

1

Clean hands with soap and water or hand sanitizer before and after touching or adjusting the mask. Don't touch the inside of the mask.



# HOW TO PROPERLY WEAR A SURGICAL MASK:

2

Pinch the bendable portion of the mask around the bridge of your nose so it fits snugly.

3

Fit the mask to your face and under your chin. The bottom edge of the mask should reach under your chin.



4

Prior to removing the mask, clean hands with soap and water or hand sanitizer then **use the straps** and not the outside of the mask when removing.



5

Place the mask in a paper bag between uses. Clearly mark your name on the bag.



6

Clean hands with soap and water or hand sanitizer after placing the mask in a paper bag.

**Reuse the mask for up to four days.**