1. Clean hands with soap and water or hand sanitizer before and after touching or adjusting the mask. Don't touch the inside of the mask.

2. Pinch the bendable portion of the mask around the bridge of your nose so it fits snugly.

3. Fit the mask to your face and under your chin. The bottom edge of the mask should reach under your chin.

4. Prior to removing the mask, clean hands with soap and water or hand sanitizer then **use the straps** and not the outside of the mask when removing.

5. Place the mask in a paper bag between uses. Clearly mark your name on the bag.

6. Clean hands with soap and water or hand sanitizer after placing the mask in a paper bag.

Reuse the mask for up to four days.