

**Utah Behavioral Health  
Planning and Advisory Council Meeting  
Preliminary Minutes**

August 26th, 2013 2-330 pm, MASOB, room 1020,  
Multi-Agency State Office Building (MASOB)  
195 N 1950 W, Salt Lake City

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*“Our mission is to ensure quality behavioral health care in Utah by  
promoting collaboration, advocacy, education,  
and delivery of services.”*

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**UBHPAC Members in Attendance:**

Lori Cerar, Carol Ruddell, Dan Braun, Mary Jo McMillen, Valerie Fritz, Christina Zidow, Eliot Sykes, Eric Roux, Margo Halliday, Michelle Vance, Rebecca Glathar, Ron Bruno, Mary Gully, Walt Moore, Julie Hardle, Sam Vincent

**General Public in Attendance:**

Anna LaDamus, Ivonne Moore, Emily Beatty, Kimball Gardner, Jacqueline Gomes, Brenda Somers

**DSAMH and USH Staff:**

LeAnne Huff, Rick Hendy, Dinah Weldon, Eric Tadehara, Paul Korth, Jeff Marrott, Ben Reaves, Janida Emerson, Susan Hardinger, Carmen Lloyd, Lola Davis-Werner

**Presenter:** Carrie Huie-Pascua, State of Washington

**Joined by “call in”:** Brandon Hatch

**1. Welcome and Introductions- Lori Cerar, UBHPAC Chairperson**

- UBHPAC orientation folders are available for those who may be new or interested
- Read the Mission Statement

**2. Review and requested approval of July Minutes- Lori Cerar, UBHPAC Chairperson**

The July and August meeting minutes will be reviewed and approved at the September 30 UBHPAC meeting.

**3. Council Executive Committee Update**

- National Technical Assistance Discussion with Carrie Huie-Pascua from Washington State-Association of Counties-Policy Director

Utah was awarded a grant from SAMHSA to receive technical assistance for UBHPAC. The two main objectives are, 1) Look at membership and 2) Look at bylaw which need to be useful and provide support. Carrie commended this council for all that they do in giving of their time, energy and expertise and bringing it to the table.

In focusing on our objectives, recruitment was looked at and how to retain members and have diversity in representation from all parts of the state. In doing this, there are transportation issues. Membership is power in our councils. Attendance is important from all communities. Each attendee represents more than themselves. They represent a similar group in their community.

Carrie shared what Washington does and what Utah may consider. Their Division is able to support travel and overnight stays when they meet as a council. The meetings are held from 9:00 am to 3:00 pm and all the business is handled that one day while everyone is all together. They don't always meet at the same place. Due to budget constraints they meet every other month.

The meeting begins with the Division announcements, Council business, then subcommittee break out, then come back and report to the full council. The last item of business is to finish up any loose ends and make sure everyone knows their assignments for the next meeting.

The Division provides travel and hotel expenses where applicable, and a light lunch to all attendees. State, local and provider agency attendees are funded by their own agencies to attend. They pay for their travel expenses, thus leaving funds for those who would otherwise not be able to attend due to lack of financial resources.

Some of the things accomplished at the meetings are; some attendees focus on legislation in the state which could impact behavioral health. Their Division works shoulder to shoulder with their council. They have open discussions. Their Division uses the Council more than to advise on the Block Grant. They use the membership of the Council as a sounding board. The Council likes to keep informed on grants received which benefit the Division.

As a Council it is required to oversee the Federal Block Grant dollars. A key component of what the Council does is to insure the peer review process is being followed, write a letter to the Division regarding peer review and take the results back to the whole Council. This is a day long process. Some of this work is done through email.

Washington's Division provides a staff member (Utah's is LeAnne Huff) to work with the Council to make sure they are staying on track.

During the provider/peer reviews (this is not an audit), agencies never review their own reports. Based upon the review results, the reports are collated and the Council makes recommendations to the Division based on the results of the peer reviews.

In partnership with the Division, an orientation is put together along with the forms and process to be used in doing the peer reviews. They decide which providers review which agencies. The names of agencies were blacked out so there would be no prejudices. No one reviews their own agency.

Lori Cerar opened a discussion as to whether an all day meeting every other month would work well for this Council.

Although there has not been enough business to warrant an all day meeting, now that the bylaws are written the council can move forward with plenty of items to work on to fill a day.

- Final vote on by-laws – Eliot Sykes

The Executive Committee met prior to this meeting and made some changes to the bylaws. Eliot will send them out to vote for approval by email. Carol Ruddell asked that “quorum” in the bylaws be defined.

The Executive Committee discussed how to develop a priority list of needs based on defining what the needs are. In the past we had a council member bring a need to us and we were able to vote on it and approve it.

Mental Health Statistics Improvement Program (MHSIP) surveys were discussed. These need to be looked at to see what consumers are looking for as far as needs based on 8 areas. The Council then can approach the Division with the list of what the consumers are asking for and work toward meeting those needs. The Division will report on the MHSIP at the next meeting.

The Executive Committee talked about representation and about having a good plan of action to get more people around the state to attend the UBHPAC meeting. They will develop budget proposals to get approval from the Division for funding for travel expenses for those outside the Wasatch front who may not otherwise be able to attend due to financial restrictions. Through our other committees we will develop a priority list.

Carrie said they decided in her state to meet face to face rather than “Go to Meeting” and other remote meeting participation. It is important to have the face to face relationship. They received specific feedback from the communities regarding this.

Michelle Vance said it is important to not only have the required 51% peer participation on the UBHPAC but on each subcommittee as well.

- Solicitation for new committee members

The Executive Committee has lost a few members. People are invited to sit in on their meetings and see if it is something they would like to become a member of.

Beginning in September the Executive Committee plans to meet in one day beginning at 1:30 pm with Council updates, break into sub groups, come back and report. The Executive Committee will then meet ½ hour to 45 minutes.

Reminder to sign up for a subcommittee: Membership contact Eliot Sykes, Budget contact Dan Braun, Advocacy contact Mary Jo McMillen

These groups will meet as needed.

#### **4. DSAMH Announcements-brief report**

- Janida Emerson—Block grant updates

Janida reported that the Block Grant application was posted for public comment for 30 days and did not receive any feedback. The application will be submitted on September 3.

- **DSAMH Leadership—Legislative updates, programming updates, employment announcements**

Paul Korth:

DSAMH building blocks have been submitted to the Department of Human Services in preparation of legislation.

The Governor Health Innovation Summit on Medicaid Expansion is scheduled for September.

This is a significant issue for the state.

The Recovery Resiliency Coordinator position has not yet been decided.

The Fall Substance Abuse Conference is coming up September 25-27.

Monitoring visits to the local authorities will begin September 17-18 at Four Corners.

### **5. Consumer, Public and Council Member Comments**

Add to next UBHPAC agenda:

Mary Jo McMillen will make arrangements to have a Salt Lake County employee attend the next UBHPAC meeting and give a 30 minute presentation on the Affordable Care Act.

- **Organization updates**

Mary Jo McMillen: The Harm Reduction Project Presents an ~International Overdose Awareness Day Candlelight Vigil~ August 31, 2013 7-9 pm, Utah State Capitol Building. There will be guest speakers. [www.harmreductionproject.org](http://www.harmreductionproject.org)

**USARA-** Mary Jo McMillen

~Recovery Day~ *September 14*, 9 am-3 pm at the Gallivan Center 239 S Main SLC, FREE to the public. Activities, live music, free hot dogs, exhibit booths.

Recovery Night 6-10 pm ages 18-35, performers, \$5 advance, \$7 at the door [www.myusara.com](http://www.myusara.com)

[www.utahrecoveryday.com](http://www.utahrecoveryday.com) for details on these statewide events

*Sept 2* Park City Miner's Day celebration will have a Recovery Booth- Valley Mental Health

*Sept 6* Utah County Fun Run/Walk 6:30 pm [www.addicttoathlete.com](http://www.addicttoathlete.com)

*Sept 7* Utah County Activities 3-9:30 pm at the Utah County Building

*Sept 10* Tooele County Recovery Day events

*Sept 13-14* Weber County events including Yabba Dabba Doo Run

*Sept 25* St George Recovery Day Run 6:00 pm

*Sept 26* St George Recovery Day Events 4-7 pm

Screenings: "THE ANONYMOUS PEOPLE" speak out about recovery - \$10 charge

*Sept 9* in SLC, *Sept 19* in Provo/Spanish Fork, *24* in St. George and *October 1* in Ogden

*Sept 13* 2<sup>nd</sup> Annual Peer Conference at the Radisson Hotel in SLC- For more information go to [www.empowermentservices.org](http://www.empowermentservices.org)

**NAMI-** Rebecca Glather: ~NAMI Walk~ *October 19* at Liberty Park in SLC

Statewide ~NAMI Conference~ is *November 14-15* at the U of U Union Building. Keynote speakers are Dr. Kelly Posner-Columbia Suicide Rating Scale and Sally Spencer Thomas-

Suicide Prevention in the Workplace. There will be many other speakers as well. Scholarships

are available. For more information & to register call 801-323-9900 or go to [www.namiutah.org](http://www.namiutah.org)

Lola Werner-Davis announced there will be a ~Provo Pride Festival~ on *September 21* at the Memorial Park 800 East Center in Provo, 10am-8pm. The festival is free and open to the public.

Carol Ruddell gave an update on the Promise Initiative Grant. 32.5 million dollars will be awarded to six states over five years to move youth ages 14-16 from SSI to employment.

Walt Moore reported that the Veteran's Administration mental health inpatient ward is making a courtyard at the hospital for patients and is need of funding to complete the project. Those with ideas were asked to meet with Walt after this meeting.

## **6. Comments**

There were no further comments or business.

Rebecca Glathar made the motion to adjourn, Eliot Sykes seconded the motion.

**Next Meeting: September 30th**

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