

**Utah Behavioral Health**  
**Planning and Advisory Council Meeting Minutes**  
April 28th, 2014 1:00-3:00 pm, MASOB, room 1020,  
Multi-Agency State Office Building (MASOB)  
195 N 1950 W, Salt Lake City

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*“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”*

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**UBHPAC Members in Attendance:** Lori Cerar, Eileen Maloney, Eric Roux, Jacqueline Gomez, Kimball Gardner, Margo Halliday, Mike Hogle, Rebecca Glathar, Sam Vincent and Valerie Fritz, Julie Hardle, MaryJo McMillen

**General Public in Attendance:** Brandee Casias, Jane Lepisto, Jenifer Cornish, Travis Van Rum, Liz Lovell, Jill San Jule, Tim Lechman, Kevin Foote and Renee Chipman

**DSAMH and USH Staff:** Doug Thomas, LeAnne Huff, Eric Tadehara, Janida Emerson, Kim Myers, Lola Davis-Werner, Michael Newman, Paul Korth, Robert Snarr, Jeff Marrott, and Carmen Lloyd

1. Welcome and Introductions- Lori Cerar, UBHPAC Chairperson  
Lori Cerar welcomed all in attendance and reminded the group what the mission of UBHPAC is, “Providing quality health care in Utah by providing collaboration, advocacy, education and delivery of services”. These are the areas the council will work on to make a difference.
2. Review and requested approval of March Minutes- Lori Cerar, UBHPAC Chairperson  
Valerie Fritz made the motion to approve the March meeting minutes, Mary Jo McMillen seconded the motion, and all was in favor.

Lori Cerar said if there is anyone who is not getting the emails let us know so we can check to see that we have the correct email address.

3. DSAMH Announcements-brief reports
  - DSAMH Leadership—Programming updates, employment announcements

Paul Korth reported that something new is that the Block Grant has 5% additional money set aside for early intervention.

SAPT Grant – a waiver was required. Received an additional \$600,000

MOE failure is when the states fund less than the feds. This is to be avoided.

Area Plans have a May 1 deadline for submission from the local authorities for the new year.

Employment: Assistant Director Position is open and will be posted next month, will be hiring two accounting positions, and will receive a grant for some positions for Strategic Prevention Framework.

Lori Cerar said that there will be 5 position open for SE Family Resource Facilitators; one each in Logan, Weber County, Salt Lake County, Vernal and Utah county. They will support youth aging out of foster care to attend and succeed in college.

4. Youth Advisory Board Update – Michelle Vance (Michelle excused from today’s meeting)

**Saturday May 3** from 12-2 pm at Bonwood Bowl, 2500 S Main in Salt Lake. The bowling tournament is titled Strike-Out-Stigma. This will kick off Children's Mental Health Awareness Week. It is sponsored by NAMI's Youth Advisory Board, Utah Family Coalition and LSCC's Student Leaders in Civic Engagement. Registration is \$10 for individuals and \$35 for a team of four bowlers. The fee includes a t-shirt, two games and shoe rental.

**Register Online:** [tinyurl.com/strikeoutstigma](http://tinyurl.com/strikeoutstigma) Flyers were available at the meeting.

The winner of the backpack art contest will be announced at the bowling activity.

Michelle Vance:

"About a month ago, SAMHSA selected four young adult peer support advocates from around the nation to go and speak about the four different domains of transition that many young adults with mental health concerns face. I was asked to speak about housing and my experience as a young adult who had to make that transition.

When I went to DC for the Children's Mental Health Awareness Launch event on May 6th, I spoke to 7,000 professionals from the National Behavioral Health Council about what we need to do next to keep moving forward with youth-guided care in terms of housing". (The other speakers are all listed on the link) <http://samhsa.gov/children/national.asp>

Michelle Vance has put in an application for a Youth Move Chapter in Utah. It is a youth driven and advocacy national organization. Lori Cerar said that Michelle would love to have more youth at risk transitioning across agencies to become involved in these types of organizations so spread the word. They are also looking at social media to spread the word.

5. Council Priority – Unfunded and Underinsured – Review

- Medicaid Expansion/Health Insurance Parity/Gaps

There is nothing to report yet because no decision has been made by the Governor.

- Where do the uninsured and unfunded go for treatment

Jenifer Lloyd from AUCH gave a presentation last month at this meeting.

Lori Cerar provided information on this she received from the Division's annual report. There were 90,956 adults needing treatment for alcohol or drug dependence in 2013 and 12, 106 youth needing treatment. There are currently 16,396 being served. There are only 16% of those needing treatment, receiving it.

Mary Jo McMillen commented that there are really good services, just not enough of them.

Lori Cerar reported that in 2012, 12.7% adults needed mental health treatment and 7.9% youth under age 18. There were 45,594 who were served or 14% of those who needed them. 274,597 adults and children need s mental health treatment but are not receiving treatment through the public system (13 local mental health authorities).

We have learned that there are 39 entities for some of the families to receive some treatment. Some schools are identifying needs and providing treatment. There are 141 schools statewide receiving early intervention dollars.

➤ Sliding fee scale eligibility & amounts

LeAnne Huff and Janida Emerson are working on this and will report at the June UBHPAC meeting.

➤ SSDI Process

Eileen Maloney to contact Ester Medina to present at the June UBHPAC meeting.

➤ Define Underinsured

Families who have insurance but have met their maximum coverage or substance use and mental health disorders not covered. Mary Jo McMillen reminded the UBHPAC in previous meetings that parity is the law.

➤ Define spend down

Margot Dana presented on this last month. However, Lori Cerar has not received the presentation on that yet.

➤ Area Plans of local authorities

Each plan specifies what they plan to do for the unfunded and under insured.

Lori Cerar said a lot a progress has been made by receiving answers to these questions that the UBHPAC had. After the two presentations in June the council should be ready to make some recommendations of priorities around these issues so that we can make recommendations to the Division and move on to our next priority.

• Discussion

Sam Vincent has been working with homeless individuals for 6 years. They are ready for treatment but we don't have anything for them due to long waits to get treatment. Doug Thomas said funding for substance use disorders have gone down. Our greatest hope at this time is what the Governor is working on for Medicaid Expansion. There are waiting lists, but for those with Medicaid there is "entitlement". We have sat with the Department of Health on the Healthcare Reform Taskforce so they are aware of our needs. Janida Emerson said that as the Dept of Health reports to the Governor, they must seek input from stake holders. Anyone has the opportunity to give feedback on the 1115 waiver. There are 10 essential health benefits which include mental health and substance use disorder benefits for services. Doug Thomas stated that 82% of those who need SUD treatment meet the Medicaid guidelines.

Julie Hardle would like more concrete information from the Division on when meetings are and getting someone to attend and advocate for those who don't have a voice so they can get the services they need. Doug Thomas said the Division has not been invited to those meetings so don't know when they are. Doug suggested writing a letter stating needs and populations needing them. The letters should go to the Governor, Department of Health-Dr. Patten, to Doug Thomas-Department of Human Services to say that as a planning council this is what we value, this I what we want to see happen for the benefits for Utah. The role of this Council is not only to advise the Division but also the State.

Mary Jo Mc Millen said, "What do we do to cover the needs of the people"? "Does the Division have a plan if the State does not accept expansion"?

Doug said the Division puts a budget together and submits it to the Department of Human Services, who prioritizes it with all the other division requests. It is then submitted to the Governor. The Governor puts his budget together to put before the legislature. At that point it is out of our hands and in the Department's hands and Governor's hands.

Our office has applied for 5 or 6 grants. We are aware that there are a lot of gaps and we are trying to fill them with all of the ways that we can. Last year we were able to obtain funding for ongoing initiatives which were additional funds that will come in July to meet Medicaid need. Behavioral health is essential to good health. We are also focusing on prevention and early intervention. We need good treatment and recovery resources on the back end too and developing that as well through peer support. This is cost effective and has evidence behind it.

MaryJo McMillen wanted to know if the Division has ever asked the Governor for the full amount needed to treat all those wanting/needing treatment. Doug Thomas responded that he is not aware of that taking place. However, Medicaid Expansion should be close to the full amount needed.

Jacqueline Gomez made the comment that she feels the Division is doing a good job. However, there are 17% of individuals with nowhere to go for help. We need to be looking for the people “under the rug” to receive treatment.

Rebecca Glathar inquired if there is follow-up to the scorecard. Are funds being used where they say they are. Paul Korth said that 2.6 million is earmarked for the unfunded. Unfunded dollars cannot be used for Medicaid match/clients.

There are several grants being sought by the Division to try to fill in gaps. There is the Systems of Care, HERSA, Healthy Transition for Services and Peer Support, Homeless Grant for those with mental illness and co-occurring for veterans and others, Employment Opportunity Grant and recently an ATR (Access to Recovery) Grant for SPMI (Seriously & Persistently Mentally Ill) in Salt Lake County. There are also 3 mental health grants for education.

Doug Thomas will post on the DSAMH website the grants applied for and status as requested.

Janida Emerson said that regarding the 1115 Waiver submission, a letter would need to outline what the behavioral health needs are that need to be addressed and that the Council wants to be involved in the process.

Lori Cerar will send out an invitation for input for a letter. It was suggested that the essence be broad then mention specific examples of needs. The letter would go to the Governor, Department of Human Services and Michael Hale.

Mary Jo McMillen made the motion that the Executive Committee meet; date to be determined to draft a letter about the Medicaid waiver to be presented to the UBHPAC at the June 2 meeting (which is being held due to no meeting on May 26; Memorial Day) for approval. Sam Vincent and Kim Gardner seconded it. All were in favor.

## 7. Consumer, Public and Council Member Comments

- Organization updates?

### MAY IS MENTAL HEALTH AWARENESS MONTH

NAMI has been given permission to have a screening of “*Call Me Crazy*” produced by Lifetime, on May 19 at 6:00 pm at the Downtown SLC Library auditorium. There are 300 seats available and it is free of charge. There will be a panel discussion after the screening.

NAMI has been seeking to appeal to a broader population. There is no money for advertisement when mental health related. We did a “Fact a Day in the Month of May” on *facebook*. Every day we put out a different fact. This was a success with about 1,200 individuals a day looking at the page. This was a great way to get good solid information out.

NAMI is having a door buster (door decoration) competition this year to raise mental health awareness. There will be three \$100 cash prizes 1) from *facebook* 2) brought in or emailed, and 3) school.

Check out NAMI's website for all upcoming events. <http://www.namiut.org/>

Yardsale Fundraiser Saturday May 3 for Empowerment Services- Amanda Thompson  
<http://www.empowermentservices.org/> 801-357-2797

The Utah Pride parade this year is Sunday June 8, 2014. The theme is "Hero's for Recovery". Those wishing to participate should wear a hero costume.  
USARA is proud to be participating in the "Love Equals Love." The Utah Pride



Festival Parade from 8:00am to 1:00pm on June 8, held at Washington and Library Squares in downtown Salt Lake City.

USH (Utah State Hospital) will have a ribbon cutting for their two new buildings on Thursday, June 12, at 10:30 am, 1300 East Center Provo. The Lieutenant Governor will be in attendance.

#### JULY IS MINORITY AWARENESS MONTH

The Latino event was a huge success last year. This year there will be weeklong events, May 14-18 which will include workshops and conferences on mental health, substance abuse, suicide prevention and recovery. Presentations will all be in Spanish, but for those not speaking Spanish, their needs will be accommodated.

#### 8. Comments

Next Meeting: Monday, June 2

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*Thank you for your support of the UBHPAC!*

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.