must sign in.

Kimball Gardner added that “A change to the current DSAMH stipend policy will add above elements”. Lori Cerar seconded the motion and all were in favor.

8. Subcommittees: Advocacy, Block Grant, Budget, Membership, Executive, Peer.

Tabled due to lack of time

9. Comments Evaluations

Nicole Fraedrich handed out a document from the State Office of Rehabilitation titled Order of Selection FAQ regarding order of selection for services. They will work to meet the vocational goal in their individual plans. They look to DWS first for funding to attend the Peer Support Training.

Order of selection is basically a wait list allowed by law to serve the significantly disabled individuals first. Those who currently have a plan for employment will not be placed on a wait list. These implementations will probably be in effect immediately and go until July. When categories are re-opened they will go by application date.

In order to serve those currently receiving services they need onetime 6.3 million dollars.

Clients are selected by the severity of their disability and limitations, not how any disabilities they have. Those needing services have grown from 20,000 clients in 2007 to 30,000 today. There are many reasons for that growth; economy, lack of funding from other agencies, etc.

Voc Rehab has participated in town meetings on this subject. They have never before had a wait list nor turned any one away seeking service. The reason for bringing this to the Council’s attention and asking for the word to be spread is that they want to be transparent and let people know what is going on.

Jeremy Christensen read an email Doug Thomas, Director, DSAMH sent to the DHS for approval to send to Steve Jardine. He basically clarified that the UBHPAC's responsibility is to review, advice and evaluate expenditures from the block grant. They are not a decision making body.

-ANNOUNCEMENTS-

March 6- Rally at the Capital - Mental Health and People Impacted by Substance Use Disorders

11:00 am walk and 11:45 rally

Sponsored by USARA and NAMI

Friday March 13, 6:30-8:30, 3295 S 2000 E Salt Lake City

The Evergreen Framing Co & Gallery invites all to the **2nd Annual Re-Framing Mental Illness fundraiser to benefit NAMI Utah**

Hors d'oeures from Tin Angel Café and live music

For more information visit namiut.org/springfundraiser or call 801-869-2882

Free breakfast provided by Sacred Light of Christ Church and First United Methodist Church and **sack lunch for all homeless youth in Utah ages 12 – 22**

Where: Utah Pride Center, 255 E 400 S, Downtown Salt Lake City

When: **Every Saturday-** Doors open at 7:00 am, breakfast from **8:00 am until 10:00 am**

Sponsored by Utah Pride, TEA, and VOA

NAMI – Save The Date

July – GLMR (Gary Ludlow Memorial Ride) Bike Ride

September 12 – NAMI Walks at Liberty Park

Next Meeting: March 30, 2015

Thank you for your support of the UBHPAC!

To join this meeting remotely, please use the following information--

1. RSVP to lori@allieswithfamilies.org no later than Monday morning at 10:00 am
2. She will send you an invitation with a go-to-meeting link to be connected
3. If you don't have speakers on your computer, there is also a number to call that will connect you – it is included with the link.

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.