

**Utah Behavioral Health Planning and Advisory Council
Meeting Minutes**

August 31, 2015, 1:00-3:00 pm, MASOB, room 4051,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

COUNCIL MEMBERS PRESENT: Ginger Phillips, Kimball Gardner, Cooper Landvatter, Jacqueline Gomez-Arias, Ken Rosenbaum, Lori Cerar, Mary Jo McMillen, Nicole Fraedrich, Peggy Hostetter, Sam Vincent, Valerie Fritz, William Bryant

DSAMH STAFF PRESENT: LeAnne Huff, Jeremy Christensen, Pete Caldwell, Heather Lewis, Susannah Burt, and Geri Jardine

OTHERS PRESENT: Robyn Emery, Nathan Peterson, Jamie Justice, Chris Smith, Marian Edmonds-Allen

REMOTE ATTENDANCE: None

1. Welcome, Introductions & Thank You:

Kim Gardner welcomed everyone to the meeting and thanked everyone for being here. He stated he is trying to start the meeting on time and end on time. He asked that everyone be sure to sign the sign-in sheet before leaving, even if attending as a guest.

2. Review, Approve and Vote on July 27, 2015 Minutes/Make Announcements:

Valerie Fritz made a motion to approve the minutes as written. It was seconded by Sam Vincent. The vote was unanimous.

Kim Gardner stated that the NAMI walk is on September 12th. Kim passed around flyers to share with agencies.

Mary Jo McMillan reported that September 12th is Recovery Day. She passed around posters for those wanting to take back to their agencies. She also stated that today is International Overdose Awareness Day. There will be a rally at the Capitol from 4:00 to 5:00 p.m. calling for an end to our nation’s epidemic of addiction and overdose deaths attributed to opioids and other prescription drugs. There were over 500 deaths in the state last year. She stated that the website UtahNaloxone.org has information on where to get a rescue kit, how to administer as a lay person, and follow-up procedures after administering the Naloxone. She also stated that myusara.org has all the Recovery Day events happening throughout the state.

Jacqueline Gomez stated that Mental Health First Aid training is being held at Latino Behavioral Services on September 11th and 18th from 12:30 to 5:00. Everyone is welcome to attend.

LeAnne Huff reported that the Transitions Academy will be held this week.

Susannah Burt stated that the Utah Fall Conference in St. George will be held on September 23-25. There are a few scholarships still floating around and so if you are interested in attending to let her know.

Nicole Fraedrich announced that Thursday is the 25th anniversary of ADA and a celebration will be held in West Jordan from 4:00 - 5:30.

NAMI is having a vigil on September 10th. Location and time will be forthcoming.

3. Vote and Welcome New Members:

Kim Gardner stated that the membership application for Cooper Landvatter from the Salt Lake City Police Department (CIT) and reappointment of Nicole Fraedrich, State Office of Rehabilitation, have been approved.

Lori Cerar made a motion to approve these two individuals as members of the Council and it was seconded by Valerie Fritz. The vote was unanimous.

4. Block Grant Application Letter:

Kim Gardner asked that the committee review the letter which was handed out as well as previously e-mailed to the Council. LeAnne Huff asked that phone number be changed to (801) 538-4326.

Kim reported that the Council entrusted that block grant review subcommittee with this task to be included with the application. He asked if there were any comments or edits. Jamie Justice stated that she was very impressed with the efforts of the subcommittee. She stated it lays great steps for the Council to be effective. Jeremy Christensen also indicated that there was a lot of work and thoughtfulness in putting this letter together.

Kim asked Jeremy to report on the next step. Jeremy indicated DSAMH will review it in leadership tomorrow and review with their teams to start meaningfully address items in the letter for the next block grant process. He stated it will help DSAMH reflect on the process for putting the block grant together. DSAMH can do better including the Council, and they will consider moving back the timeline to institute this process. He will give an update at the next meeting.

Jamie stated that she is hopeful that this process will be meaningful in being able to move forward quickly and be in line with DSAMH. She expressed concern that the Council is able to give input for this coming year's budget. Jeremy gave a brief overview of how the budget process works. Kim requested a mini training on how the DSAMH budget process works. He also stated that subcommittees are the muscle for this Council and it is important that everyone is involved, as shown by this letter. Jeremy stated that this letter will go into DSAMH's files and the Block Grant reviewers will follow-up to see DSAMH's response to these recommendations.

Sam Vincent stated that he is optimistic about moving forward. He thinks it is a cycle that will help the Council become stronger and better attended. As people attend the meeting, see which programs are being funded, and having an opportunity to be able to voice gaps, it will create more influential thinkers. He stated this will lay great groundwork for growth in the next year.

Valerie Fritz stated she would like a discussion to get an overview of all the requirements necessary that will help the group be able to better understand what DSAMH has to work with and then what the county has to work with to implement the changes.

5. SHARP Survey:

Susannah Burt handed out a one-page fact sheet along with graphs/charts. She stated the survey is administered every two years, to students in grades 6, 8, 10, and 12 in most public district and charter school across Utah. The survey was designed to assess adolescent substance use, anti-social behavior, and the risk and protective factors that predict these adolescent problem behaviors. The survey contains a wealth of data that is used by legislators, regulators and local communities to address problems in their youth populations. There were 46,000 surveys completed this year, with a 69% completion rate with active parental consent. DSAMH uses this information for planning to assess the hot issues or trends. Susannah stated that this is something this Council could use when selecting items to focus on that involves trends (such as the Block Grant recommendations). Susannah reviewed and answered questions regarding the graphs. For the full SHARP survey please refer to DSAMH's website or, if you have specific questions, contact Susannah directly at sburt@utah.gov.

6. Division Reports/Information:

Jeremy reported that DSAMH is working on the annual report. He stated that JRI continues to move forward and DSAMH is starting to draft standards and rule with input from other agencies.

7. Coverage Gap Solutions (possible letter of thanks followed by more aggressive advocacy):

No new information was available. Kim Gardner stated he would entertain a motion for the Council to send a letter to the legislature thanking them for their efforts and advocating more aggressively for funding the gap.

Jamie Justice made the motion to write the letter and it was seconded by Jacqueline Gomez-Arias. The vote was unanimous.

Kim will work with the Council leadership to look at the old letter, update as necessary, and then disseminate to the Council prior to the next meeting.

8. Peer Specialist Summit:

Jacqueline Gomez-Arias reported that Latino Behavioral Health has been asked to be the host of this year's summit and hopefully next year's conference. They are providing a half-day training, Conversation Café, instead of coming from a triangle trying to teach consumers/family members. They have chosen five topics and they want every single person to give an opinion. The results will be the topic for the next conference. They are excited about getting everyone involved. It is for all peers, not just peer specialists. This summit will be held on October 23rd from 9:00 to 1:00 p.m. at DSAMH. Registration will start at 8:30. The committee will continue to discuss the facilitator issue.

9. Member Input/Open Discussion:

LeAnne asked if everyone signed the stipend sheet, if appropriate, and if everyone signed the sign-in sheet.

10. Training on Sub-Committees (especially Block Grant as example):

Kim Gardner asked that everyone help with a subcommittee.

The next meeting will be held September 28, 2015 at 1:00 pm

The meeting adjourned at 2:39 p.m.

Thank you for your support of the UBHPAC!