

Utah Behavioral Health
Planning and Advisory Council Meeting Minutes
March 30, 2015, 1:00-3:00 pm, MASOB, room 1020,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

You may attend electronically via a computer with a Go-To-Meeting link. Directions are listed below. Please contact Leanne Huff, lhuff@utah.gov or at 801-538-4326 for assistance.

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

ATTENDEES: Christina Zidow, Jacqueline Gomez, Kerry Atkinson, Hillari Pendergraft, Kimball Gardner, Lana Lomax, Lori Cerar, Mary Jo McMillen, Michelle Coleman, Michelle Vance, Peggy Hostetter, Valerie Fritz, William Bryant, Ron Bruno, Liz Felt, Lance Atkinson, Ken Rosenbaum

DSAMH STAFF: Brent Kelsey, Dave Felt, Jeremy Christensen, LeAnne Huff, Lola Davis-Werner, Michael Newman and Susan Hardinger

REMOTE ATTENDANCE: None

1. **Welcome and Introductions-** Kimball Gardner, NAMI
2. **Review & requested approval of February 23, 2015 minutes & announcements-** Kim Gardner
Motion to approve February 23, 2015 meeting minutes: Lori Cerar
Seconded by: Valerie Fritz All voted in favor

Kim mentioned that the NAMI Walk will be held in September.

Kim Gardner gave a presentation on the Block Grant.

One of the purposes of UBHPAC is to advise and guide the State on budget priorities and give council and advice on federal Block Grant money. There are 5 areas addressed with goals for each.

- Priority is to plan for and implement health care reform
- Promote wellness and recovery oriented system of care
- Substance use disorder prevention and Mental illness prevention and treatment
- Provide services to IV drug users, pregnant women, parents of abandoned children with substance use or mental health disorders, persons with serious emotional illnesses & their families, individuals with tuberculosis
- Develop a plan to improve services to Native Americans, military personnel & their families, those in rural areas, the homeless, and other underserved groups.

(See attached document for complete details)

UBHPAC is to advise and guide DSAMH on Block Grant expenditures.

Jeremy Christensen said that our priorities on funding are listed in the DSAMH Annual Report on page 8. Prevention & Early Intervention, Zero Suicides, Promote Recovery, Improve Care of Children & Youth and Health System Integration.

The Division of Substance Abuse and Mental Health Strategic Plan is:

DSAMH Vision- Healthy Individuals, families and communities

DSAMH Mission- Promote health, hope, and healing from mental health and substance use disorders

*DSAMH Functions-*Partnerships, quality, education, accountability and leadership

DSAMH Principles- Trauma-informed, evidence based practices, sustainable, culturally and linguistically competent

3. DSAMH Announcements-brief reports (legislation review etc.)

Jeremy Christensen reported that the monitoring is wrapping up and will be establishing plans for next year.

HB364 Suicide Prevention Amendment- Dept of Ed, SAMH ongoing \$200,000 to spend by June 30, 2015 \$191,000 ongoing for training to community

HB145Vulnerable Adults- Background checks-higher level \$29,800 USH

HB348 Justice Reinvestment –Dept of Corrections, SAMH in jails and prison- DSAMH to distribute to LMHA's as parolees transition and integrate into the community

Reduced use of jails for those who need mental health treatment

Brent Kelsey stated that this bill creates a new role in treatment standards and institutional standards. We want to make sure treatment is evidenced based and effective. There will be 7 million additional dollars to DOC for treatment. In order to know how to do this we will form mobile planning groups. We will be looking at resources and gaps and how to best use the funding.

Jeremy Christensen said that \$325,000 will fund two full time staff. \$225,000 ongoing and \$100,000 one time for start up. Recidivism rates will be looked at.

Mental Health Early Intervention received 1.5 million 1 time in previous years. Will receive 1.2 million ongoing now.

\$300,000 to USH- ongoing- will add 3 staff. Currently there is a 6 month wait in jail before receiving forensic competency evaluation before being moved to the USH Forensics.

Pingree – Autism will receive \$500,000 for new modules in which to provide services.

Medicaid funded 6.4 million one time. They are requiring the Local Mental Health Authorities to report on how they will fund in the future.

\$500,000 for medication assisted treatment for Vivitrol for opiate or alcohol dependence. That amount would serve 75 people for 6 months. This is basically a pilot program. Federal qualified health clinics such as 4th Street Clinic can get a better cost on meds and be able to treat more individuals.

USARA has funding for a Recovery Coach and would like involvement in the recovery management of those adults with children (Mary Jo McMillen). Christina Zidow said they can partner as well. They are already doing recovery management as part of their treatment.

USH received 1.1 million ongoing funds

Clubhouse- Alliance House - \$120,000 integrated into the MH Block Grant. Would like to have further discussion next month with UBHPAC on these funds for next year.

In the past we have had 6 months reserve funds. We have been asked by the feds to now have 9 months reserve of MH-Block Grant funding.

4. Stipend policy

A motion was made by Michelle Vance to approve the stipend policy and Mary Jo McMillen seconded the motion. However, a discussion ensued and clarification was given.

The recommendations below are an effort to pull together a more diverse and representative group of individuals including consumers and family members from around the State of Utah to participate in the Utah Behavioral Health Planning and Advisory Council (UBHPAC) and to provide meaningful input into the development of the Mental Health Block Grant.

A. Stipend reimbursement:

- (1) Stipend reimbursement is for voting members of the Council who have been designated as a consumer or a family member who is a voting member and who is not reimbursed from an agency or other means,
- (2) Those attending UBHPAC meetings receive \$25,
- (3) Those participating in a subcommittee or executive committee meetings receive \$25,
- (4) This policy includes paying a stipend for attending the above meetings by remote attendance; e.g., by telephone, internet based meeting connection (Go To Meeting, Adobe Connect etc.) or other remote attendance mechanism,
- (4) The meeting must last at least one hour,
- (5) The meeting must be scheduled in advance,
- (6) There must be a written agenda and minutes taken,
- (7) Attendees must sign in on paper or by a remote attendance mechanism,
- (8) *Stipends can be paid for up to 4 meetings per month that meet the above criteria*
- (9) The Director of the Division of Substance Abuse and Mental Health may also approve other stipend requests deemed appropriate and under special circumstances.

B. Travel and mileage reimbursement:

- (10) **If travel to the above meetings is more than 150 miles round trip** then voting members (as defined above) qualify for lodging, meals per diem and mileage directly from the Utah State Division of Substance Abuse and Mental Health, if they are not reimbursed by an agency or other means,
- (11) Mileage expense will also be reimbursed (regardless of travel distance) for those who attend the above referenced meetings, including attendance by remote mechanism, for any individual who qualifies for a stipend as set forth in section A if they are not reimbursed by an agency or other means,
- (12) Reimbursement for mileage and travel expenses will be consistent with the DSAMH rates for lodging, meal per diems, mileage and current mental health planning council best practices.

Mary Jo McMillen made the motion to include the above language in the stipend policy, William Bryant seconded the motion and all were in favor.

Approval for change to the stipend policy will be made by DSAMH management team on Tuesday, and then final approval will need to be give by EDO (Executive Director's Office) of Human Services.

5. Member input/open forum

6. Meeting frequency/structure/technology update

The Executive Committee proposed that beginning April, for UBHPAC to meet every other month as a full council with off months, meeting in subcommittees.

There was a discussion regarding meeting frequency.

It was requested that a list of voting members be provided at the UBHPAC meeting.

There is a need for more attendees before forming Subcommittees. Lori Cerar will send out letters to the Local Mental Health Authorities to recruit attendees. Lori will also set up a Survey Monkey to gather information as to why people who once attended UBHPAC no longer attend. Lori said that during introductions at the beginning of each UBHPAC meeting she would like to also have them state what brought them to our meeting.

LeAnne Huff said that the membership committee will do more and pick up the ball where it was dropped by a committee member who no longer attends UBHPAC.

UBHPAC will continue to meet monthly until the size of the meeting is increased.

7. Peer update-Michael Newman

The next Certified Peer Support Specialist training will be held June 22-26 in SLC at DSAMH. Information on CPSS can be found on the DSAMH website.

Voc Rehab can still be a funding source to attend CPSS training if currently in services.

8. Medicaid Update – Karen Ford

Tabled

9. Subcommittee development: Advocacy, Block Grant, Budget, Membership, Executive, Peer.

There is a need to increase membership before subcommittees are developed. Federal law mandates and the UBHPAC By-Laws require a 51% minimum membership of consumers and families on the planning council.

10. DSAMH annual report & review State priorities and performance indicators-UBHPAC's role

Next Meeting: June 1, 2015 at 1 pm

Thank you for your support of the UBHPAC!

To join this meeting remotely, please use the following information--

1. RSVP to lhuff@utah.gov no later than Monday morning at 10:00 am
2. She will send you an invitation with a go-to-meeting link to be connected
3. If you don't have speakers on your computer, there is also a number to call that will connect you – it is included with the link.

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.