

Utah Behavioral Health
Planning and Advisory Council Meeting Approved Minutes
February 24th, 2014 1:00-3:00 pm, MASOB, room 1020,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

UBHPAC Members in Attendance: Lori Cerar, Christina Zidow, Dan Braun, Eric Roux, Julie Hardle, Kimball Gardner, Mary Jo McMillen, Michelle Vance, Valerie Fritz, Walt Moore, Amanda Thompson, Eileen Maloney, Margo Halliday, Haley Angely,

General Public in Attendance: Ivonne Moore, Mike Hoglund, Albert Fabrizi, Erica Larsen, Jill Sanjule, Jan Hendersen, Prisca Larsen

DSAMH and USH Staff: Doug Thomas, Paul Korth, LeAnne Huff, Dave Felt, Jeremy Christensen, Dinah Weldon, Eric Tadehara, Janida Emerson, Lola Davis-Werner, Michael Newman, Robert Snarr, Chad Carter, Carmen Lloyd, Susan Hardinger

Joined by telephone and Go-To-Meeting: Susan Mansfield (represents the Vernal area)

1. Welcome and Introductions- Lori Cerar, UBHPAC Chairperson
2. Review and requested approval of January Minutes- Lori Cerar, UBHPAC Chairperson

Kimball Gardner made the motion to approve the January meeting minutes, Dan Braun seconded the motion, all were in favor and the minutes were approved a written.

3. DSAMH Announcements-brief reports
 - DSAMH Leadership—Programming updates, employment announcements

Michael Newman gave an update on the Peer Support program. The Peer Specialist position should be released soon. It is with the Division’s contract specialist.

A community partner brought up concern with the title of Certified Peer Specialist. It will be changed to Certified Recovery Peer Specialist, a more integrated name. (This pertains to adult Peer Specialists-CPS not the FRF –Family Resource Facilitators which are for children and youth)

A statewide code of conduct/ethics for Peer Support Specialist has been drafted. Code of ethic/conduct documents were looked at nationwide. Ours was drafted based on what other states have used. It incorporates recovery based language both for substance use disorders and mental health. This is only a foundation to have something to begin with. We will email the draft to all who attend this meeting whether member or visitor, and every peer on a mailing list for review, and invite input. The initial document was drafted by Dave Felt,

Jeremy Christensen and Michael Newman at the Division. *Lori Cerar* noted that Michael is a peer in recovery so has direct insight.

Michael invited anyone interested to participate on a quarterly Peer Specialist sub-committee. They would be responsible to oversee these types of things as well as provide training for new peers on subjects such as the meaning of acronyms for a better understanding of what is going on at the UBHPAC meetings. Another goal would be to get more participation of peers.

Julie Hardle said UBHPAC already voted and approved of a Peer Support Sub-Committee.

Walt Moore expressed his desire to be on the Peer Specialist Sub-Committee.

Michelle Vance suggested a separate Peer Support meeting which is not held with this meeting. *Lori Cerar* asked that feedback be brought to UBHPAC from the Peer Support Sub-Committee.

Michelle Vance stated that we shouldn't have to make special accommodations to make consumers feel welcome at a consumer advisory group.

Amanda Thompson commented on barriers for some to attend this meeting, mainly feeling intimidated or awkward. *Lori Cerar* will discuss further with Amanda after today's meeting and address the barriers so others feel comfortable to attend this meeting.

- Response from Senator Thatcher on Safe to Talk – Bullying – Doug Thomas
Doug has not received a response from Senator Thatcher on this yet. This topic will be tabled for a later date.

3. Legislative Updates: Council Members

Mary Jo McMillen reported that The “Rally for Recovery” for mental health and substance use disorders was held last week at the State Capitol. *Ginger Phillips* and *Michelle Vance* from our council did a great job addressing those in attendance. Several legislators spoke to the crowd.

There is no final word yet as to where Medicaid Expansion stands in Utah.

HB 11 Opiate emergency reporting for overdose-call 911-possibly avoid prosecution

HB 119 Opiate emergency treatment for providers-still working on this

HB 33 Some amendments were made to the expungement bill which tightens loopholes-
Some negative information is still showing up after an expungement.

Kimball Gardner said it looks like HB 23 will pass. That is the suicide prevention/intervention reporting bill for school staff.

Dave Felt reported that HB 211 drafted by Representative Kennedy passed committee and is moving forward. This is for Licensing to develop Sober Living housing.

Lori Cerar said the Social Services Committee is finished meeting and has put together their priority list. If there is anything you are interested in finding out about that went to the Executive Appropriations Committee you can look that up in their meeting minutes.

If there is anything on the priority list that you would like to give input on, you should contact the Executive Appropriations Committee or representatives and let them hear what is important to you.

Doug Thomas said there were 3 things in the Governor's budget for us which we could speak to:

- Early intervention mental health-1.5 million dollars one time this year-it was recommended that it be funded one more year
- USH-Because of how the Department of Health looks at their Medicaid billing they have a 1.2 million dollar deficit they need funded just to keep operating the same way without closing beds
- 2 million dollars for Medicaid match to the local mental health authorities/local substance abuse authorities so they can try to keep up with caseload growth on the Medicaid side

There were other initiatives. This was done a little differently this year. The Appropriations Committee told all the other committees to act as though their budgets were flat with no new money. If they want to add building blocks each Department or Division had to decide how they would get the money.

5. Council Executive Committee Update

Lori Cerar said that today specific questions were brought up about what we need to know about the unfunded and underinsured and who could come and present on each topic at our UBHPAC meetings to provide information and answer questions. We came up with presenters through June. By July the UBHPAC should be ready to make specific recommendations or we can do further research if more is needed.

If anyone knows of someone they would like to include as a presenter who has information on these topics, they can let *Lori* know.

6. Council Priority – Unfunded and Underinsured

Medicaid Expansion, parity and gaps. We don't know what they are yet as legislature is still in session and no decision on Medicaid Expansion has been made. Attendees were encouraged to write a letter to their legislators and express their view on Medicaid Expansion. They need to hear individual stories and stories of those you represent.

Where the unfunded go for treatment? *Jenifer from OUCH* who is over the federally qualified health centers. It was suggested that *Julie Hardle* present on what is considered unfunded for substance use and mental health. *Lorie Cerar* will speak with *Julie* about this.

Sliding fee scale information and eligibility amounts for both SU and MH: *LeAnne Huff* and *Janida Emerson* will do research and present. This information is in the substance use area plans but not in the mental health area plans.

SSDI Process:

Julie Hardle clarified why she had suggested this topic. She wasn't talking about SSI or SSDI. She was speaking more in reference to Medicaid eligibility and report number 20 that is done so that a person becomes Medicaid eligible on a disability waiver. For instance, that would be like

what is the criterion for single men to meet Medicaid eligibility before applying for SSI or SSDI. Eileen Maloney will ask Ester Medina to present in April at our UBHPAC on this topic.

Define Spend Down: Jason Stevenson and possibly someone from Medicaid will present next month (March). Eric Roux to follow-up with presenters.

Mary Jo McMillen said that parity is the law. People need to be able to obtain the help needed for mental health and substance use disorders without limited benefits.

- Review of Area Plans from the local mental health authorities-

Jeremy Christensen stated that the Division does monitoring to make sure that the local authorities have implemented what they said they would with the money they receive. He presented on the section of the area plans which address unfunded adult clients and unfunded children and youth clients. He displayed graphs taken from the Division's Annual Report and explained them. Jeremy distributed handouts which were copies of Form A-Mental Health Budget Narrative from each of the local authority area plans for both adult and children. These documents will be included with the meeting minutes.

Walt Moore asked how those individuals eligible for services through the VA would know what's available to them there if they go to the local authority for help.

Doug Thomas stated that all the local authorities' screen those who come for services and one of the questions they ask is if they have they served in the military or are VA service connected. If so, they try to connect them to the Veteran's Administration.

Robert Snarr reported that we administer a grant for those who served in the military or are homeless. This past fiscal year we served 1,600 people.

7. Consumer, Public and Council Member Comments

- Youth Council Activities – Michelle Vance

The Youth Advisory Board is planning some events.

There will be a back pack design contest this year for Mental Health awareness in May. Youth up to age 26 may submit a design for consideration.

Michelle will get the flyer with the details to Lori to send out by email.

There will be a bowling tournament in May. More information will be forthcoming.

The Youth Advisory Board is developing social media websites; *facebook* page, blog, instagram, twitter and you tube.

Lori Cerar praised Michelle for doing as great job with the youth council.

- Organization updates?

8. Comments

Mary Jo McMillen suggested some type of telehealth/video conferencing to get more access/participation at the UBHPAC meetings. It is difficult to hear when on the telephone calling in to participate.

Having people walk up to the microphone to speak was suggested as well as using Skype. We will not get people from rural areas to call in if we can't make the meeting audible.

Lori Cerar said there is SOC expansion money to bring in attendees every other month to participate through June.

Doug Thomas asked what he can do to accommodate the requests to get as much participation as possible. He said he could schedule the executive conference room on the 4th floor which has video conferencing, use the DSAMH video conference room on the 2nd floor as an over flow and give up his seat if necessary to allow more attendees. *Just let Doug know what you would like him to do and he will make it happen.

We need to see what other states are doing to make their meetings successful. Lori Cerar said that Idaho has their meetings quarterly and are two-day meetings. They bring in people with stipends and they stay overnight.

Lori Cerar said she will take these suggestions to the Executive Council next month then bring back recommendations to this meeting in March.

With no further comments, the meeting was dismissed at 2:30.

Next Meeting: Monday, March 31st

Thank you for your support of the UBHPAC!

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.